

Old and New Antiplatelet Agents

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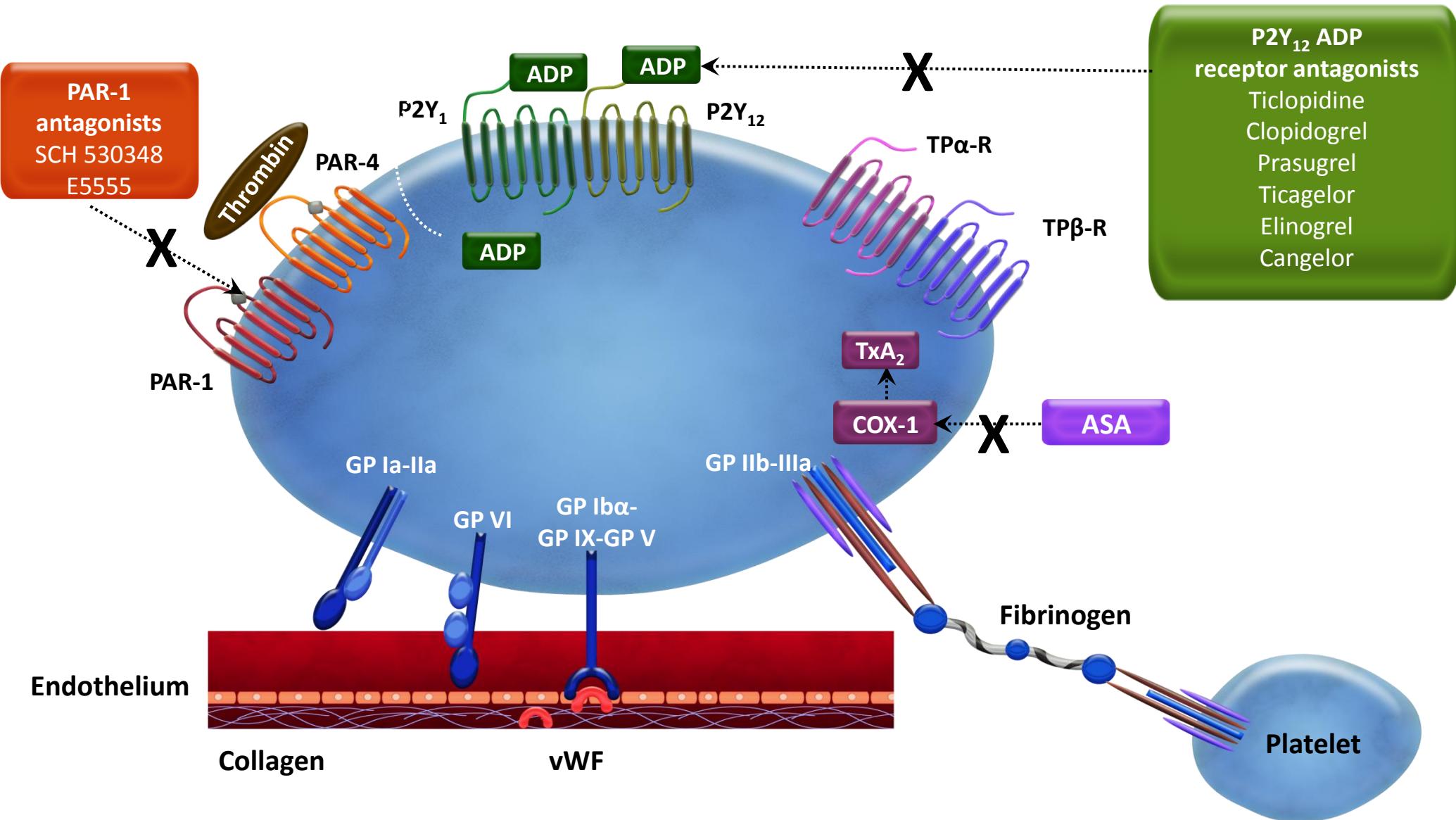
Sometimes “Old” can be “Classic”?



*.... something that is a perfect example of a particular style,
something of lasting worth or with a timeless quality.
(Wikipedia)*



Platelet Agonists and Antiplatelet Agents



Clopidogrel is still the classic thienopyridine

1. *Medical Management of ACS*
2. *Alternative to aspirin as single therapy in aspirin intolerant patients*
3. *Post elective PCI of stable angina*
4. *For 2ndary prevention of stroke*
5. *To prevent CVA in patients with Atrial fibrillation in warfarin intolerant patients (ACTIVE-A)*



HOWEVER

Clopigrel is not PERFECT!!



Why do we need newer agents?

1. Wide variability in Clopidogrel response

a. genetic variation

**b. possible drug interactions (Cytochrome enzymes): PPIs,
lipophilic statins, CCBs etc**

2. Unmet needs in thrombosis

3. Patients awaiting surgery : reversible agents



Why do we need newer agents?

1. Wide variability in Clopidogrel response

a. genetic variation

b. possible drug interactions (Cytochrome enzymes): PPIs,
lipophilic statins, CCBs etc

2. Unmet needs in thrombosis

3. Patients awaiting surgery : reversible agents



What is the scope of the problem in Korea?

- 1. Wide variability in OPR in Koreans, with higher mean OPR**
- 2. HOPR associated with clinical outcome.**
- 3. Higher frequency of the CYP2C19 LOF allele in Koreans**
- 4. Genetic risk is also related with outcome in Koreans?**



