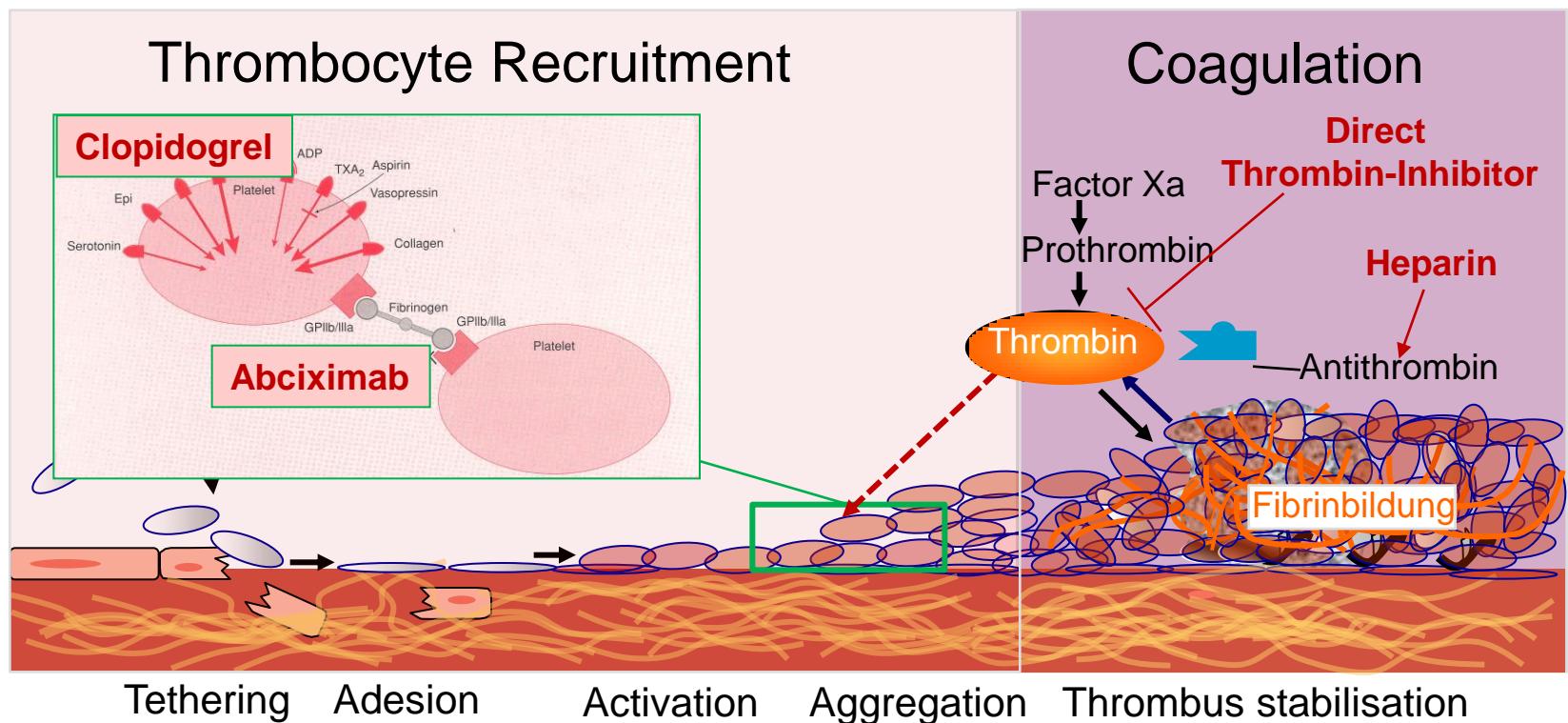


# **Do We Need Individualized Anticoagulation during Percutaneous Coronary Interventions?**

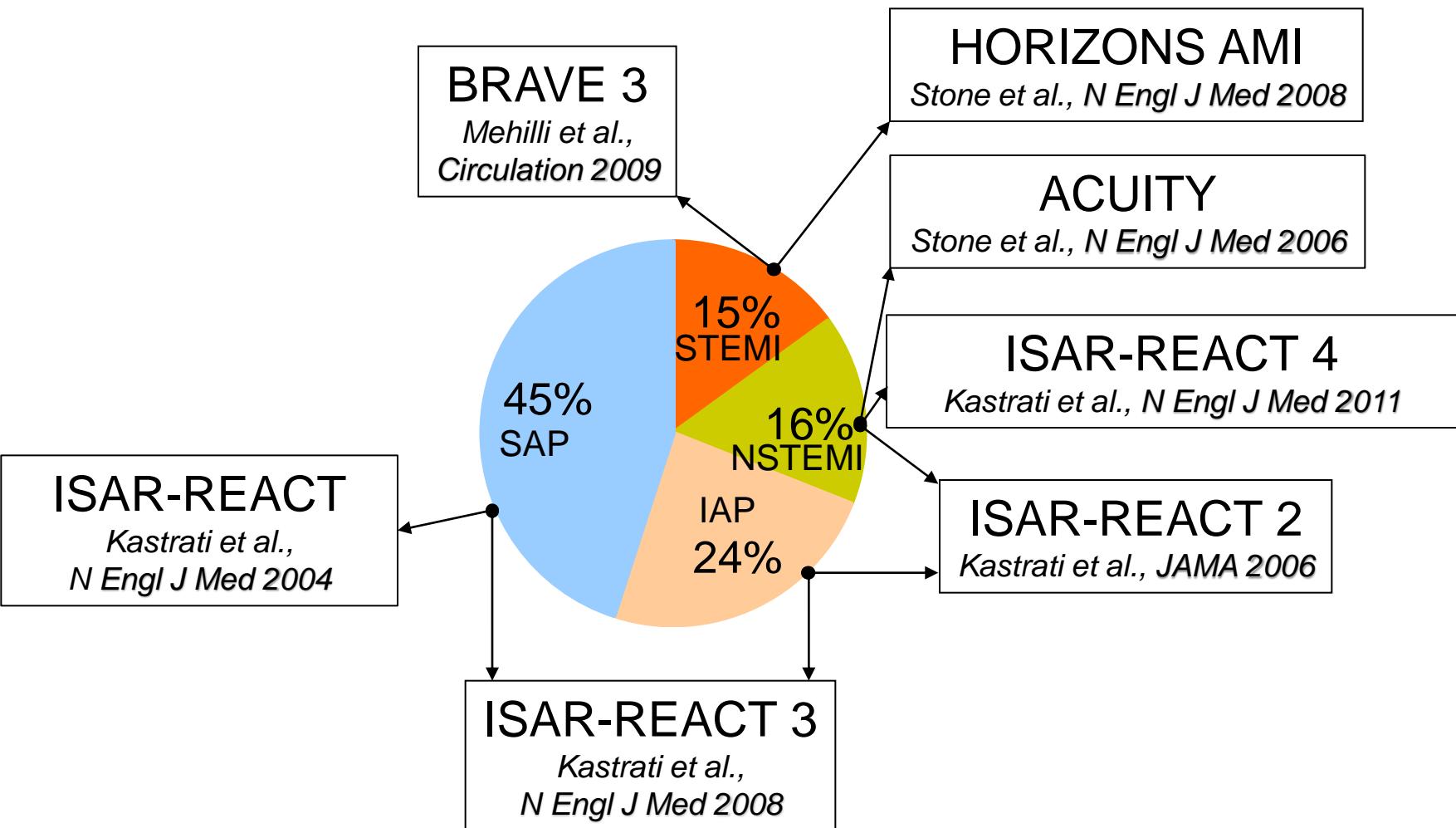
***Julinda Mehilli, MD, FESC***

**Deutsches Herzzentrum,  
Technische Universität, München**

# Pathophysiology of Arteriel Thrombosis

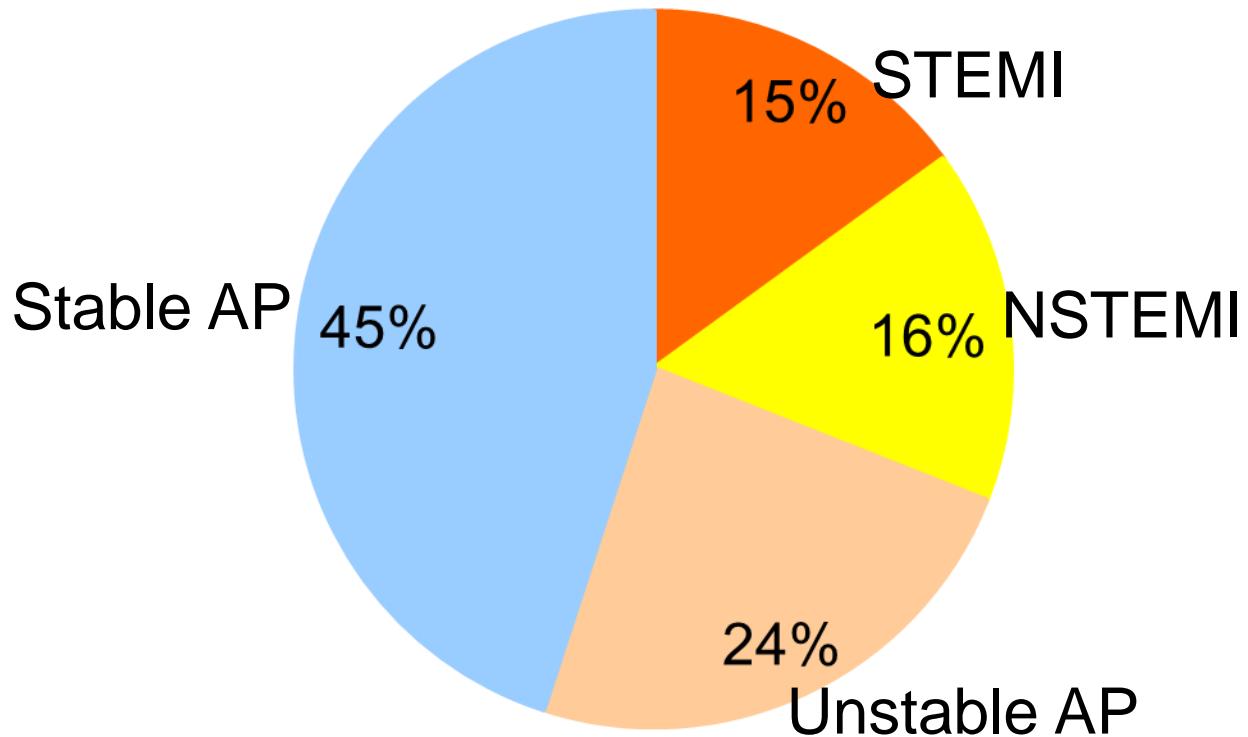


# Adjunct Antithrombotic Therapy



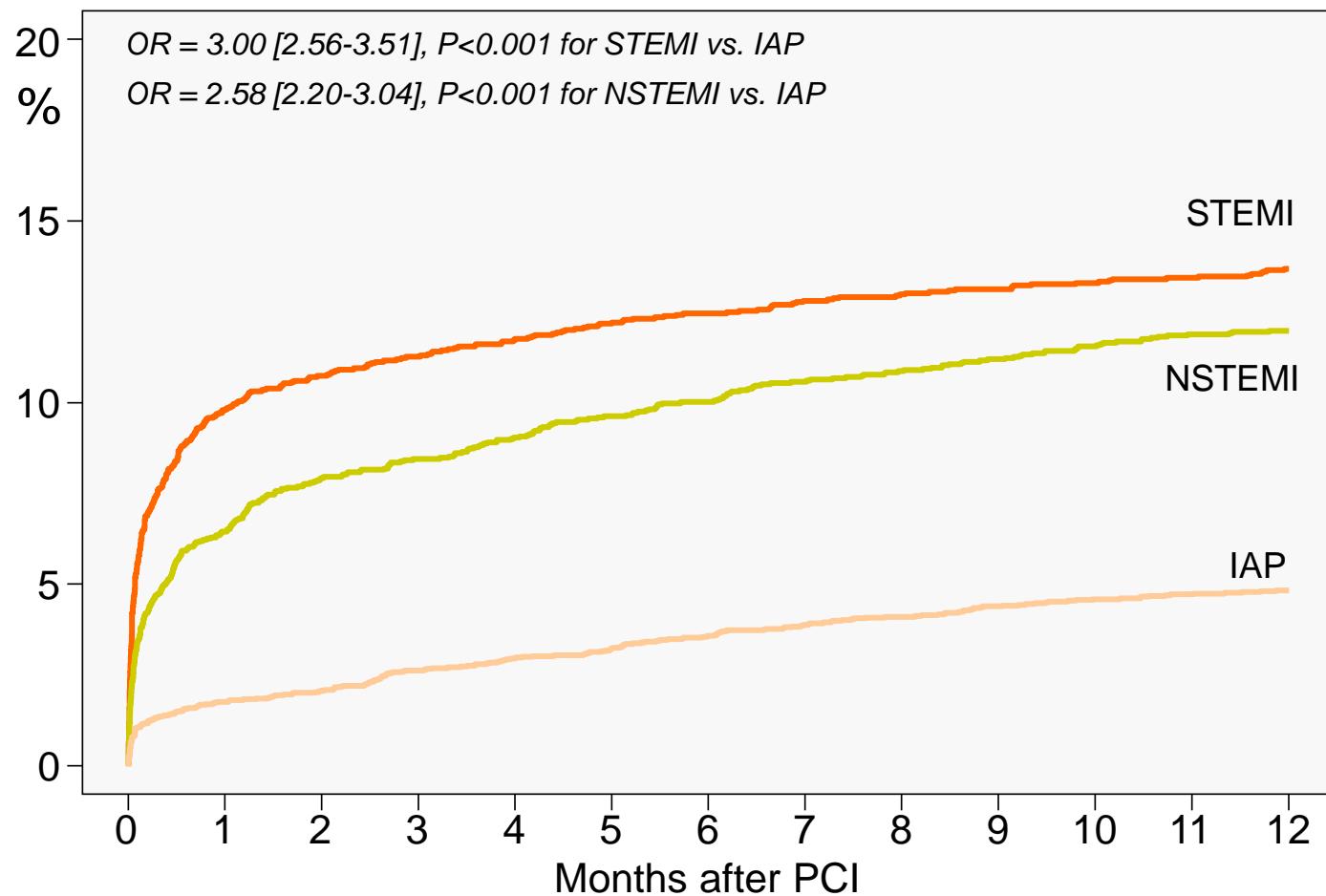
# Spectrum of Clinical Presentation at Cath Lab of Patients with CAD

10-Year Experience in Deutsches Herzzentrum and RdI  