The SNUH CROSS-VERIFY cohort : Scheme

**Patients undergoing CAG &/or PCI
Loaded with clopidogrel**



**Verify Now (P2Y12 and Aspirin)
at 24 hrs post loading dose
+ Genetic Sampling**

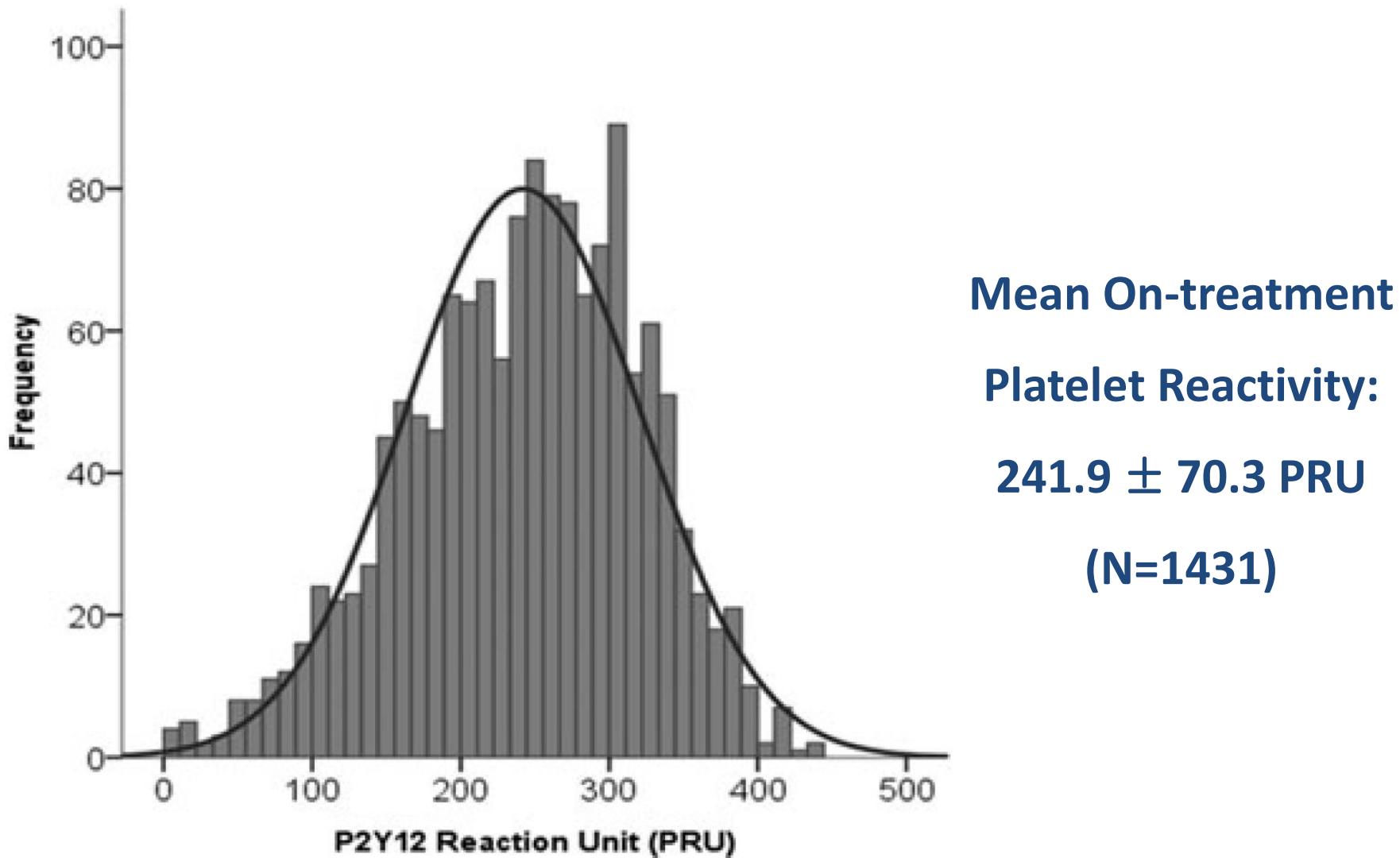


**Repeat Verify Now (P2Y12) at 1 mo
(during chronic therapy)
+ Record clinical outcome up to 3 yrs**

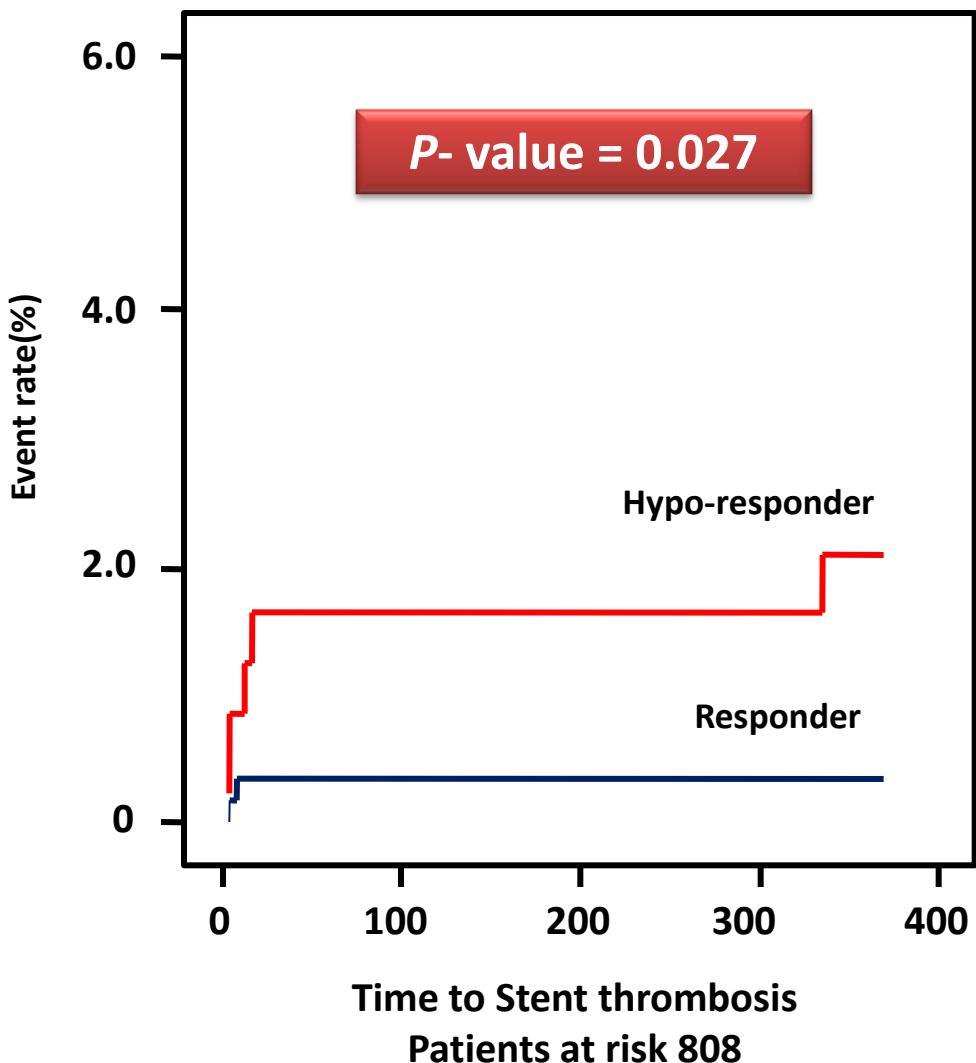


Response variability to Clopidogrel in Koreans

Data from the SNUH CROSS-VERIFY cohort



Clopidogrel Response and Outcome: CROSS-VERIFY cohort: Stent Thrombosis (1 Yr)



Stent Thrombosis

- Non-responder : 5 / 241 (2.1%)
- Responder : 2 / 574 (0.3%)
- HR : **6.059** (95% CI 1.167 to 31.451)

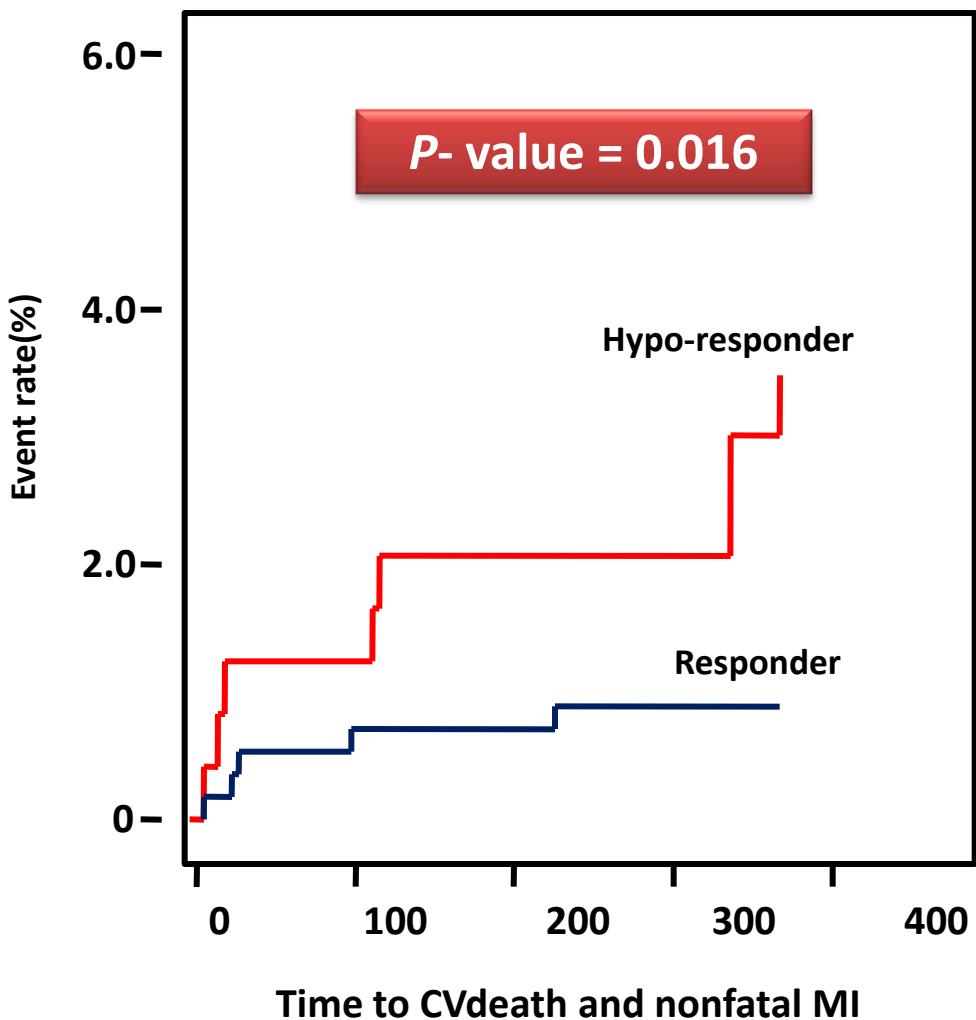
Park KW, Jeon KH, Kim HS et al. Am J Cardiol 2011



Seoul National University Hospital Cardiovascular Center

Clopidogrel Response and Outcome:

CROSS-VERIFY cohort: CV Death + MI (1 Yr)



**Hard End point
(CV death or nonfatal MI)**

- Hypo-responder : 8 / 241 (3.3%)
- Responder : 5 / 574 (0.9%)
- HR : **3.907** (95% CI 1.265 to 12.068)

Park KW, Jeon KH, Kim HS et al. Am J Cardiol 2011



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Study Overview

1676 patients received PCI initially enrolled in
CROSS-VERIFY during study period

38 patients: non-DES implantation
2 patients: non-Korean ethnicity
229 patients: refused genetic sampling
143 patients : usage of cilostazol

1264 patients available for genotyping

TaqMan™ Assay

- CYP1A2*1F (-163C>A, rs762551)
- CYP2C19*2 (P227P, rs4244285)
- CYP2C19*3 (W212X, rs4986893)
- CYP3A4 (IVS10+12G/A, rs2242480)
- CYP3A5 (CYP3A5*3, rs776746),
- ABCB1 (C3435T, rs1045642)
- PON-1 (Q192R, rs662)

SNaPshot™ Multiplex Analysis

- CYP2B6*6 (K262R, rs2279343)
- CYP2C19*17 (-806C/T, rs12248560)



Does ethnicity matter?

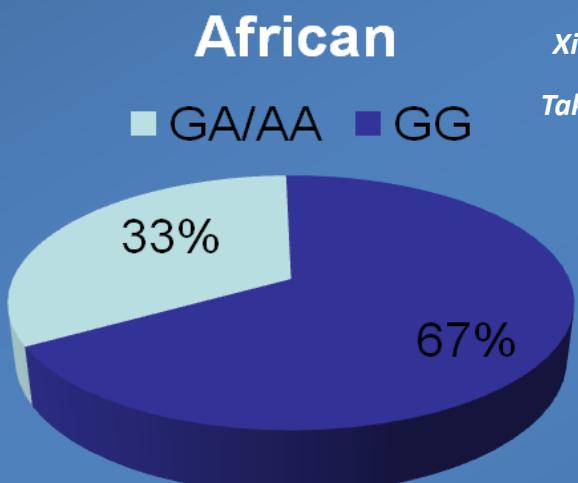
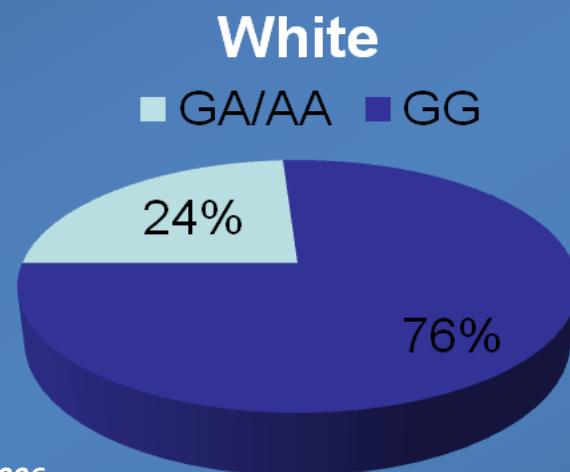
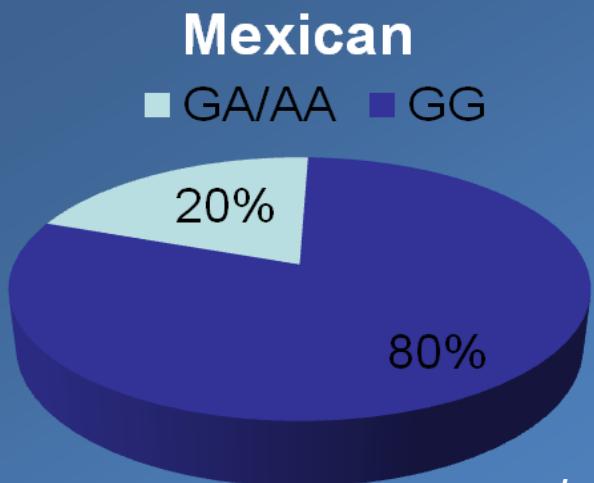
Characteristic	Mean Residual Platelet Reactivity (PRU)		P Value
	Characteristic present	Characteristic absent	
Age > 75 yrs	214 ± 77	201±79	0.161
Men	200±77	220±82	0.041
Non-Caucasian ethnicity	229±79	202±78	0.047
Diabetes mellitus	220±73	196±80	0.005
⋮	⋮	⋮	⋮

Price MJ et al, Circulation 2009

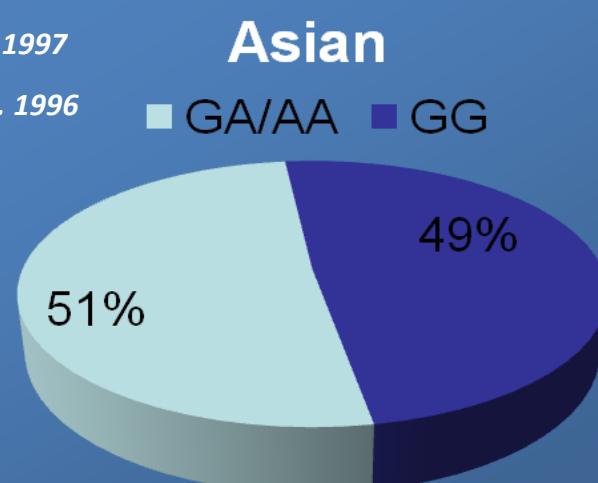
- Non-Caucasian ethnicity :
 1. has higher residual platelet activity
 2. an independent predictor of high on-treatment plt reactivity
(OR: 3.05, 95% CI: 1.49 to 6.28, p=0.002)



Different CYP2C19 *2 Allele Frequency



Luo et al .*Clin Pharmacol Ther.* 2006 ,
Xiao et al .*J Pharmacol Exp Ther.* 1997
Takakubo et al *Pharmacogenetics.* 1996

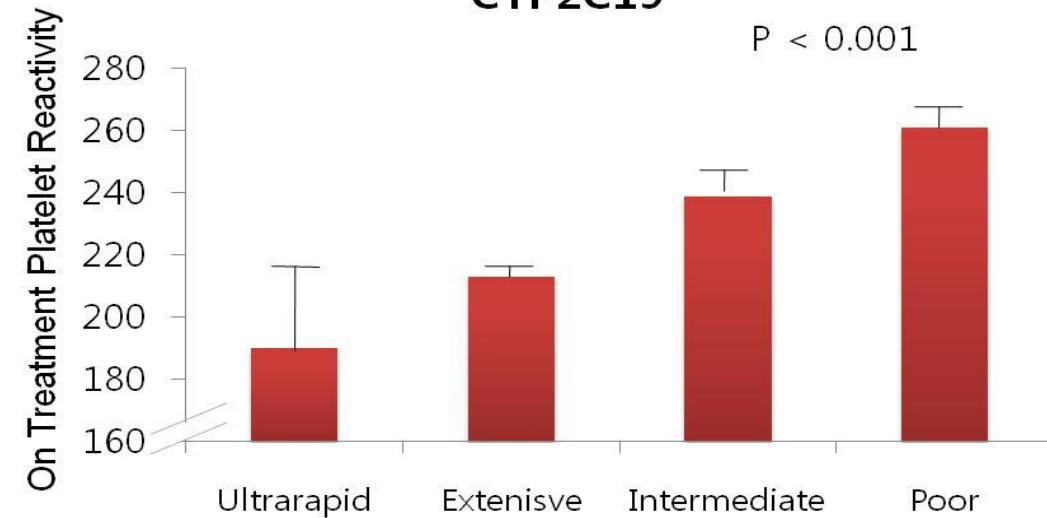


Genetic Determinants of HOPR

CROSS-VERIFY cohort: N=1264

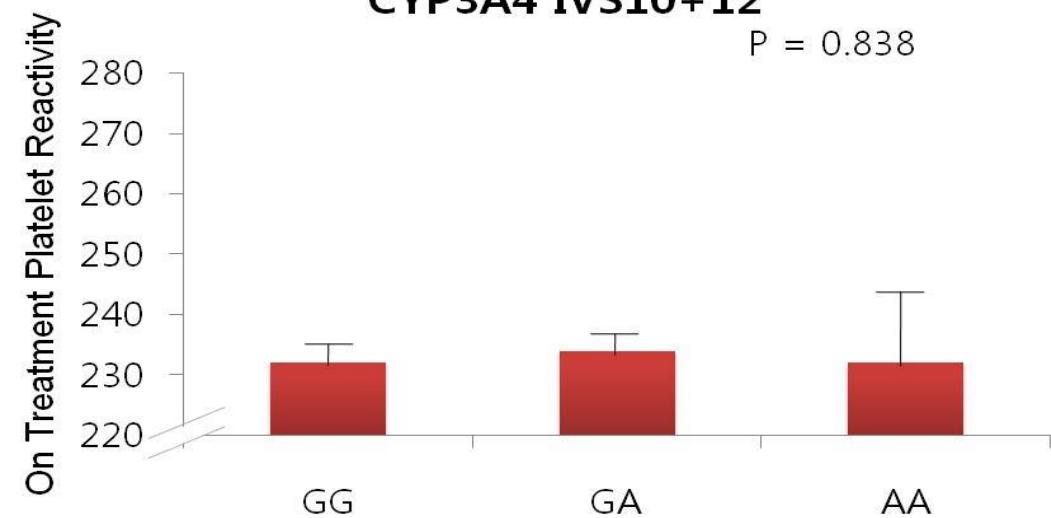
CYP2C19

P < 0.001



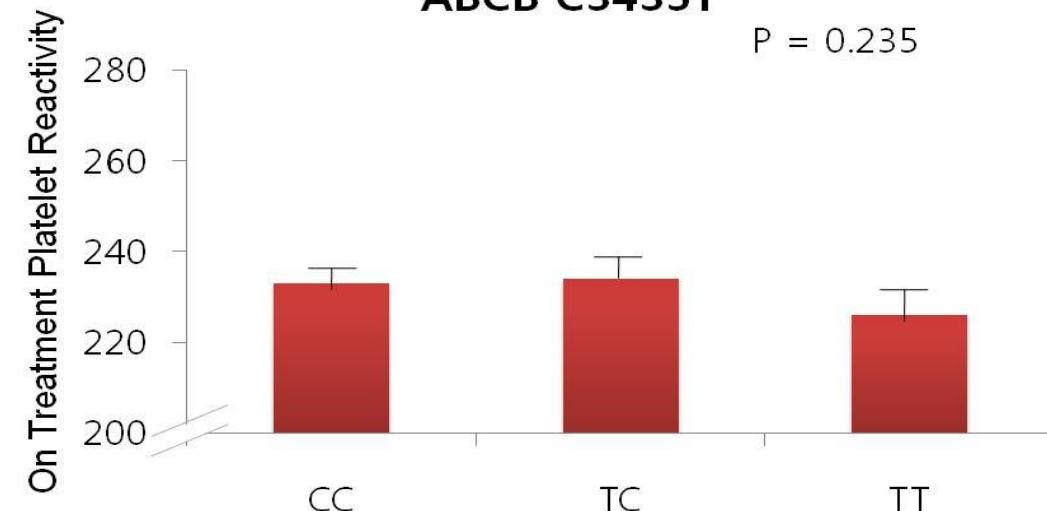
CYP3A4 IVS10+12

P = 0.838



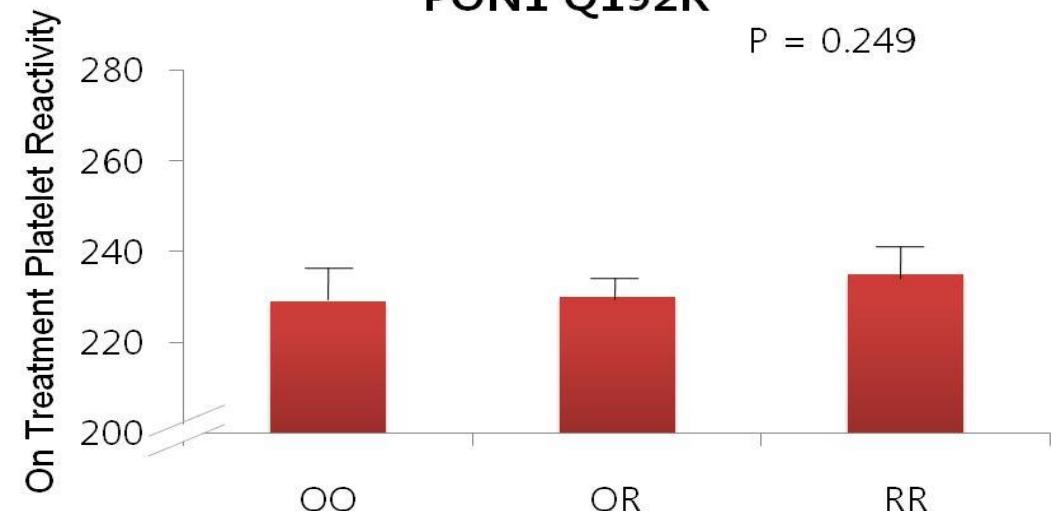
ABCB C3435T

P = 0.235



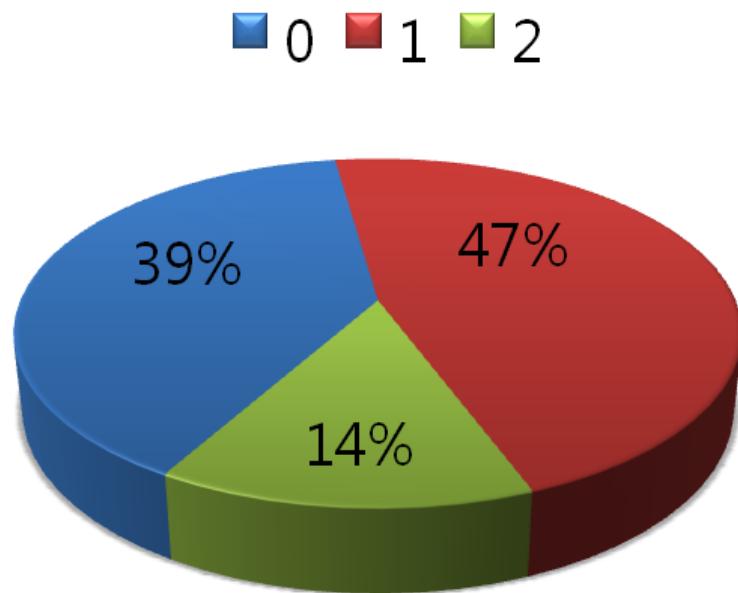
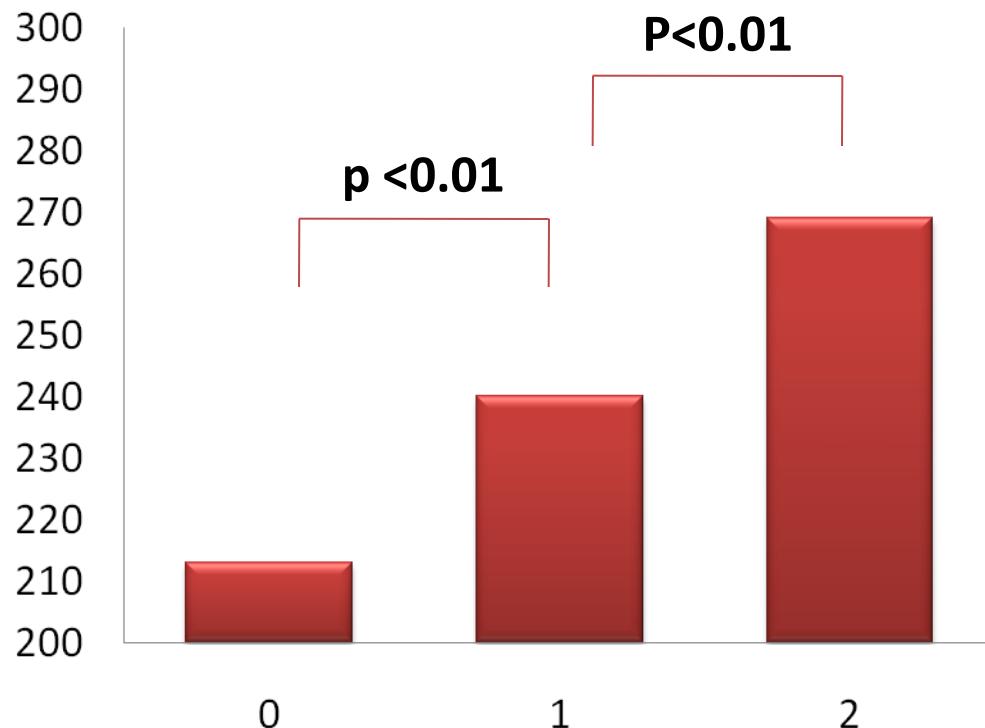
PON1 Q192R