- ~20,000 patients with CAD and PCI -

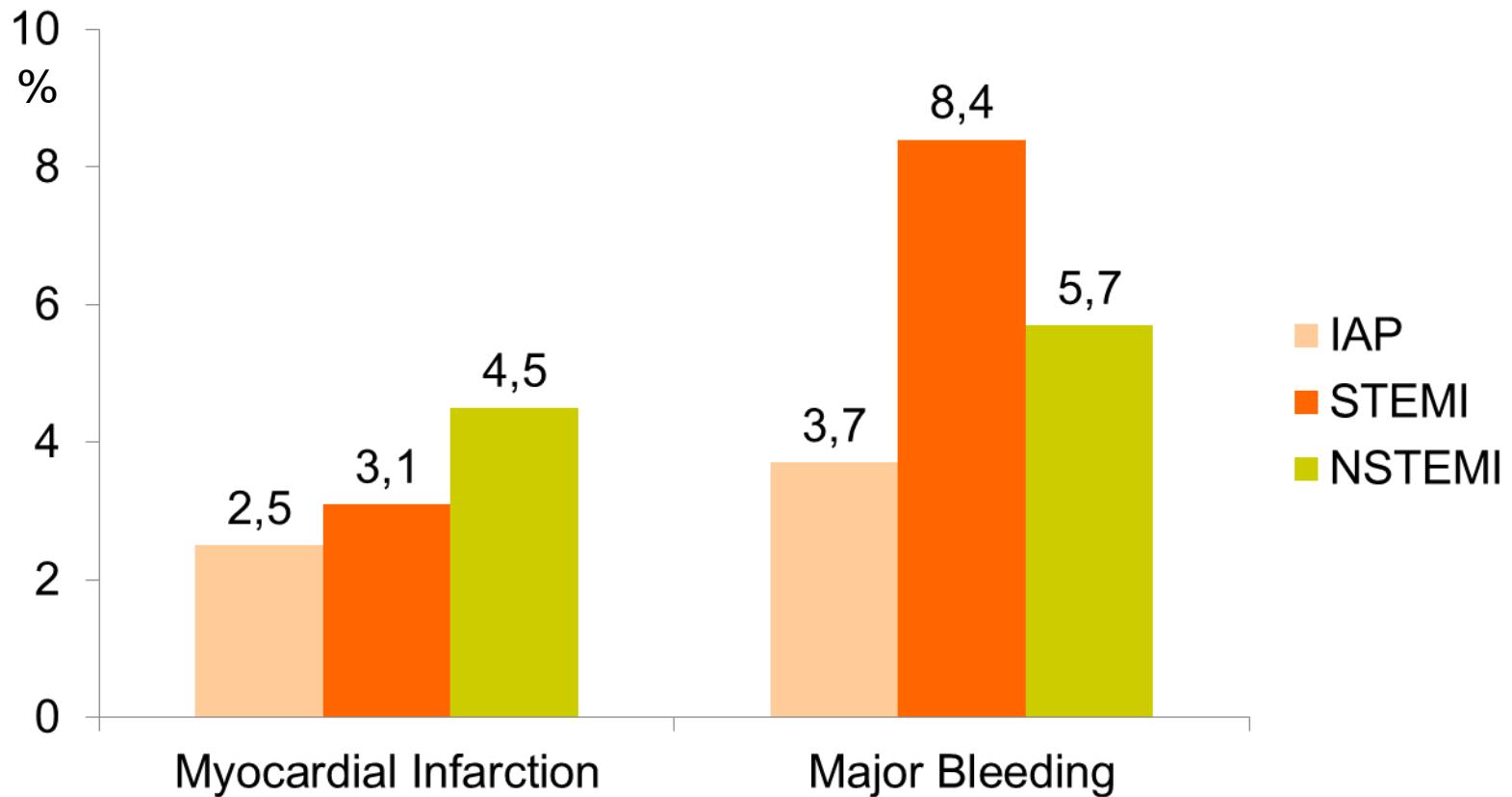


# Clinical Presentation and Mortality after PCI

## Mortality



# Clinical Presentation and Peri-PCI Events



*Ndrepepa et al., Cardiology 2009*

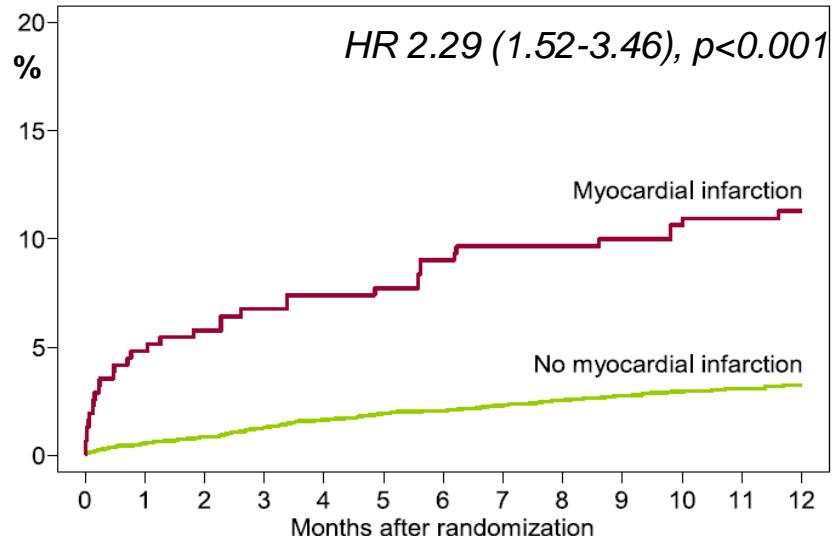
*REACT 3A EHJ 2009  
ACUITY NEJM 2006  
HORIZONS AMI NEJM 2008*

# Balance Between Antiischemic and Pro-bleeding Effects

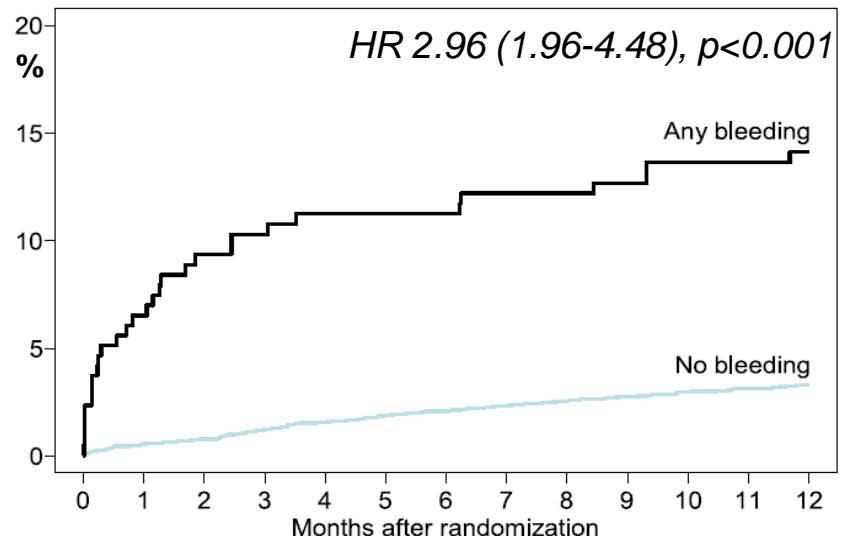
ISAR-REACT, ISAR-SWEET, ISAR-SMART-2 und ISAR-REACT-2 Trials