P = 0.249



CYP2C19 LOF alleles : CROSS VERIFY cohort

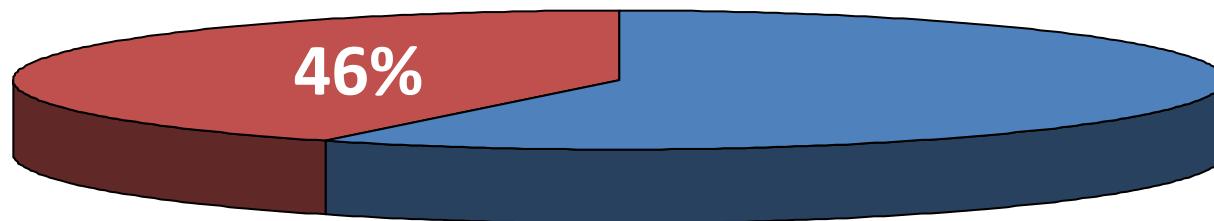
Number of LOF alleles



	Zero (*1/*1)	One (*1/*2, *1/*3)	Two (*2/*2, *2/*3, *3/*3)	p-value
Freq	523	622	134	
PRU	213.4 ± 81.1	240.2 ± 83.3	269.2 ± 76.0	<0.001

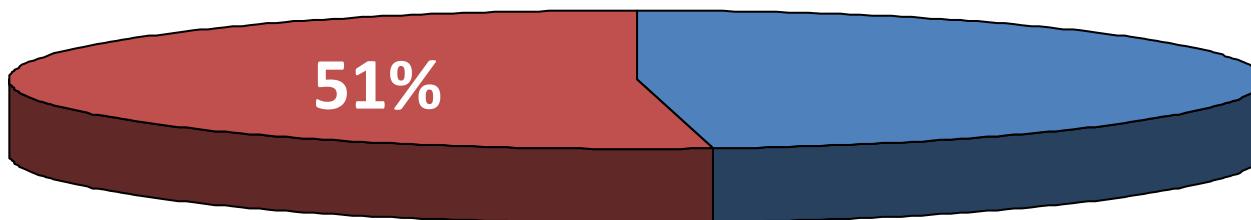
Different CYP2C19 LOF Frequency : according to Asian Ethnicity

Japanese Population



Sawada T et al. Circulation J 2011.

Chinese Population



Zhou Q et al. Pharmacogenomics J 2009



Association of cytochrome P450 2C19*2 polymorphism with clopidogrel response variability and cardiovascular events in Koreans treated with drug-eluting stents

Il-Young Oh,^{1,2} Kyung Woo Park,¹ Si-Hyuk Kang,¹ Jin Joo Park,¹ Sang-Hoon Na,¹ Hyun-Jae Kang,¹ Bon-Kwon Koo,¹ Young-Hoon Jeong,³ Jin-Yong Hwang,³ Choong Hwan Kwak,³ Yongwhi Park,³ Seok-Jae Hwang,³ Young-Guk Ko,⁴ Dong Jik Shin,⁴ Yangsoo Jang,⁴ Hyo-Soo Kim¹

3312 patients enrolled
in the 3 center SKY registry

1166 patients excluded from analysis

- 116 Gene unavailable for CYP2C19 genotyping, or genotyping failed
- 494 PCI without DES implantation
- 556 Use of additional antiplatelet agents

2146 patients
included in the final analysis

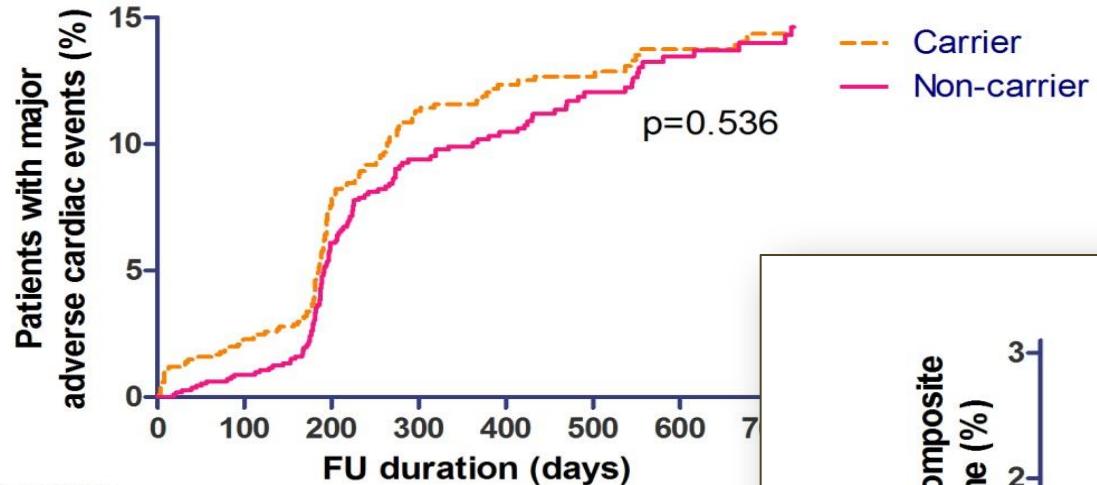
Table 3 Independent predictors of composite hard outcome up to 1 year

Variable	Univariate HR (95% CI)	p Value	Adjusted HR (95% CI)	p Value
Carrier of CYP2C19*2 variant (carrier vs non-carrier)	2.61 (1.24 to 5.48)	0.01	2.53 (1.20 to 5.32)	0.01
Dyslipidaemia (dyslipidaemia vs non-dyslipidaemia)	2.69 (1.28 to 5.66)	<0.01	2.50 (1.16 to 5.39)	0.02
Chronic kidney disease (GFR <60 vs ≥60)	2.07 (1.02 to 4.21)	0.04	2.45 (1.15 to 5.22)	0.02
Smoking (current smoker vs non-smoker)	1.53 (0.74 to 3.16)	0.25	1.69 (0.81 to 3.54)	0.16
Diabetes (diabetes vs non-diabetes)	1.37 (0.67 to 2.78)	0.39	1.07 (0.51 to 2.24)	0.85
Use of proton-pump inhibitor (yes vs no)	1.40 (0.34 to 5.87)	0.64	1.18 (0.28 to 4.05)	0.82
Hypertension (hypertensive vs normotensive)	1.18 (0.58 to 2.39)	0.65	0.86 (0.41 to 1.83)	0.70
Old age (age ≥65 vs <65)	0.74 (0.35 to 1.56)	0.43	0.66 (0.30 to 1.44)	0.30
Long length of DES (sum of DES length ≥60 vs <60)	1.11 (0.48 to 2.57)	0.80	1.02 (0.81 to 3.54)	0.97

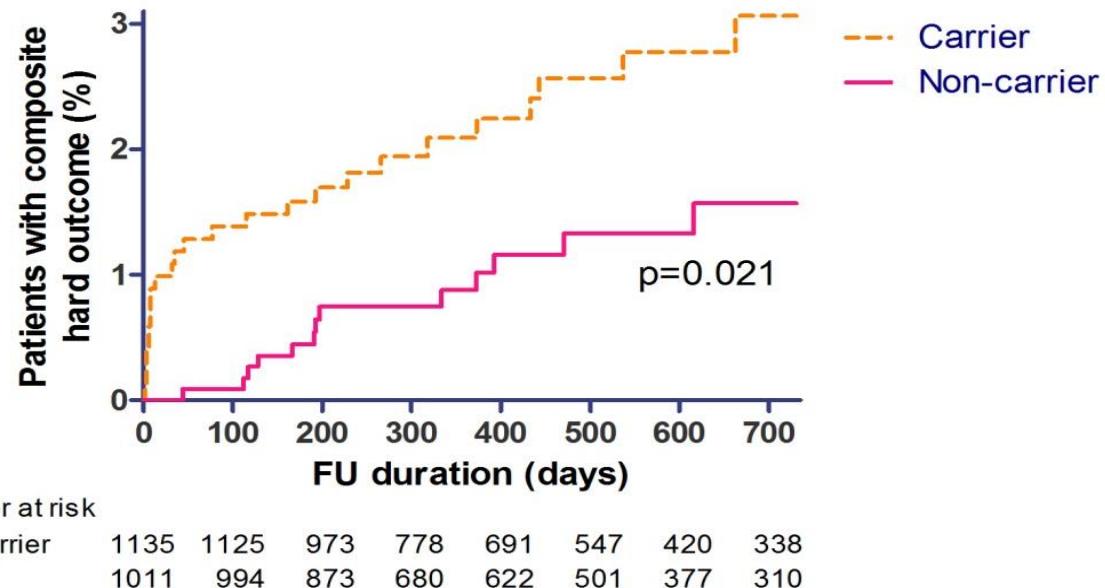
HR were adjusted for age, hypertension, diabetes, dyslipidaemia, smoking, chronic kidney disease, sum of length of DES, carrier of CYP2C19*2. DES, drug-eluting stent; GFR, glomerular filtration rate.