n=5.384

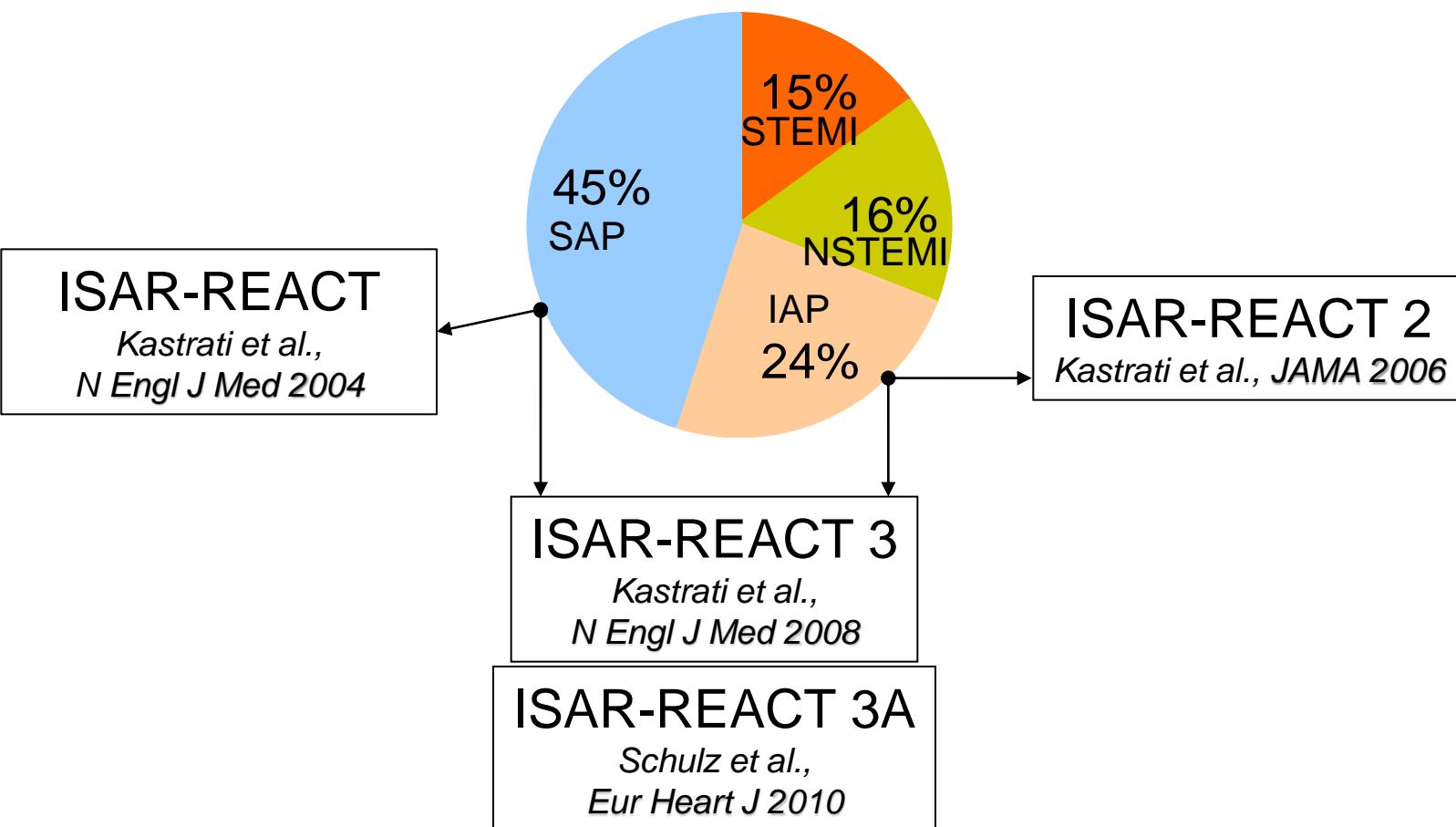
## Mortality



## Mortality

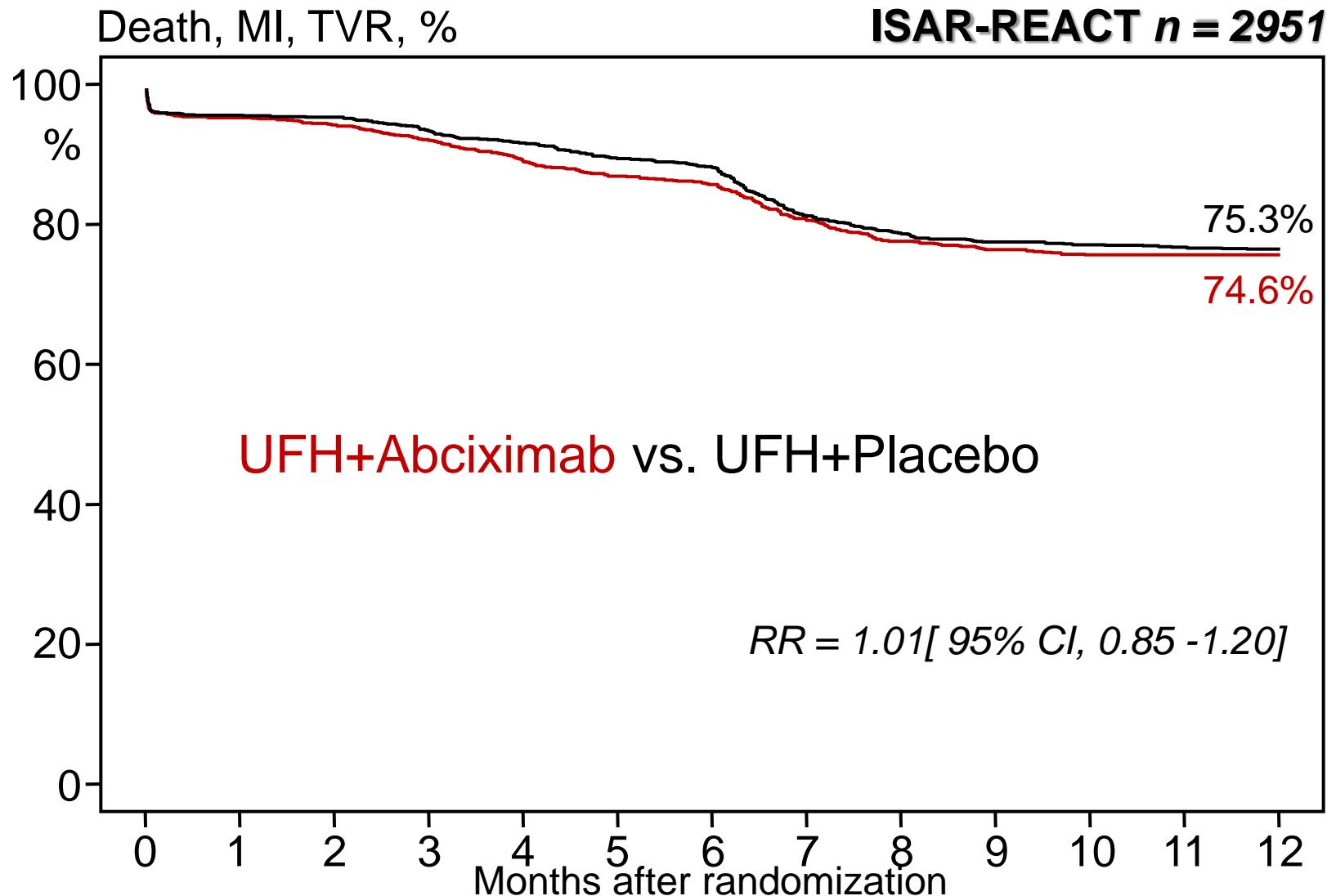


# Adjunct Antithrombotic Therapy



# Patients with Stable Angina

## Heparin alone or with GPI

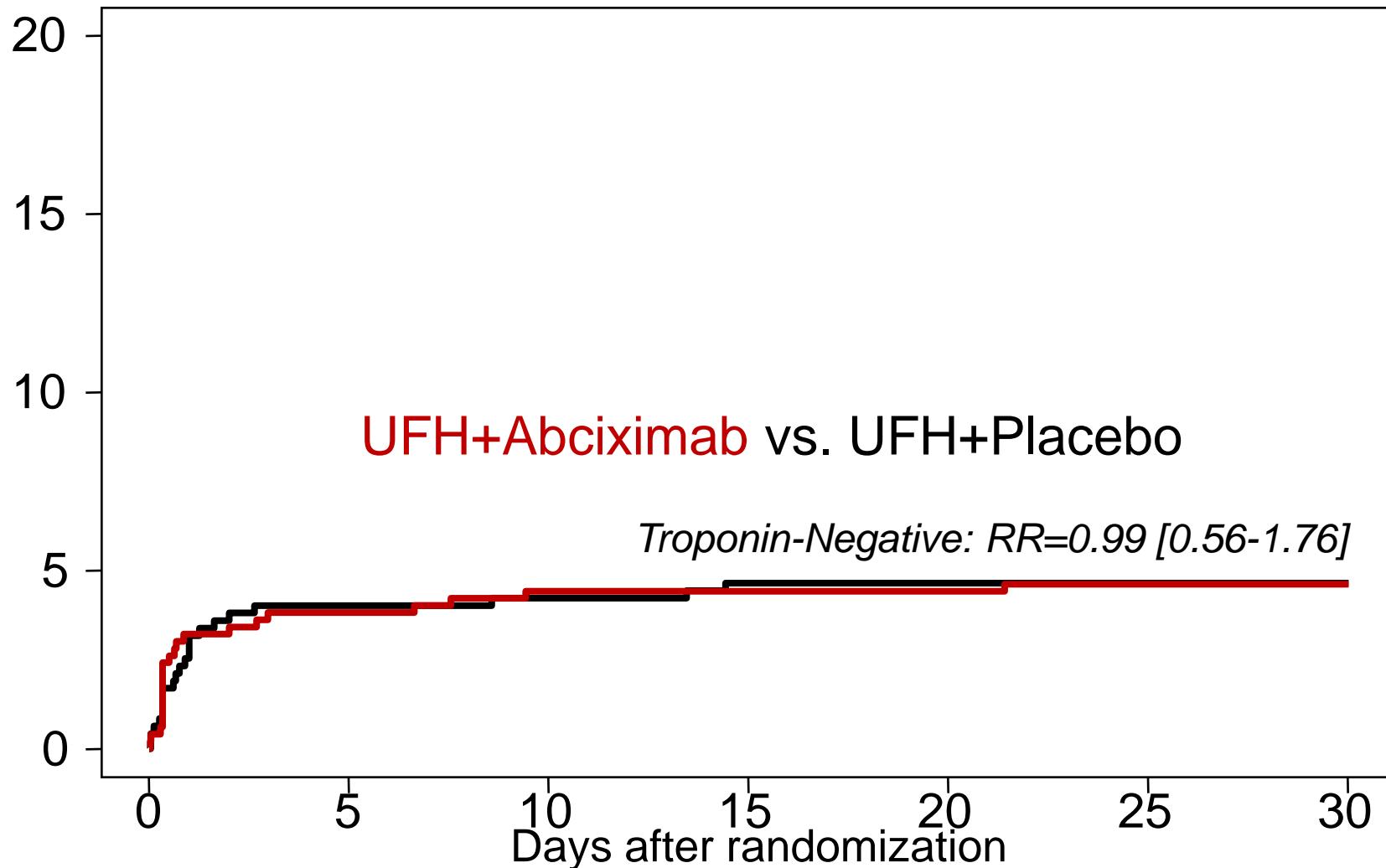


# Patients with Unstable Angina

## Heparin alone or with GPI

Death/MI/urg. TVR, %

ISAR-REACT 2



UFH+Abciximab vs. UFH+Placebo

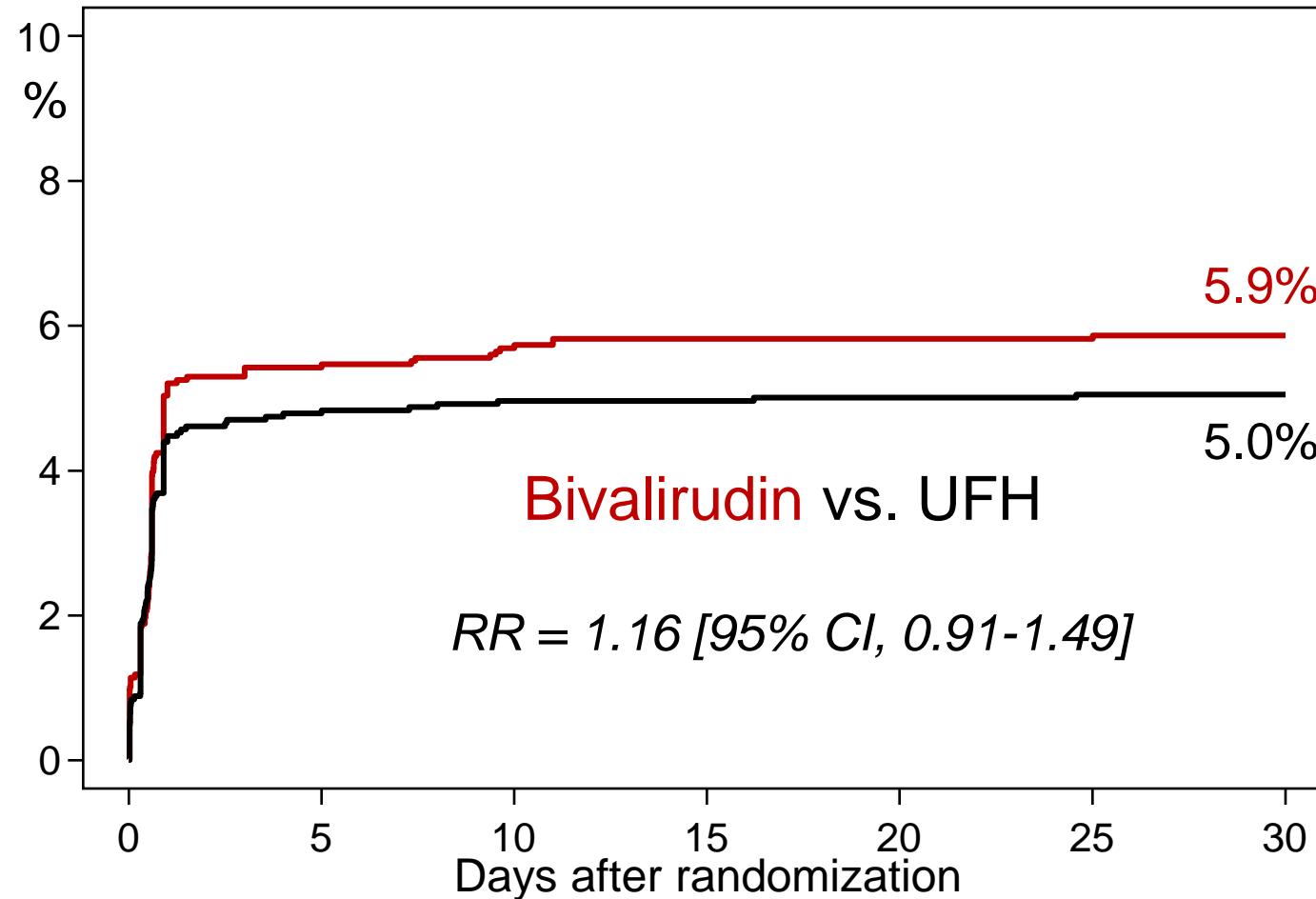
Troponin-Negative: RR=0.99 [0.56-1.76]