Association of genotype with only hard outcomes (SKY registry)



**Hard outcome
(CD, MI, and ST)**



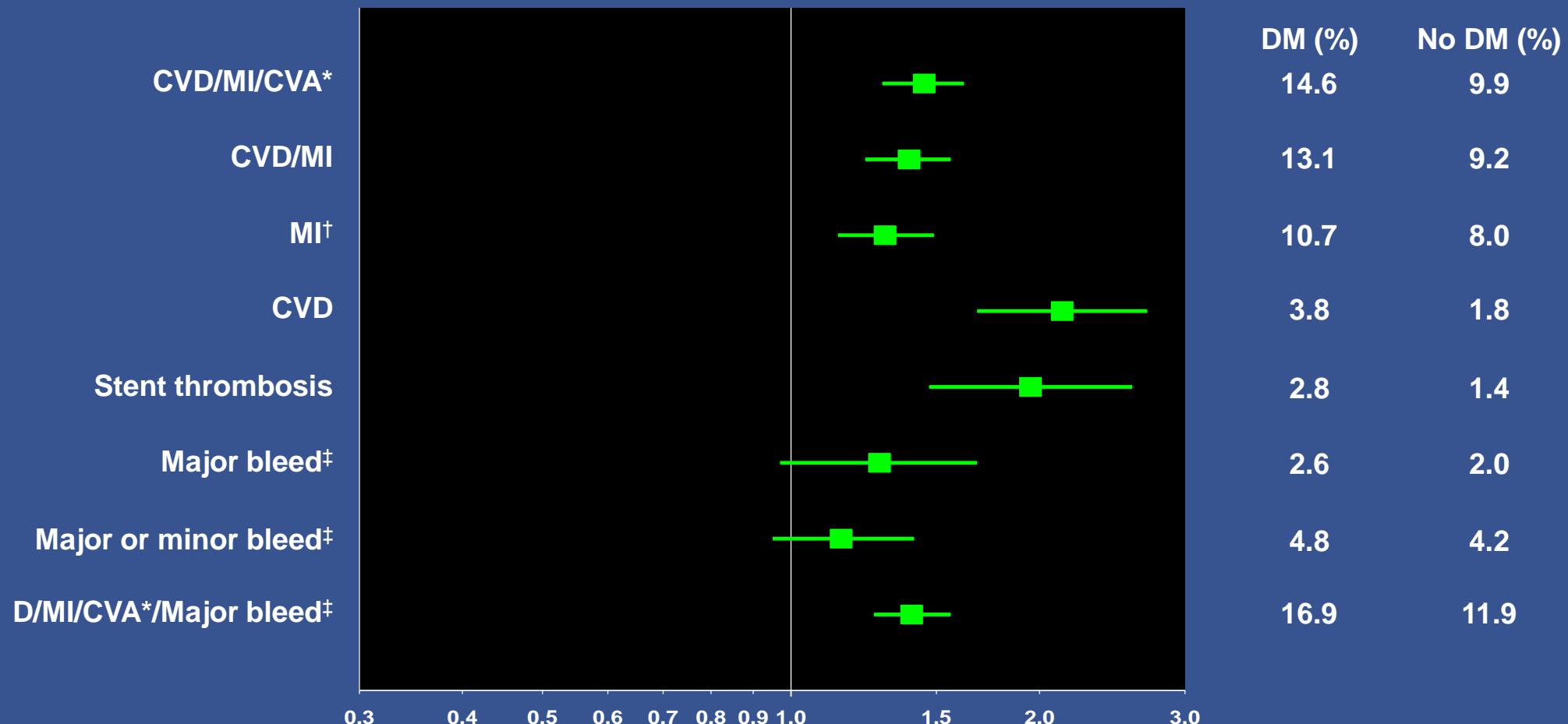
**All MACE
(including revascularization)**

Why do we need newer agents?

- 1. Wide variability in Clopidogrel response**
 - a. genetic variation
 - b. possible drug interactions (Cytochrome enzymes): PPIs, lipophilic statins, CCBs etc
- 2. Unmet needs in thrombosis**
- 3. Patients awaiting surgery : reversible agents**



Results – Clinical Events by DM Status (DM vs. No DM)



CVD, cardiovascular death; MI, myocardial infarction;

CVA, cerebrovascular accident; D, death; DM, diabetes mellitus

*The composite of cardiovascular death, nonfatal MI, or nonfatal stroke

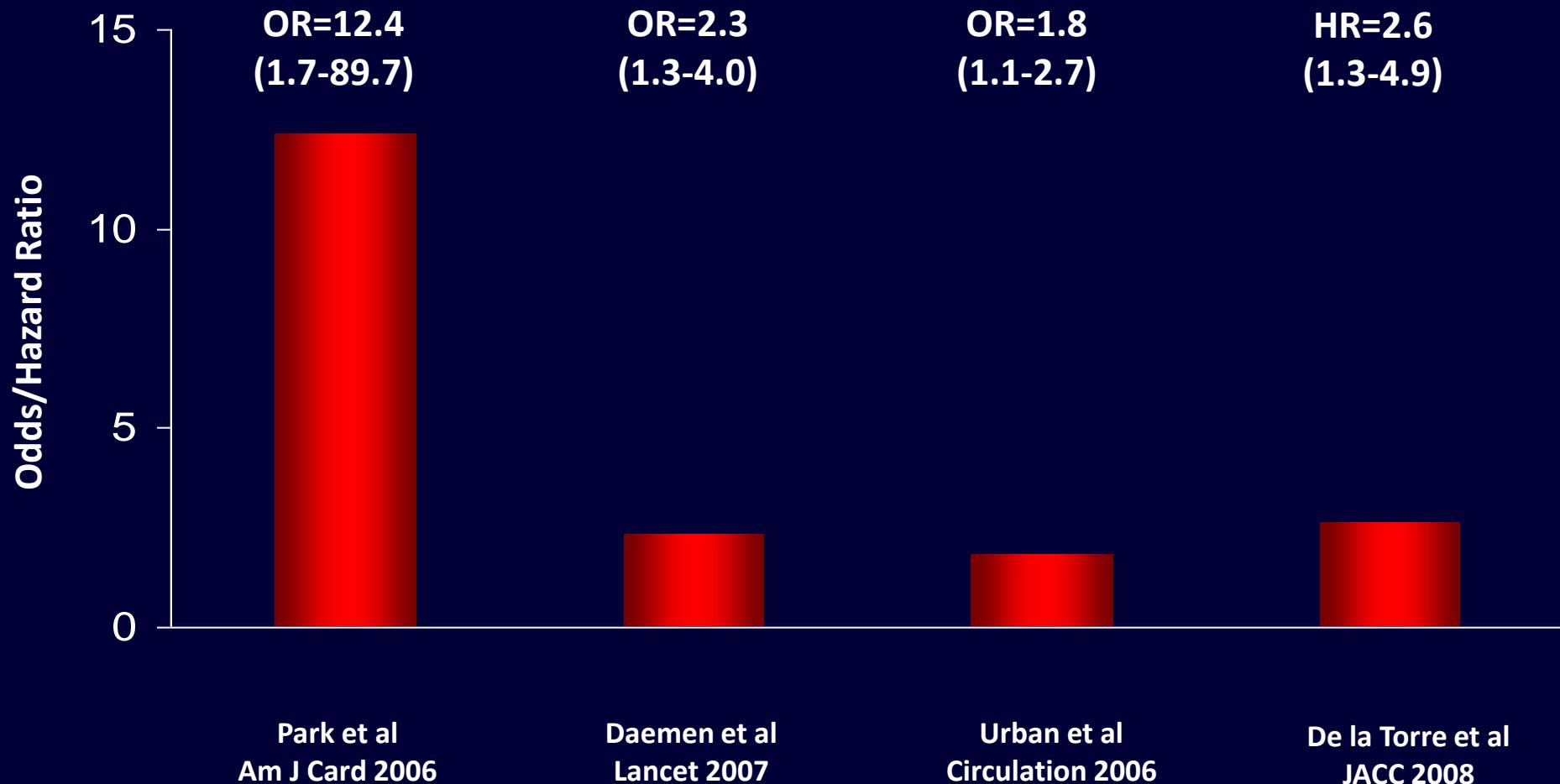
†Any MI (fatal or nonfatal)

‡Not related to CABG

Hazard Ratio

Data from Wiviott SD, et al. *Circulation*. 2008;118(16):1626-1636

ACS as Predictor of Stent Thrombosis

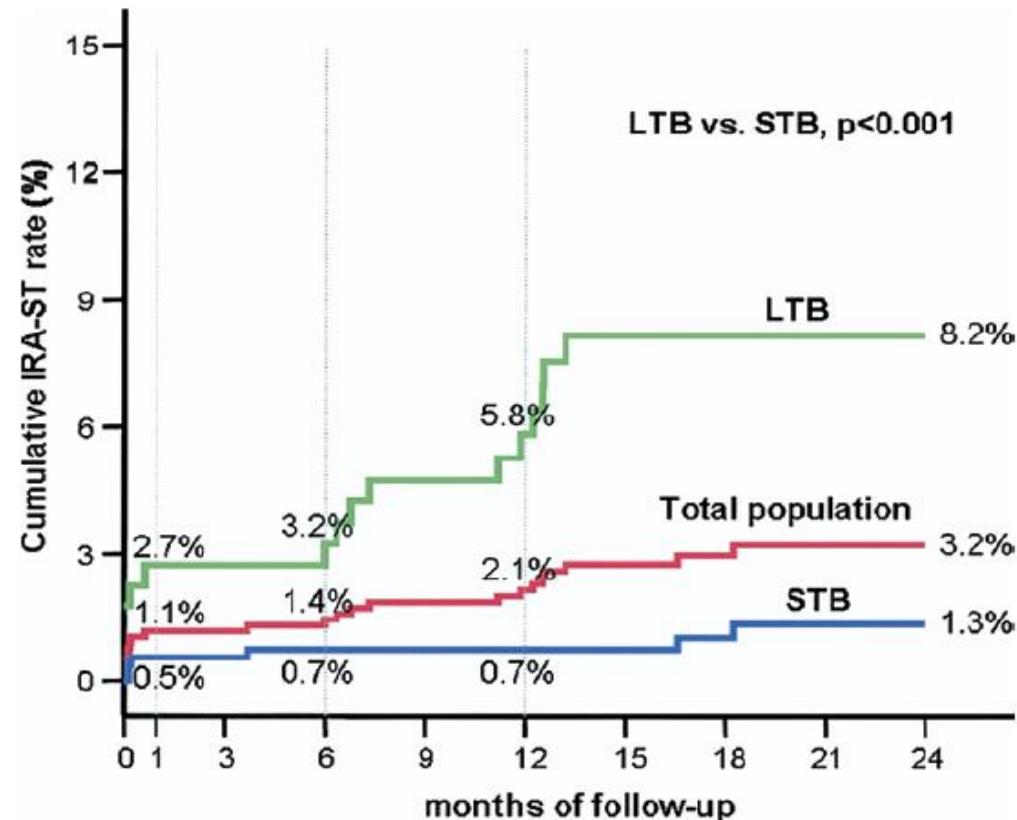


Impact of Thrombus Burden on Risk of Stent Thrombosis With DES in Patients With STEMI

Sianos G et al. *J Am Coll Cardiol* 2007;50:573-83

Independent Predictors of ST

Variable	Hazard Ratio	95% CI
Age	0.6	0.4-0.8
Index ST	6.2	2.1-18.9
Bifurcation	4.1	1.6-10.0
Thrombectomy	0.1	0.01-0.8
Large thrombus	8.7	3.4-22.5

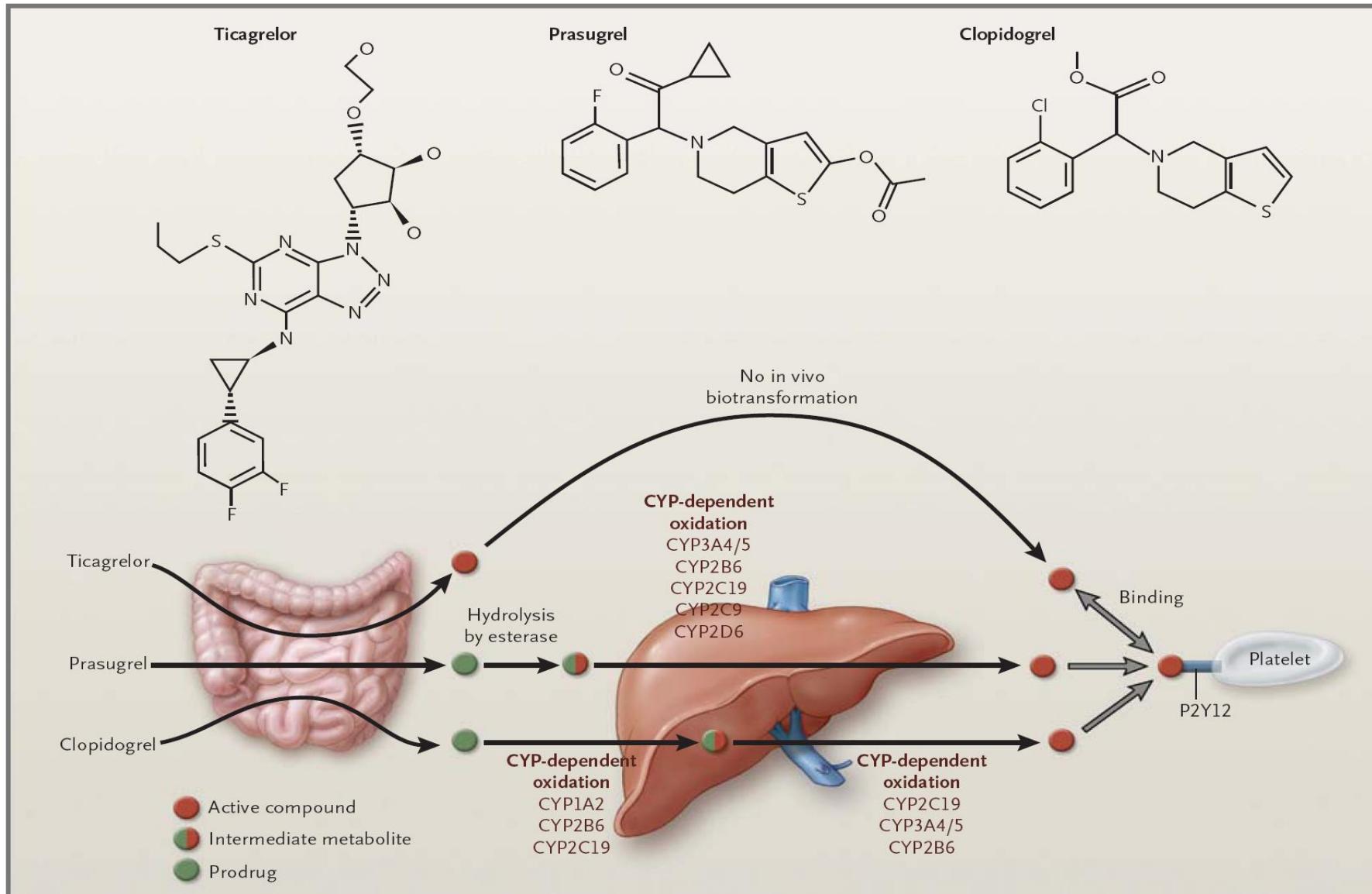


So, what are the new agents with better efficacy?



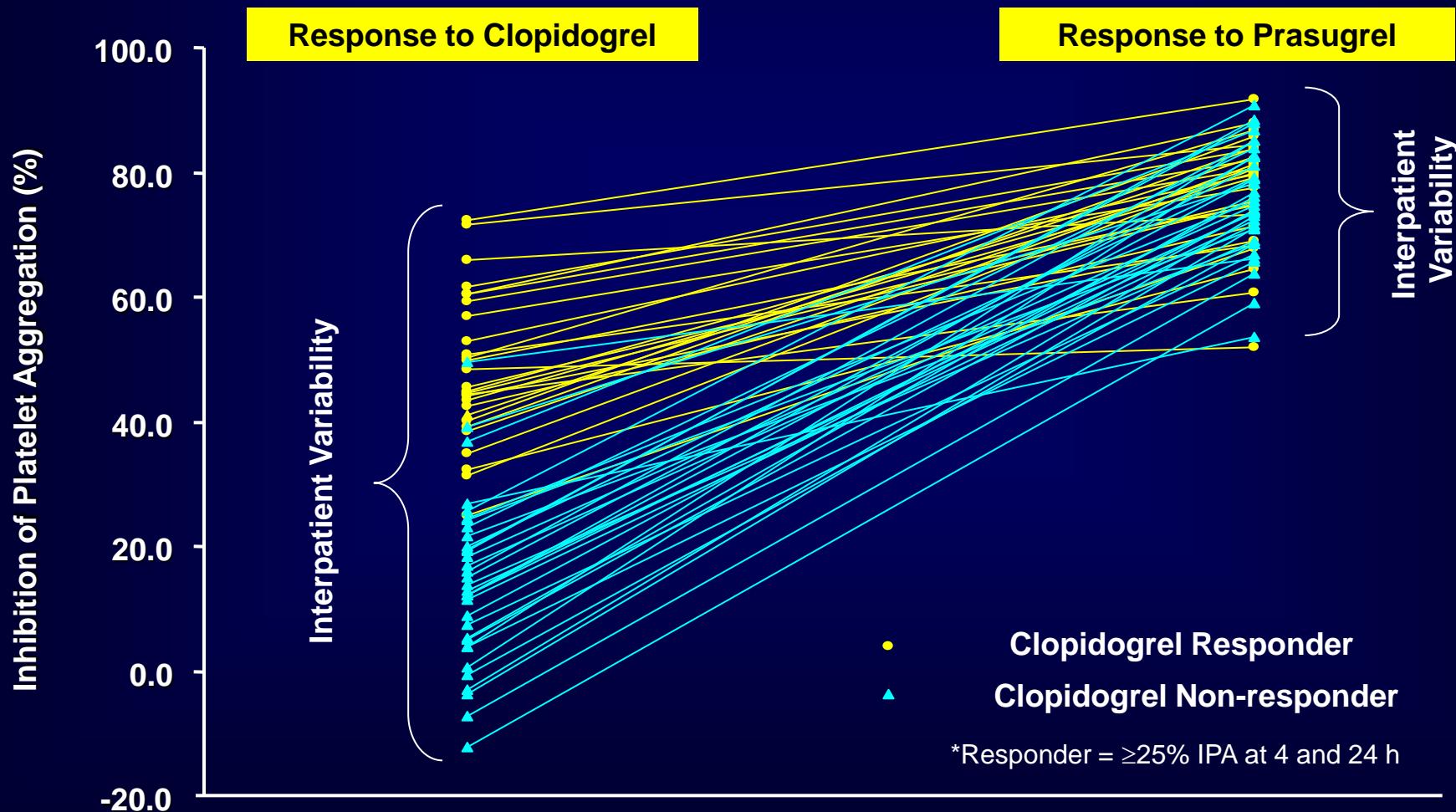
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P2Y12 Receptor Antagonists



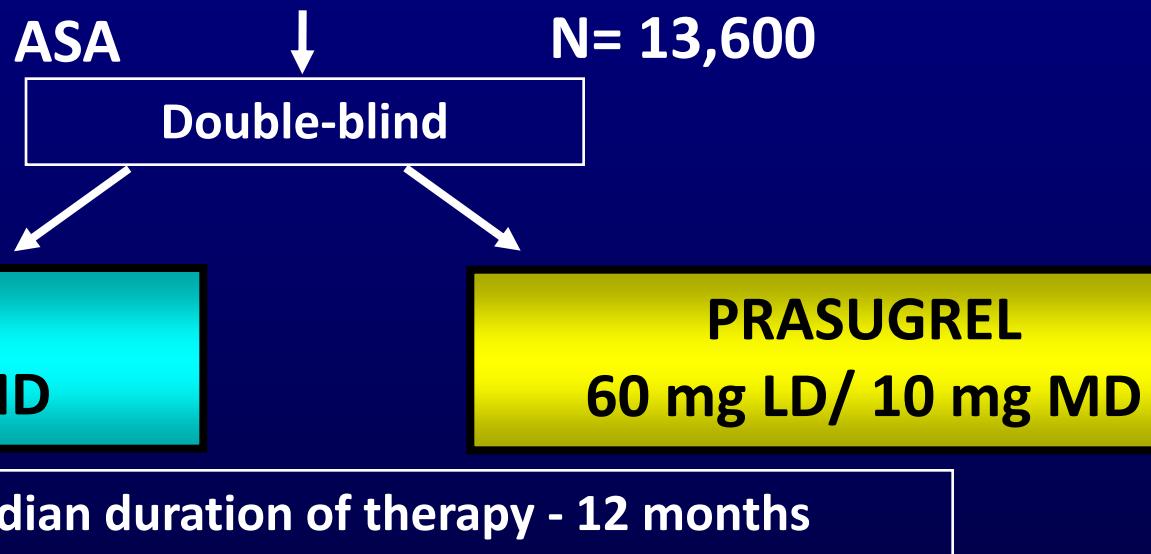
Inhibition of Platelet Aggregation: Clopidogrel and Prasugrel