# Patients with Stable/Unstable Angina

## *Heparin alone or Bivalirudin*

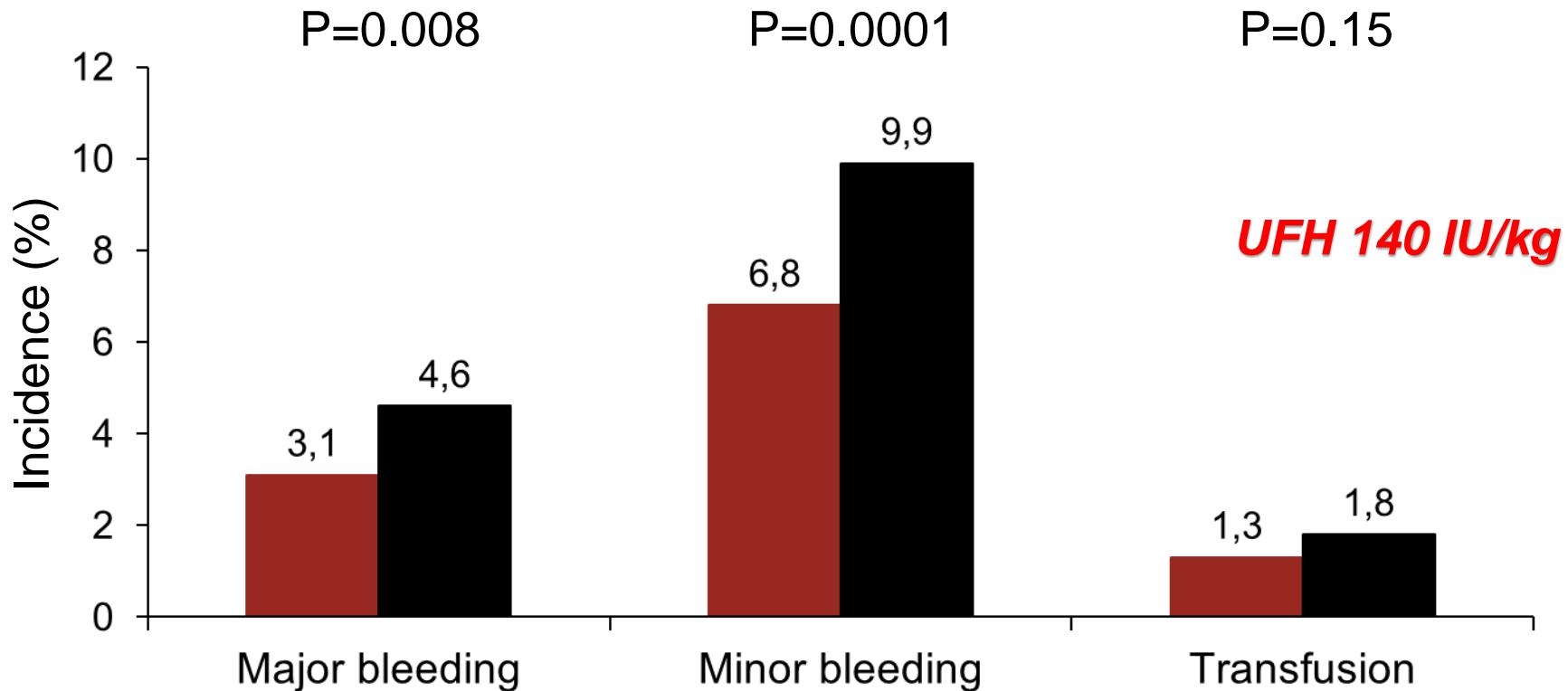
Death/MI/urgTVR

**ISAR-REACT 3 n= 4570**



# Patients with Stable/Unstable Angina

## *Heparin alone or Bivalirudin*

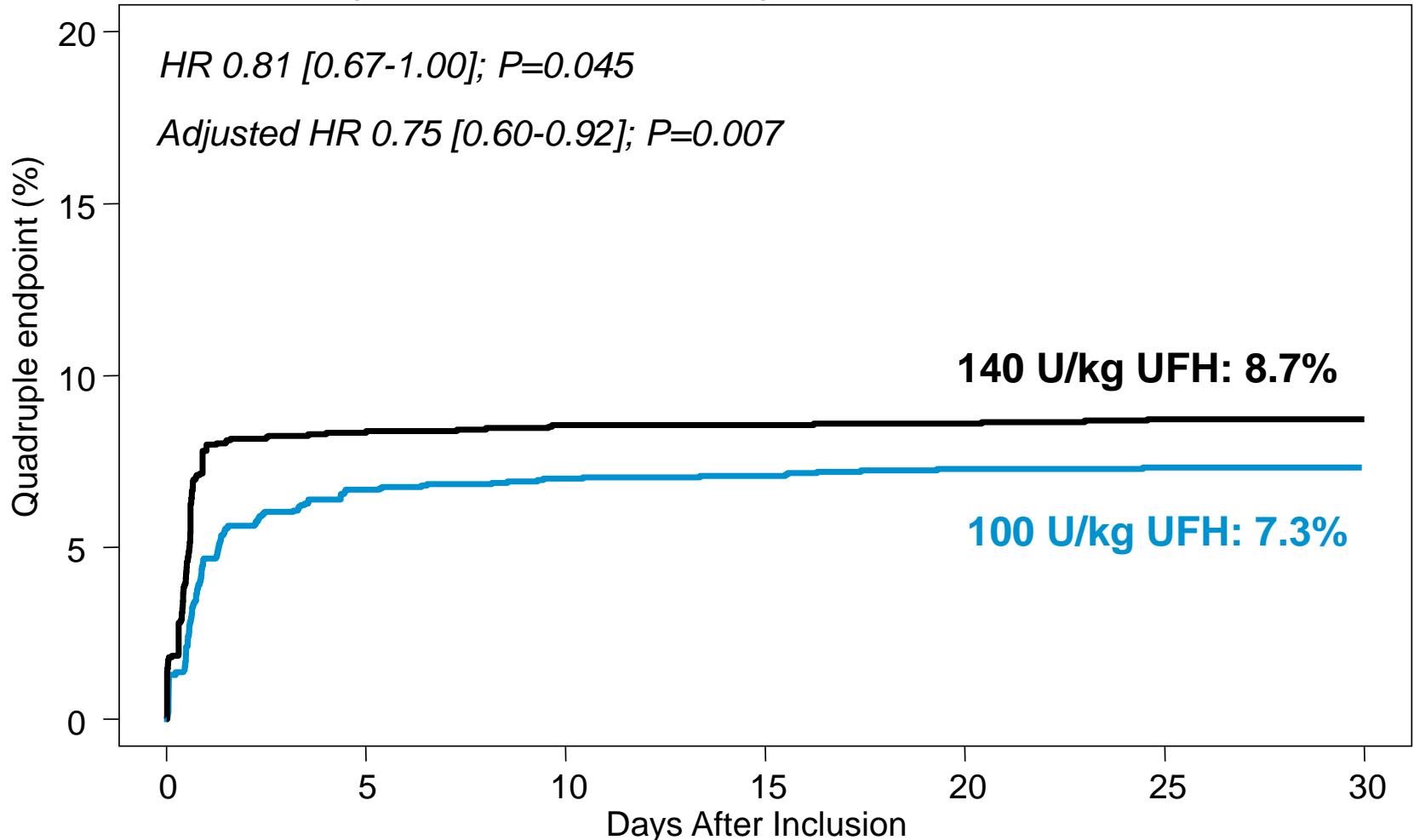


# Patients with Stable/Unstable Angina

## *High or Low Dose Heparin*

Death,MI,urgTVR,major Bleeding

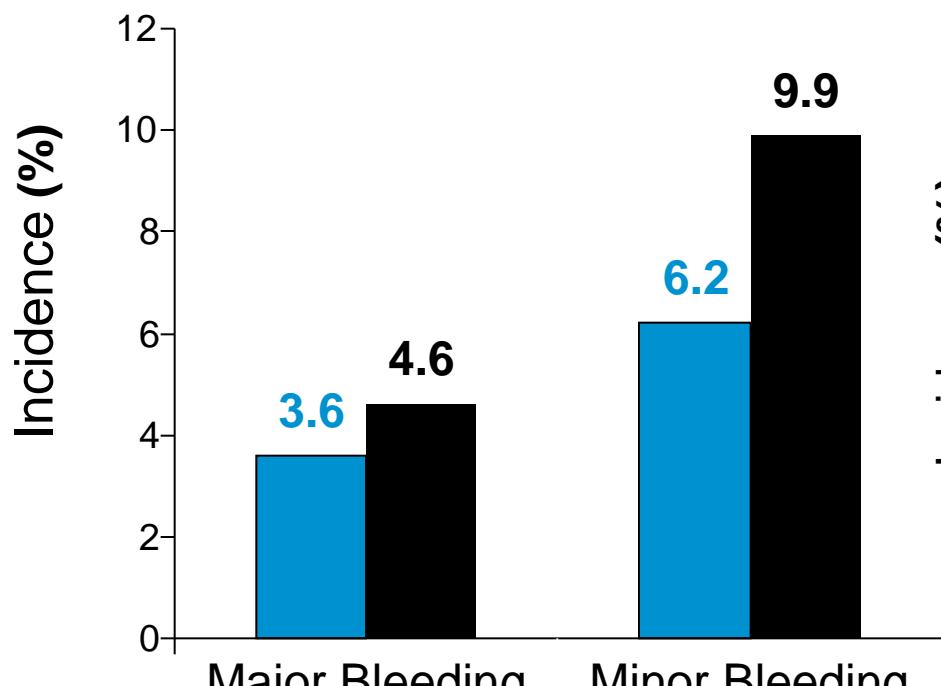
**ISAR-REACT 3A n= 4786**



# Patients with Stable/Unstable Angina *High or Low Dose Heparin*

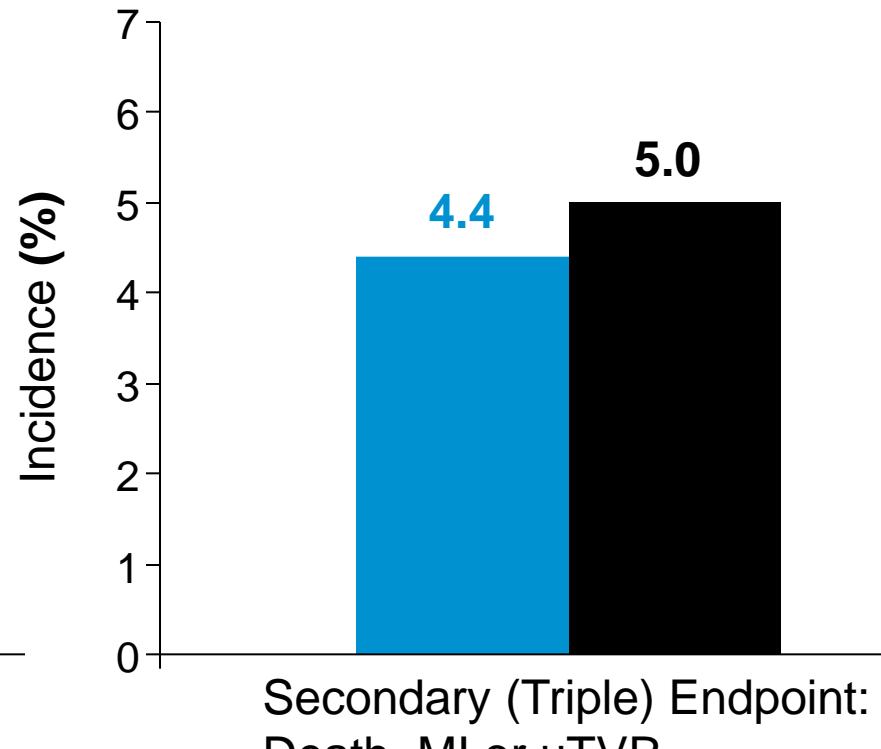
HR 0.79 [0.59-1.05];  $P=0.11$

Adjusted HR 0.71 [0.53-0.97];  $P=0.03$



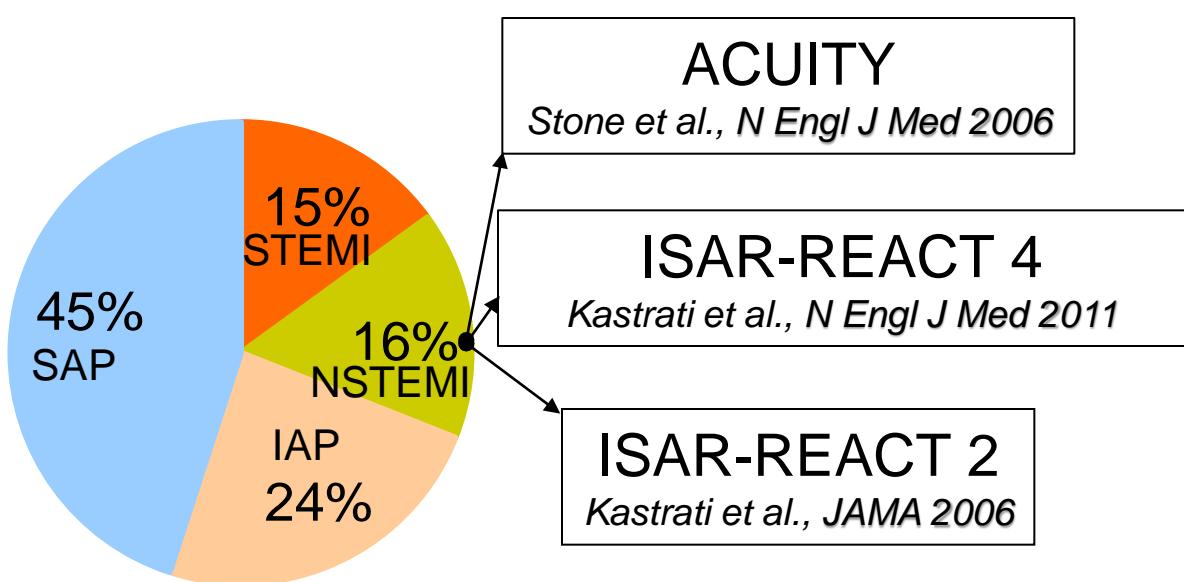
HR 0.87 [0.67-1.13];  $P=0.29$

Adjusted HR 0.82 [0.62-1.08];  $P=0.15$



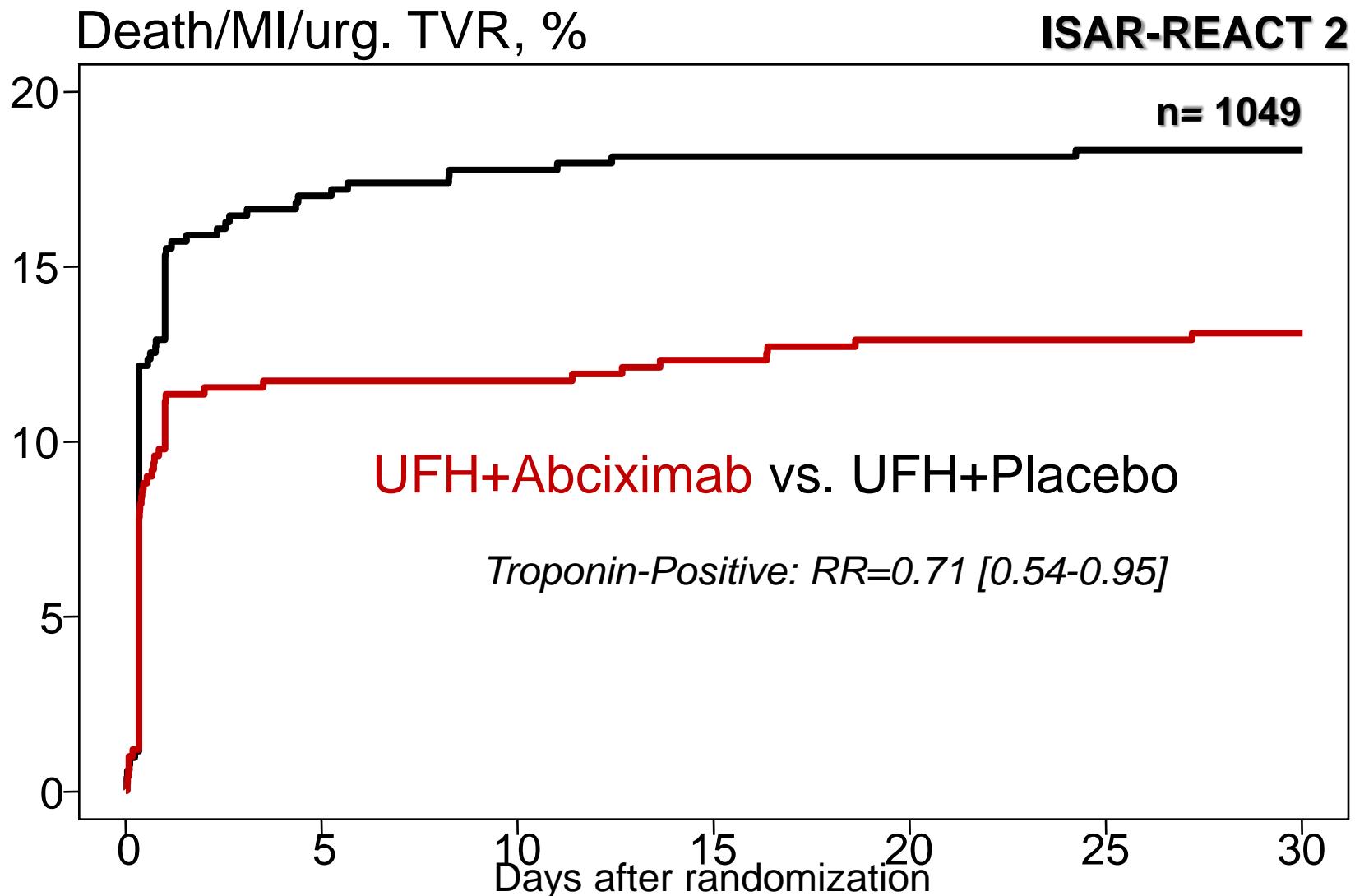
■ UFH 100 U/kg  
■ UFH 140 U/kg

# Adjunct Antithrombotic Therapy



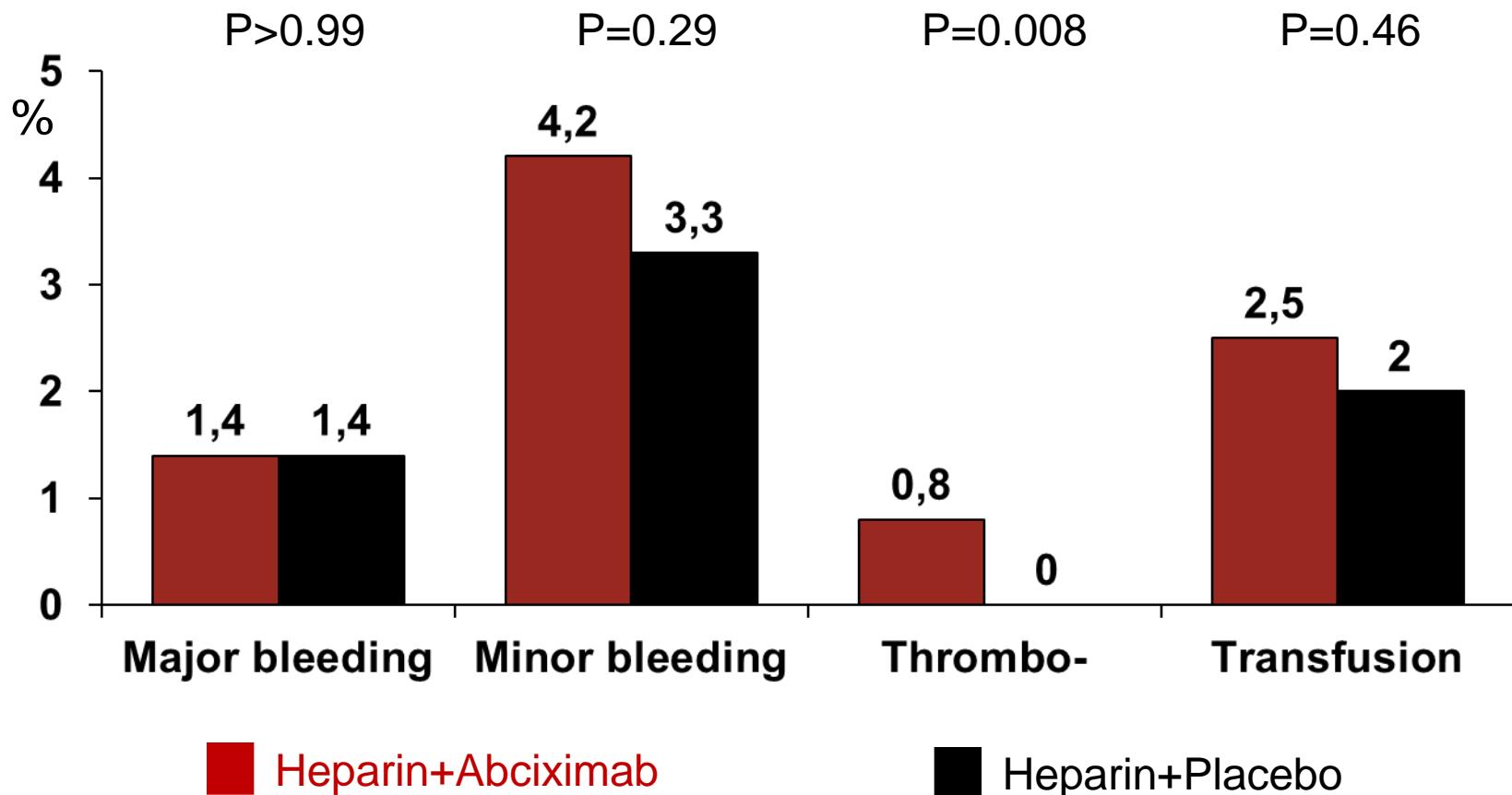
# Patients with NSTEMI

## *Heparin alone or with GPI*



# Patients with NSTEMI

## *Heparin alone or with GPI*



# Patients with NSTEMI

## *Heparin with GPI or Bivalirudin?*

■ UFH/Enoxaparin+GPI (N=4603) ■ Bivalirudin alone (N=4612)

30 day events (%)