Healthy Volunteers at 24 Hours, N=68



Study Design

ACS (STEMI or UA/NSTEMI) & Planned PCI



1° endpoint: CV death, MI, Stroke

2° endpoints: CV death, MI, Stroke, Rehosp-Rec Isch

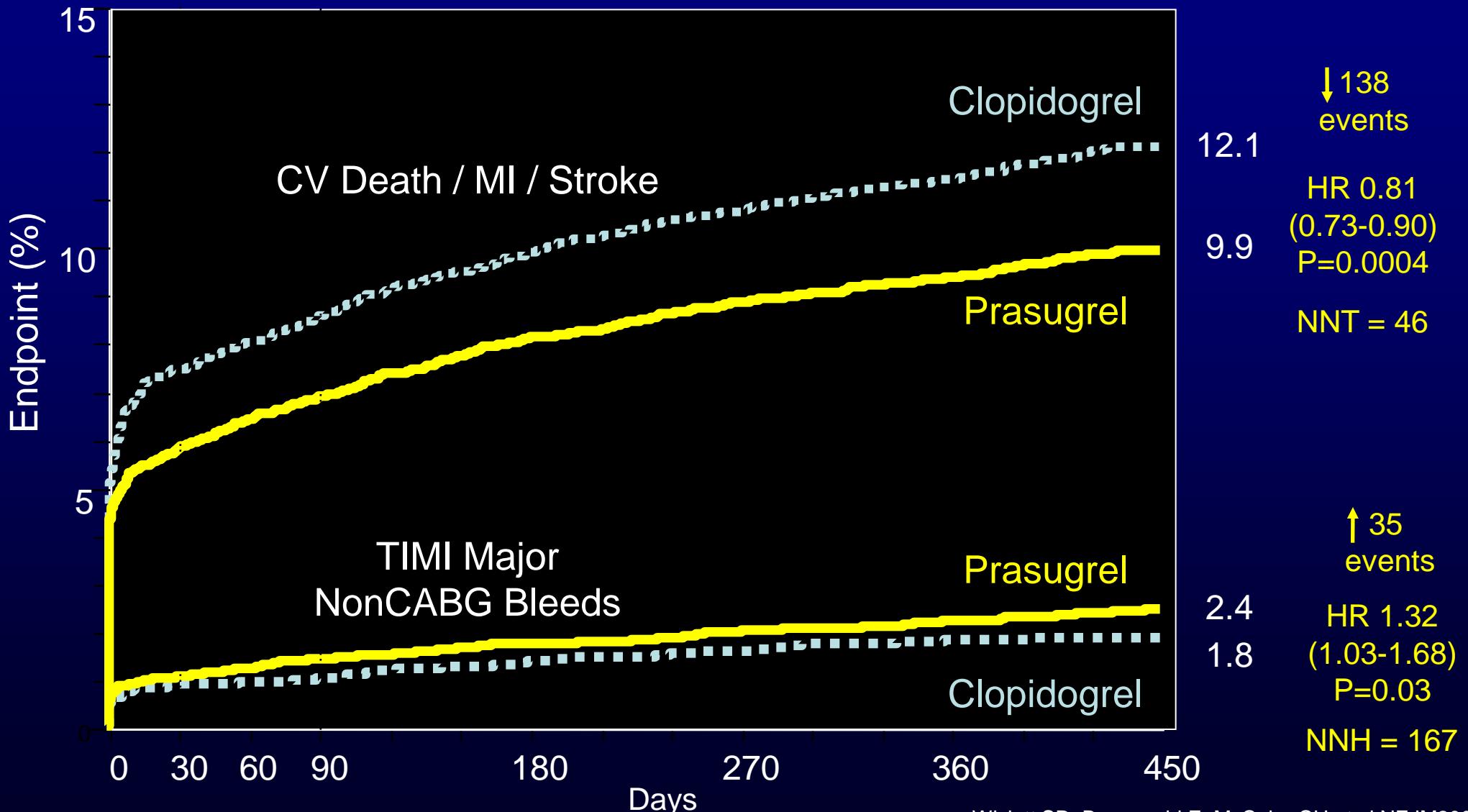
CV death, MI, UTVR

Stent Thrombosis (ARC definite/prob.)