$P_{NI} <0.0001$   
 $P_{Sup} = 0.015$

$P_{NI} = 0.011$   
 $P_{Sup} = 0.32$

$P_{NI} <0.0001$   
 $P_{Sup} <0.0001$

11,7% 10,1%

7,3% 7,8%

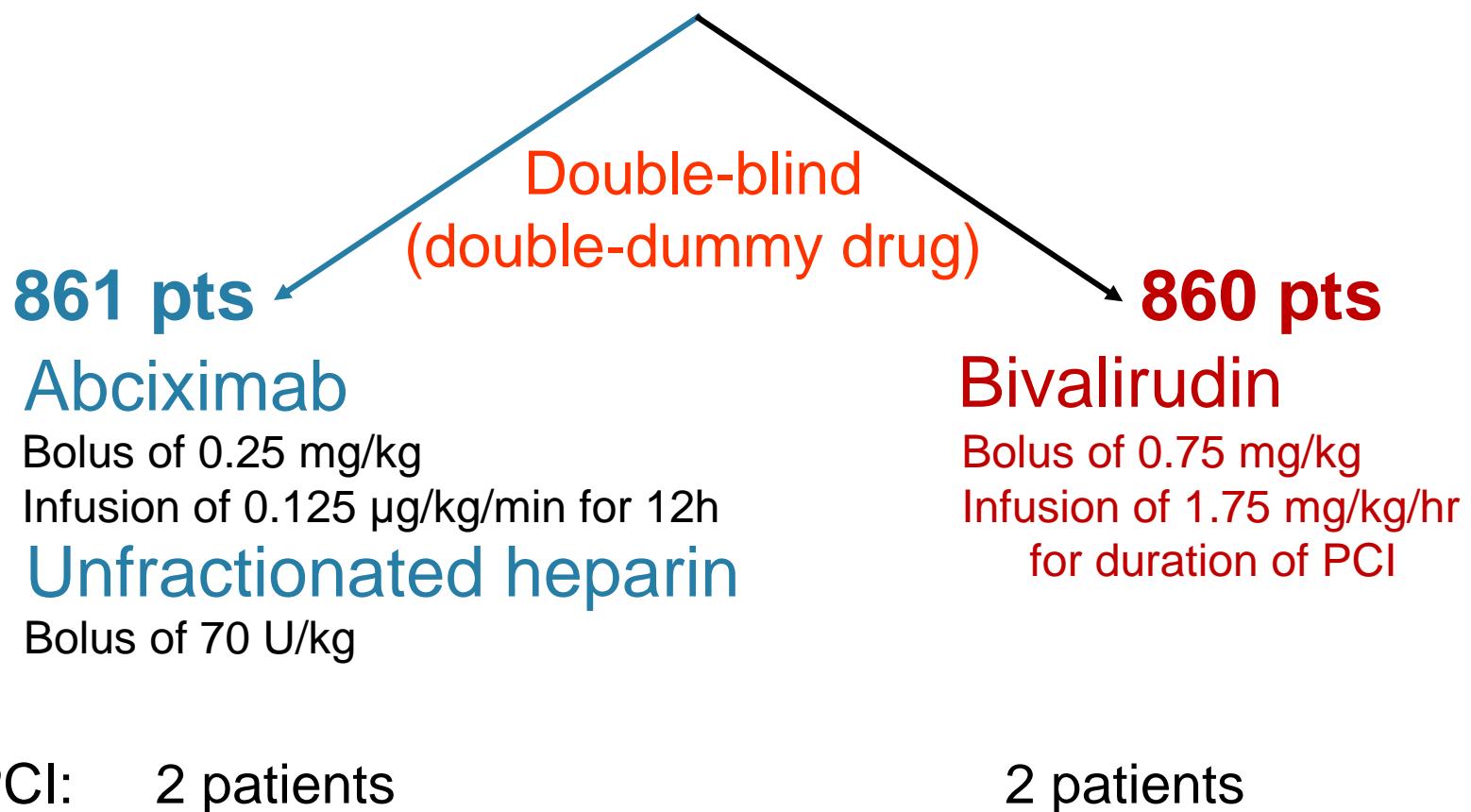
5,7% 3,0%

Net clinical outcome Ischemic composite Major bleeding

# ISAR-REACT 4 Trial flow-chart

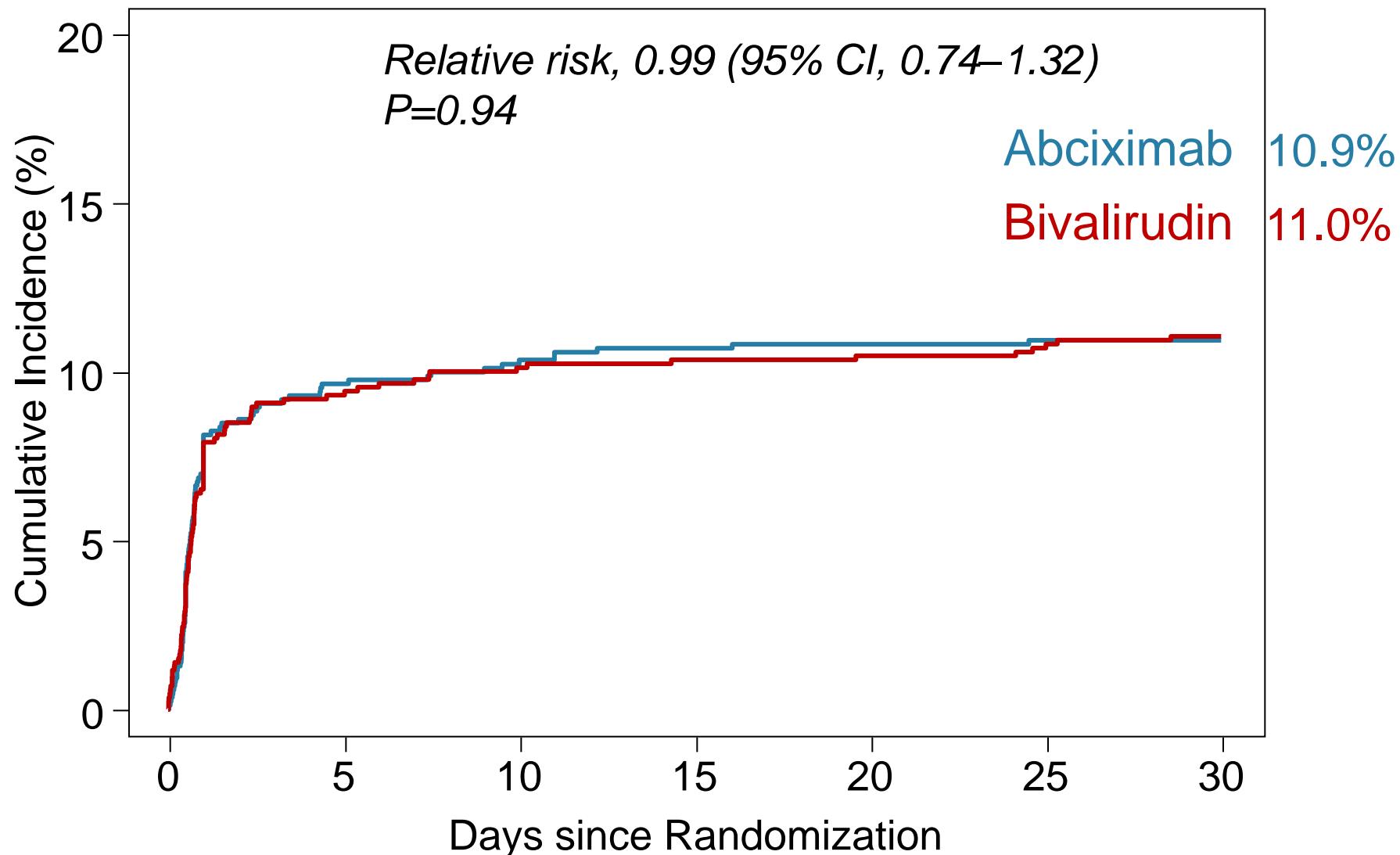
1,721 Pts with NSTEMI

Pre-treated with 600 mg of clopidogrel



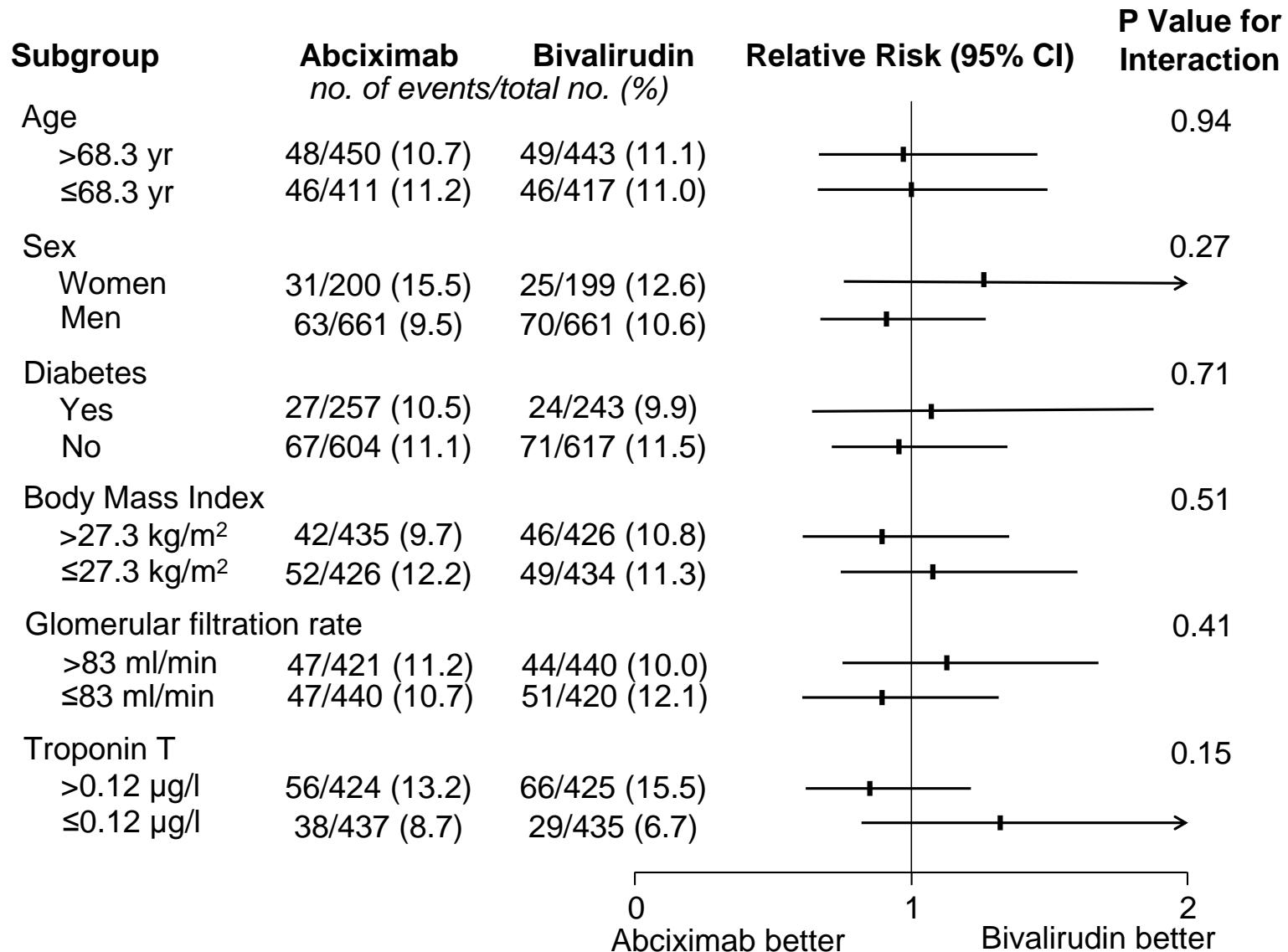
# Primary endpoint

Death, large MI, uTVR, major bleeding

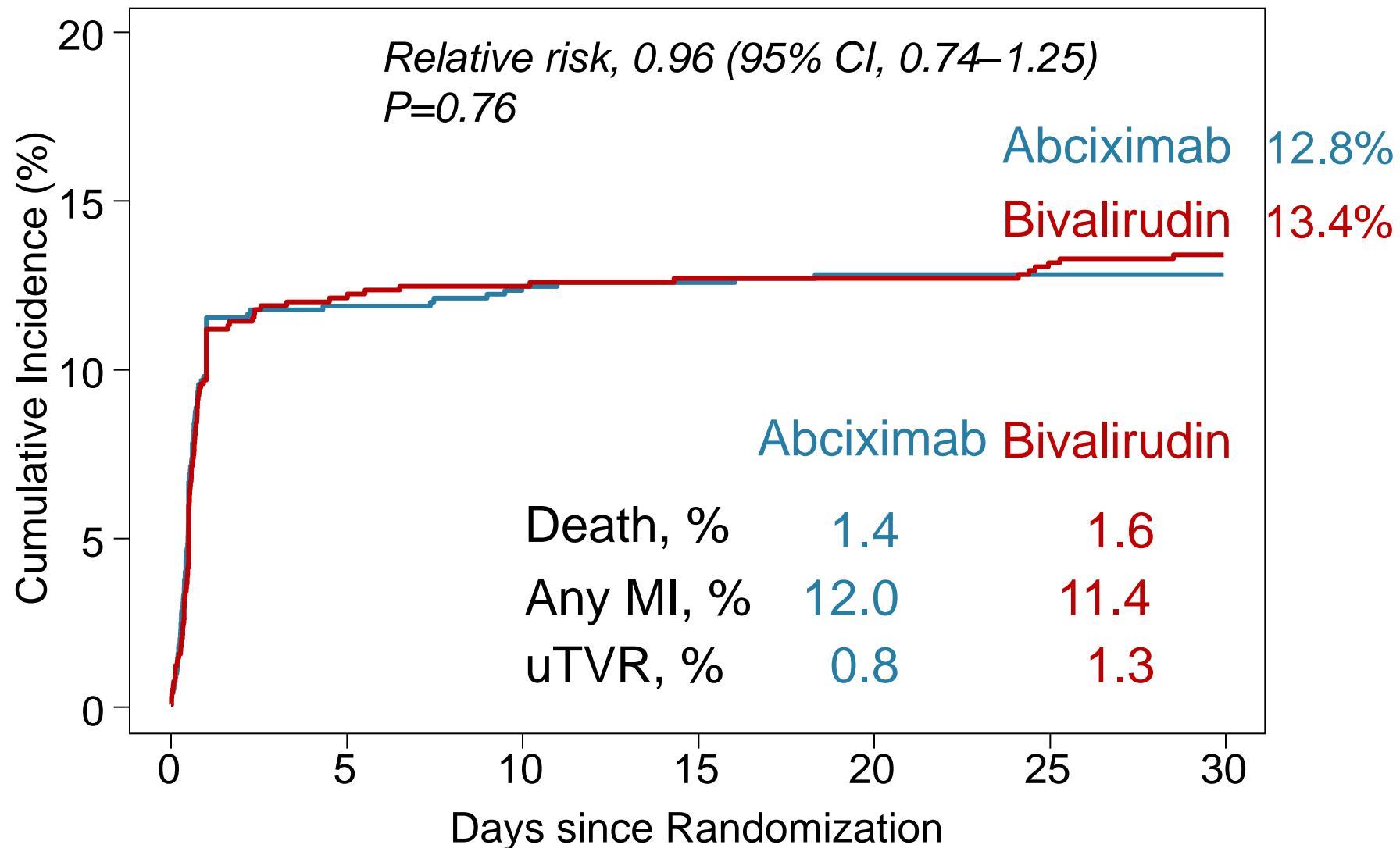


# Primary endpoint analysis in various subsets

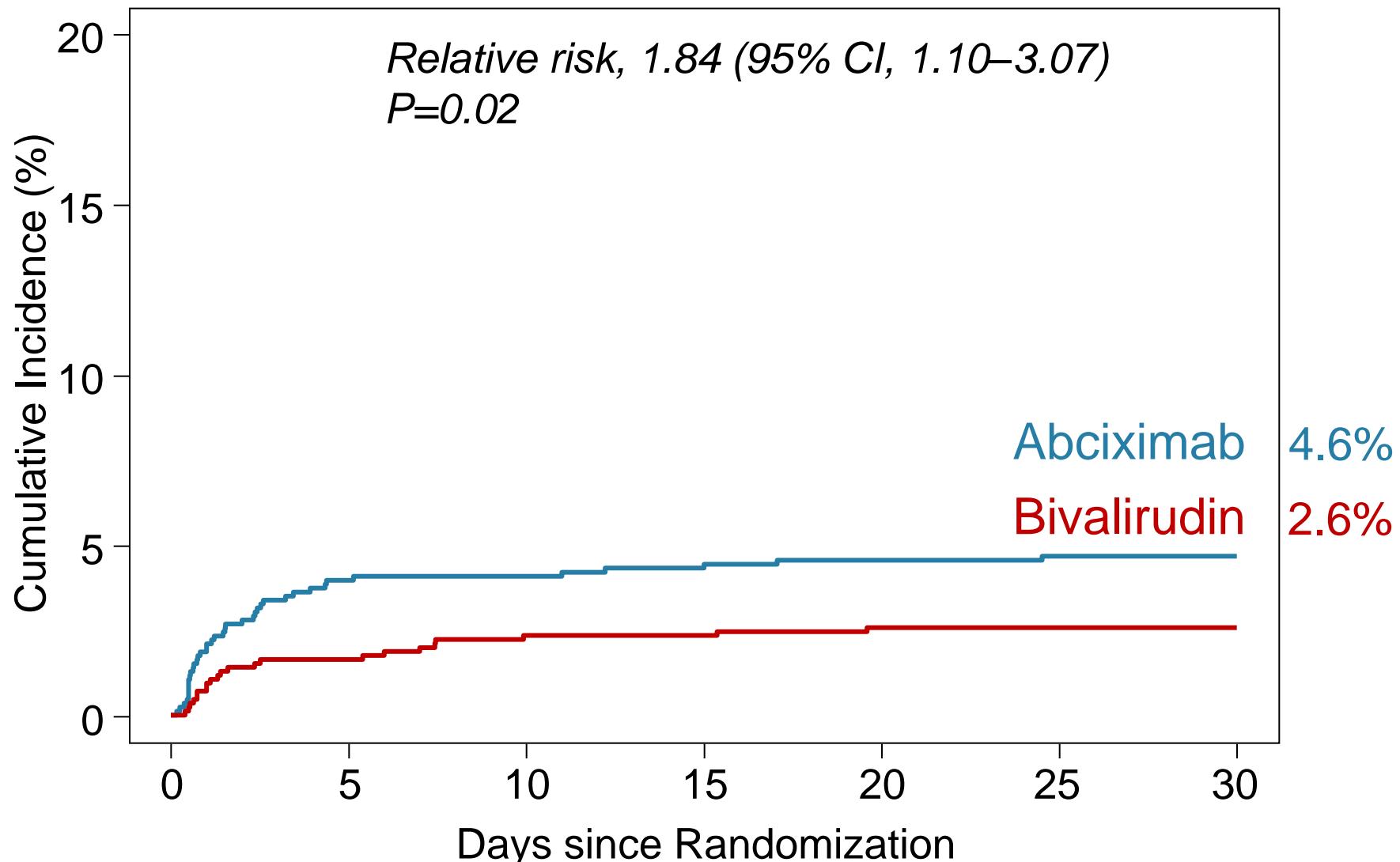
Death, large MI, uTVR, major bleeding



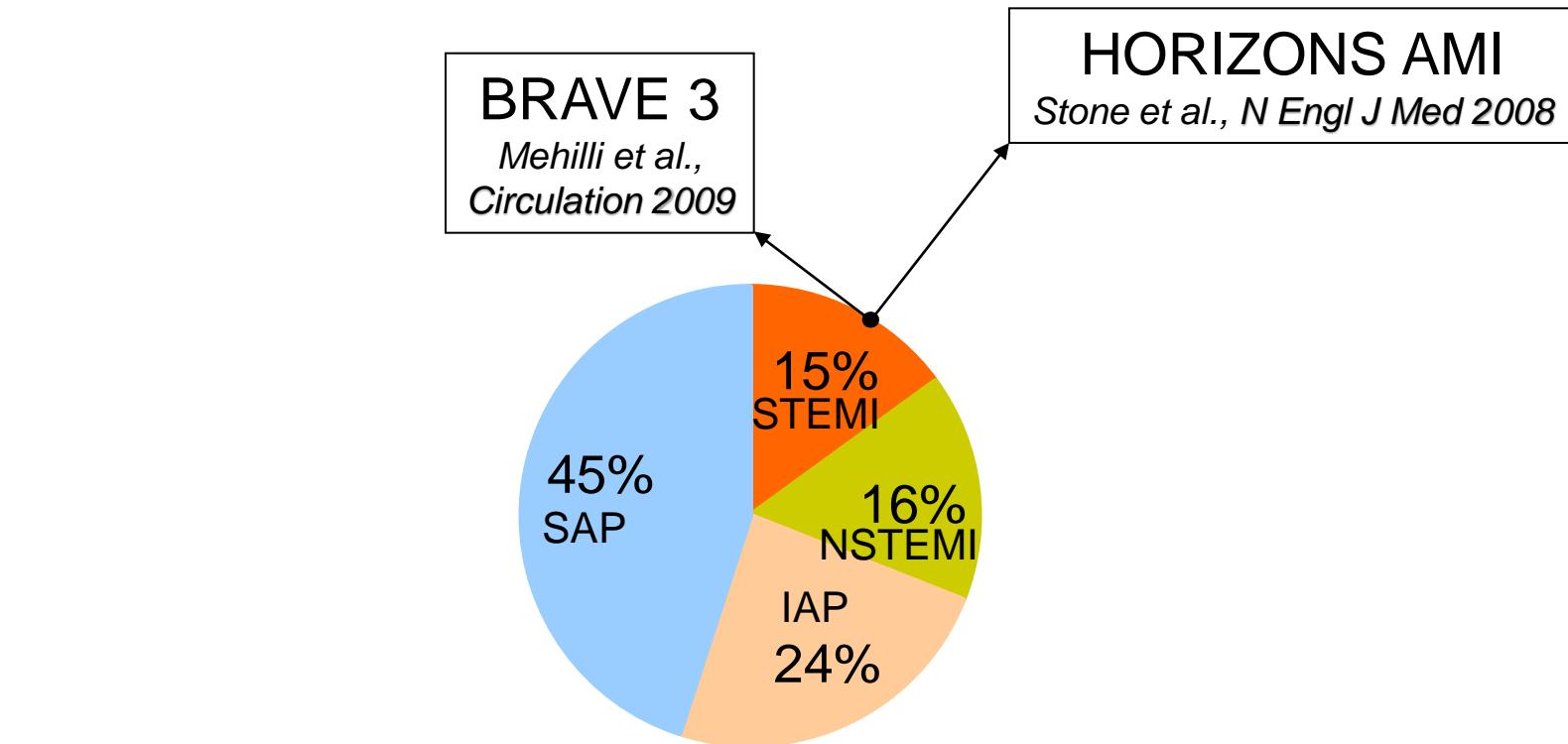
# Secondary efficacy endpoint - Death, any MI, uTVR



# Secondary safety endpoint - Major bleeding



# Adjunct Antithrombotic Therapy

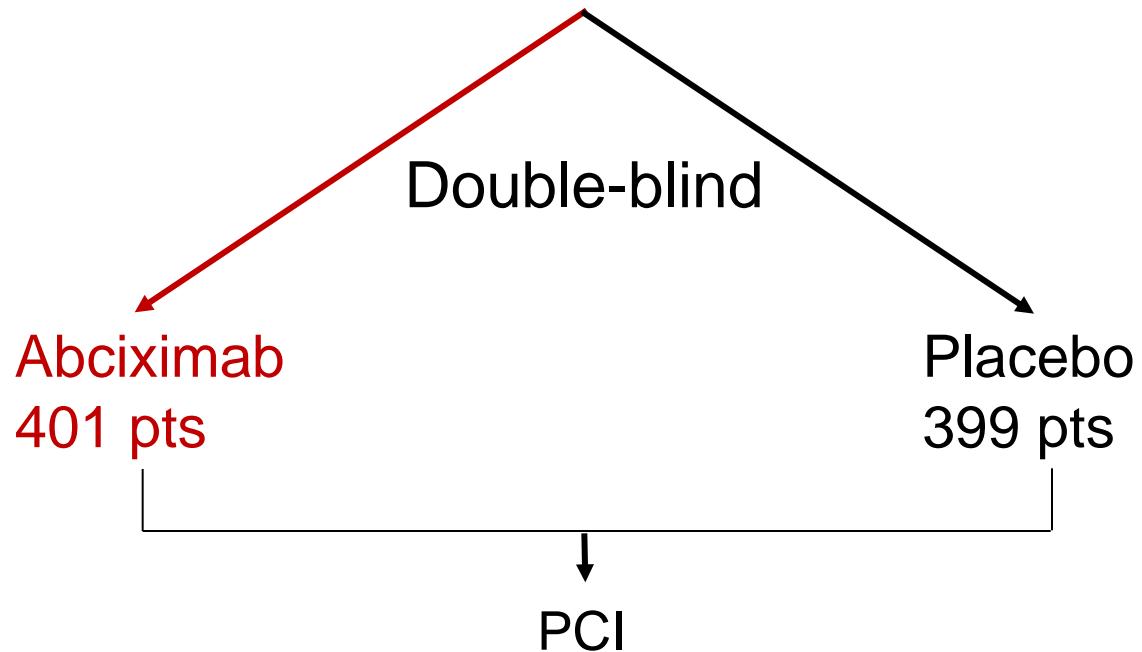


# Patients with STEMI

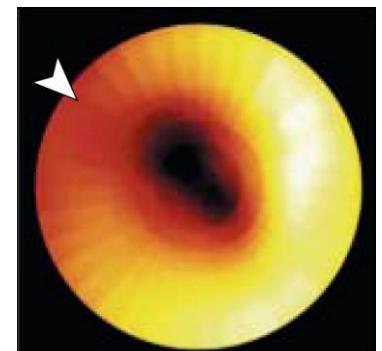
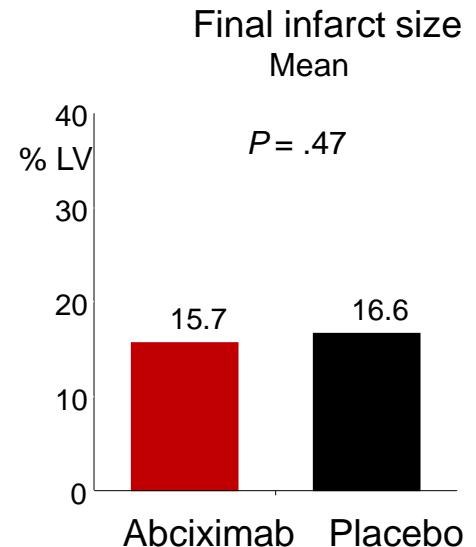
## *Heparin alone or with GPI*

800 Patients with STEMI

Pretreatment with 600 mg of clopidogrel

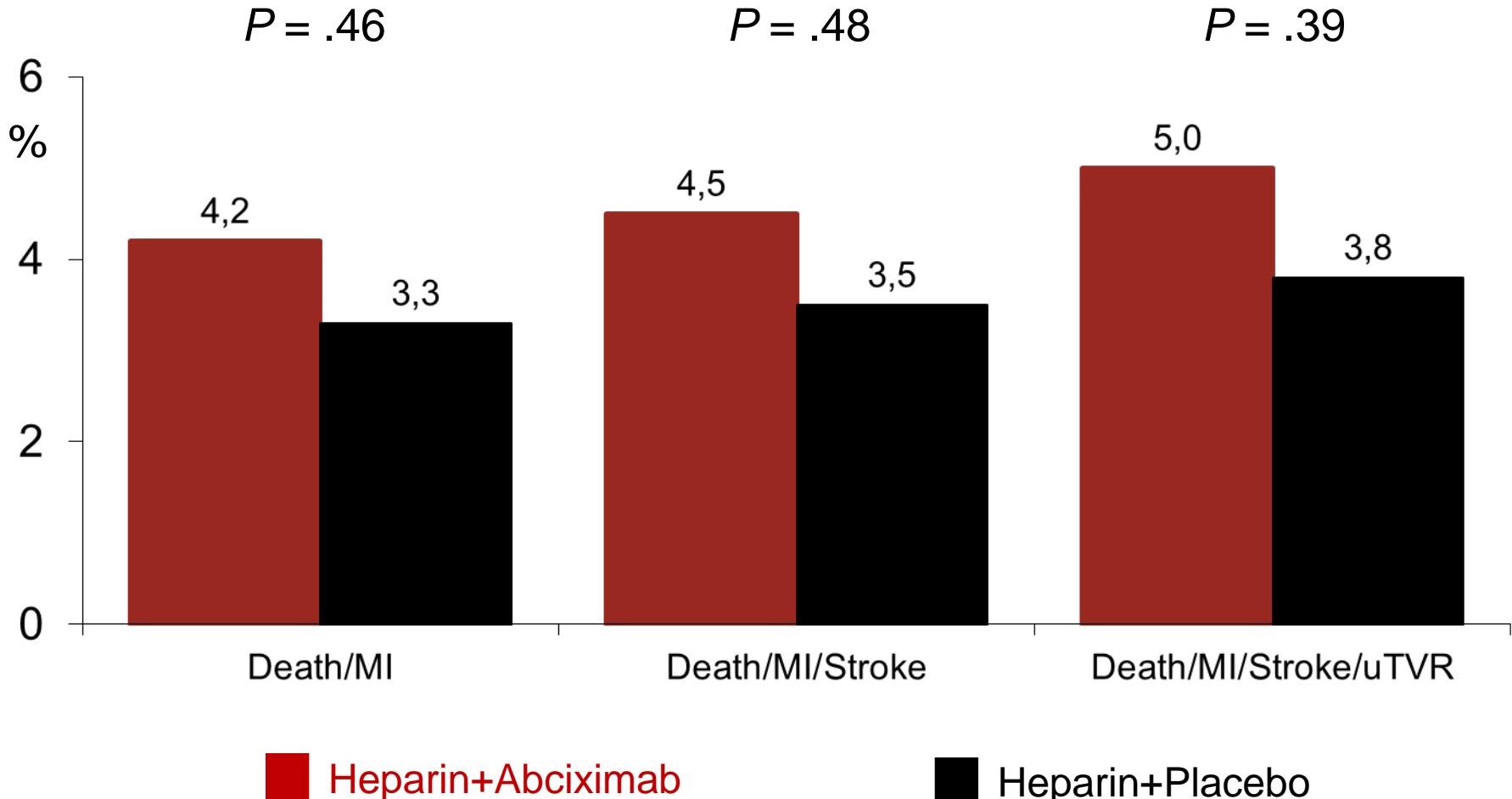


Primary endpoint: Scintigraphic final infarct size



# Patients with STEMI

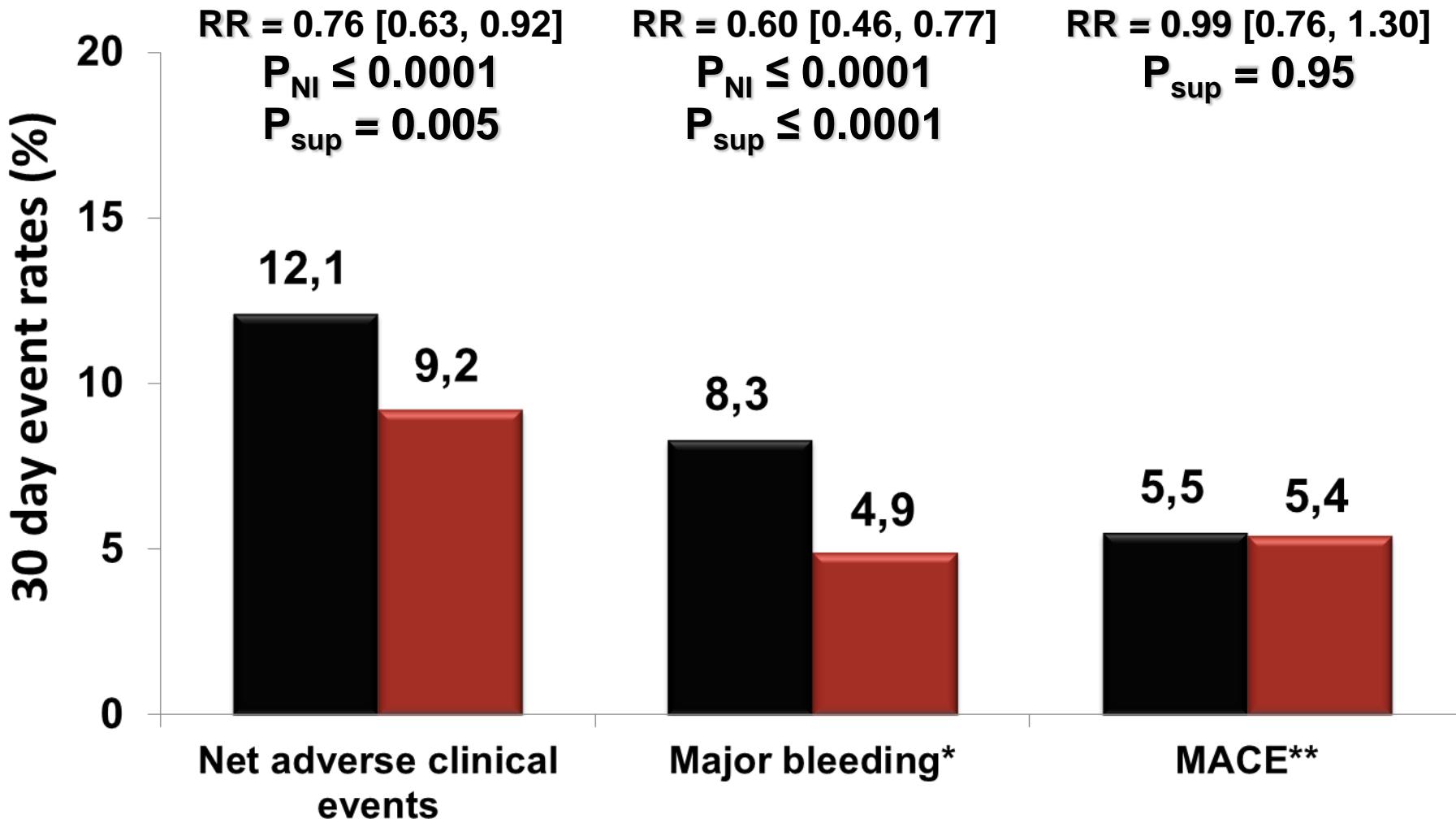
## *Heparin alone or with GPI*



# Patients with STEMI

## *Heparin and GPI or Bivalirudin*

■ Heparin + GPIIb/IIIa inhibitor (N=1802) ■ Bivalirudin monotherapy (N=1800)

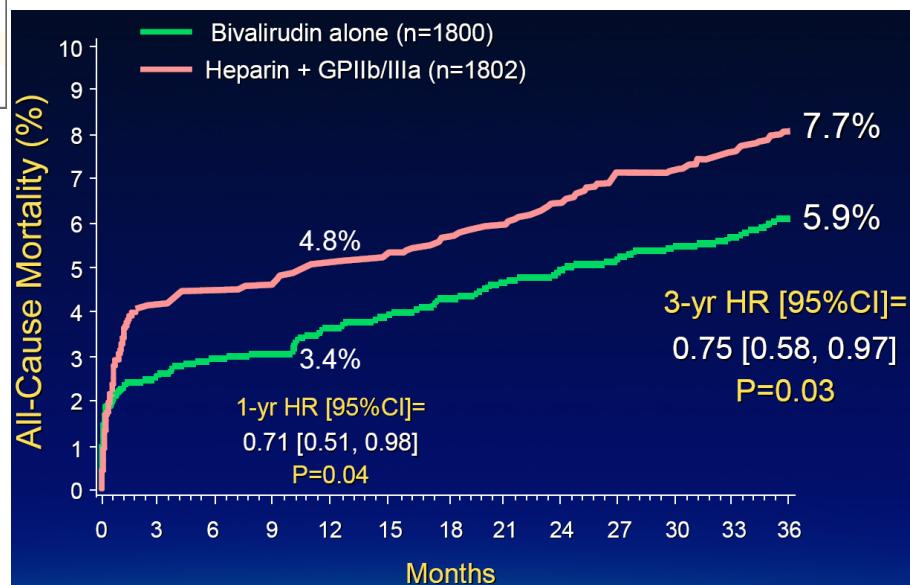


# Patients with STEMI Heparin and GPI or Bivalirudin

Table 3. (Continued.)

Outcome	Heparin plus a Glycoprotein IIb/IIIa Inhibitor (N=1802)	Bivalirudin Alone (N=1800)	P Value
<b>Patients with stents implanted</b>			
No. of patients	1553	1571	
Stent thrombosis, protocol definition — no. (%)†	30 (1.9)	39 (2.5)	0.30
Definite	22 (1.4)	35 (2.2)	0.09
Probable	8 (0.5)	4 (0.3)	0.24
Acute ( $\leq 24$ hr)	4 (0.3)	21 (1.3)	<0.001
Subacute ( $>24$ hr–30 days)	26 (1.7)	19 (1.2)	0.28

HORIZONS AMI, NEJM 2008



Stone, Lancet 2010

# Adjunct Antithrombotic Therapy