Safety endpoints: TIMI major bleeds, Life-threatening bleeds

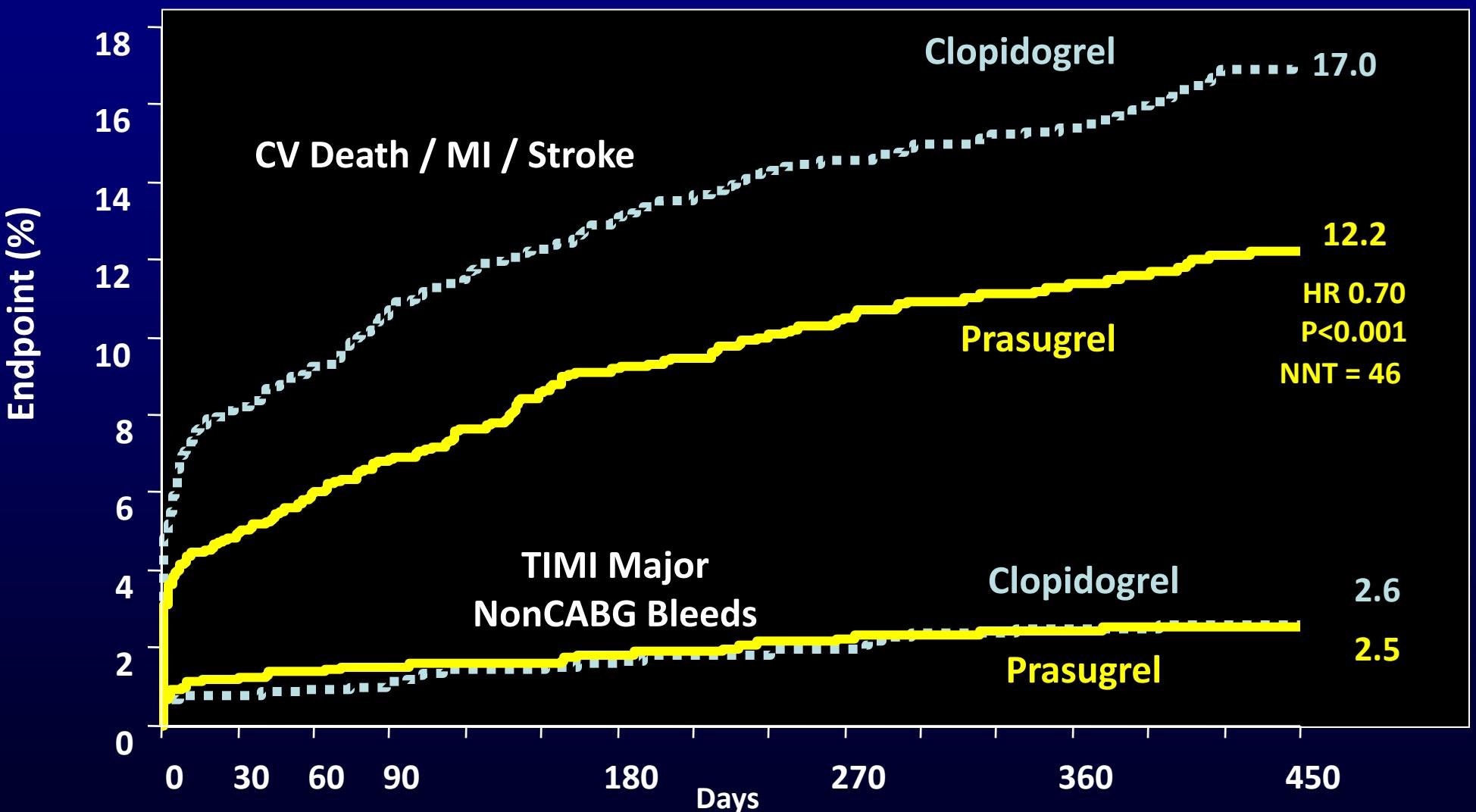


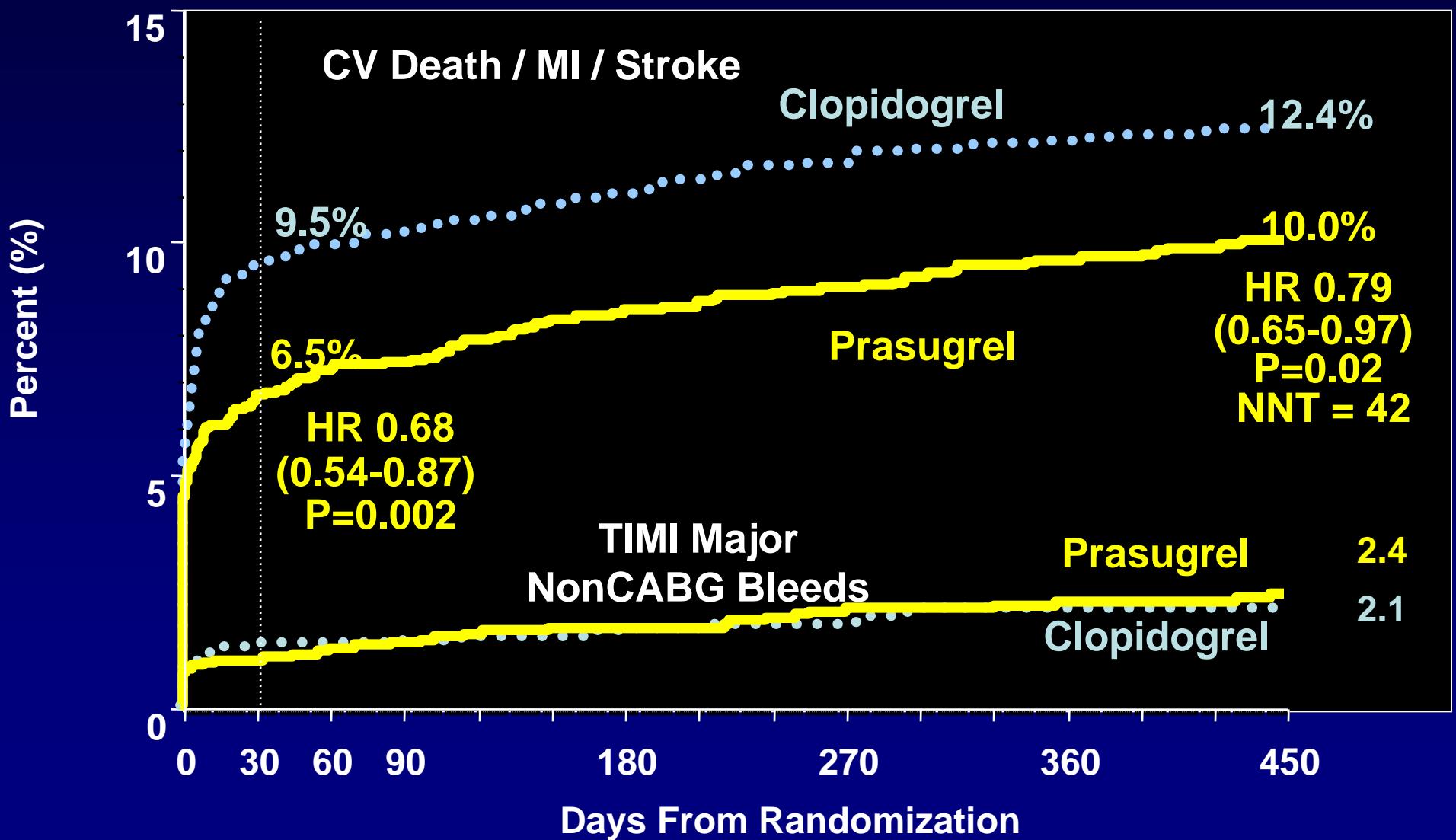
Balance of Efficacy and Safety



Diabetic Subgroup

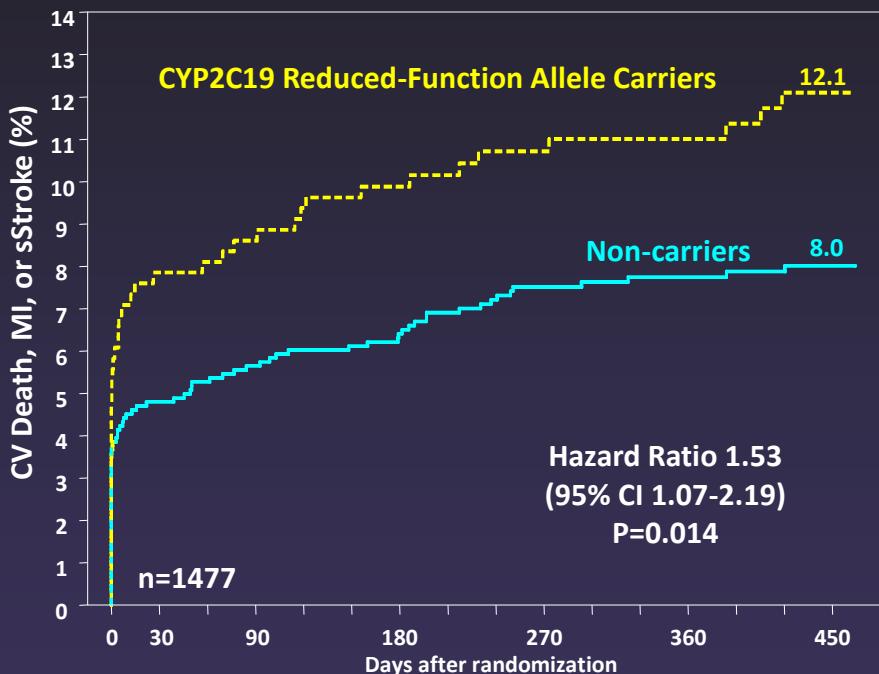
N=3146



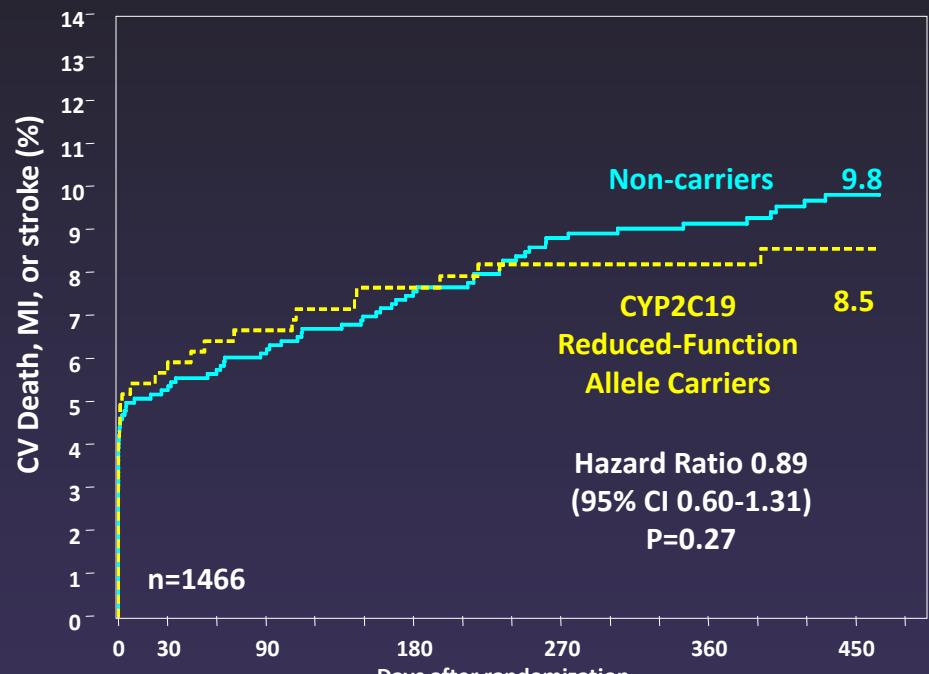


CYP2C19 and CVD, MI, or Stroke

Clopidogrel

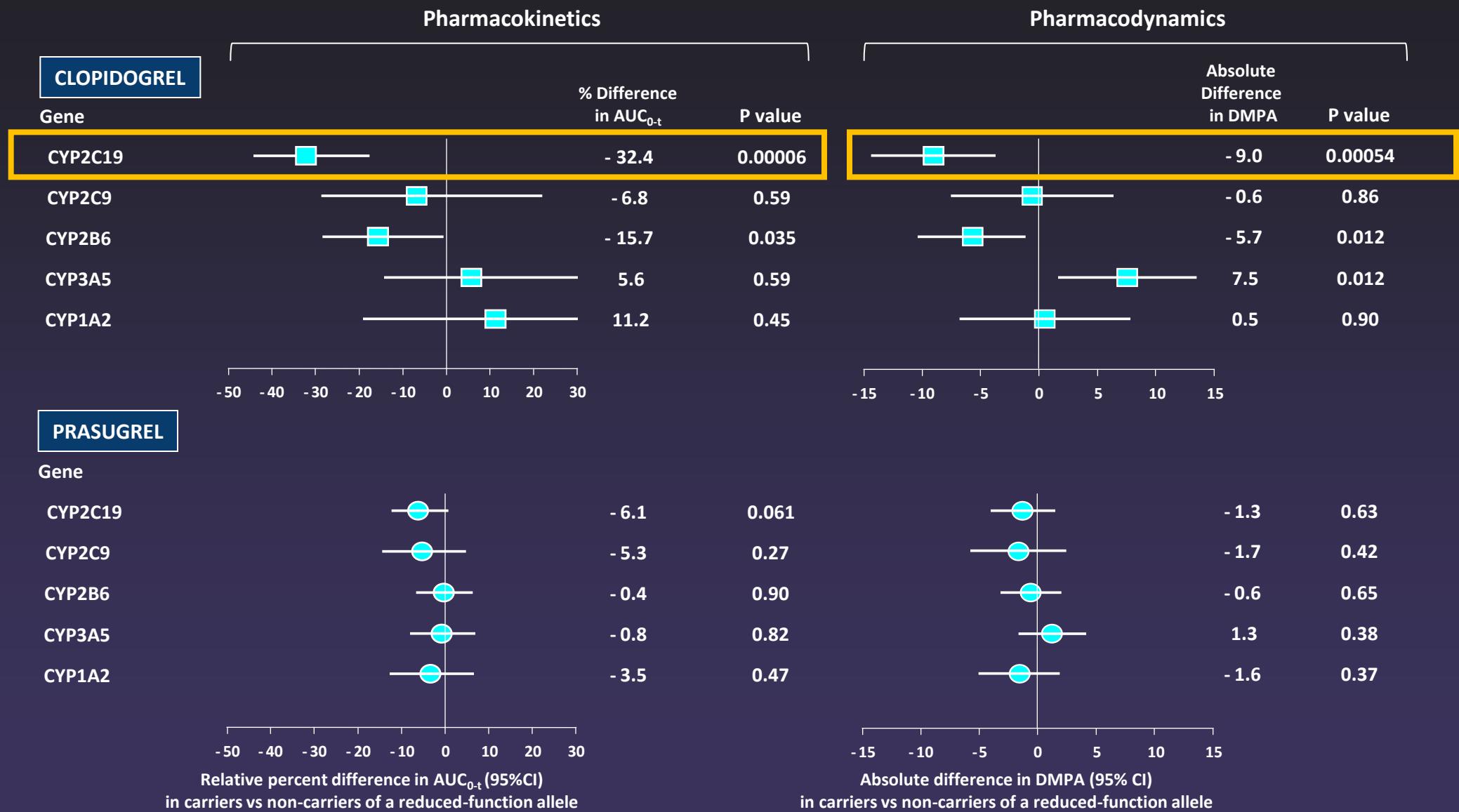


Prasugrel

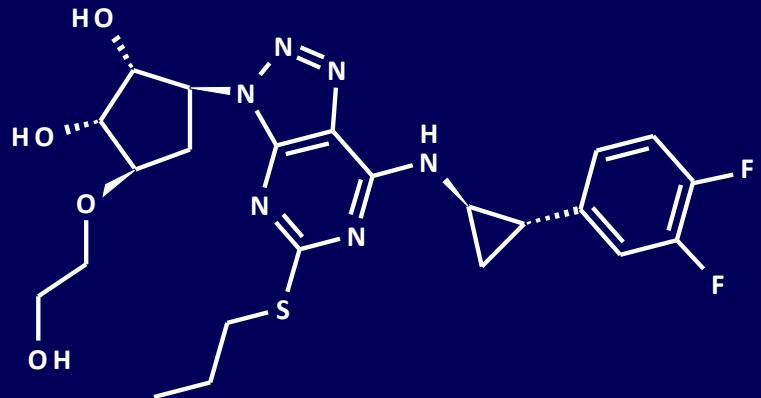


* Carriers ~30% of the population

Genetic Effects on PK/PD



Ticagrelor (AZD 6140): an oral reversible P2Y₁₂ antagonist

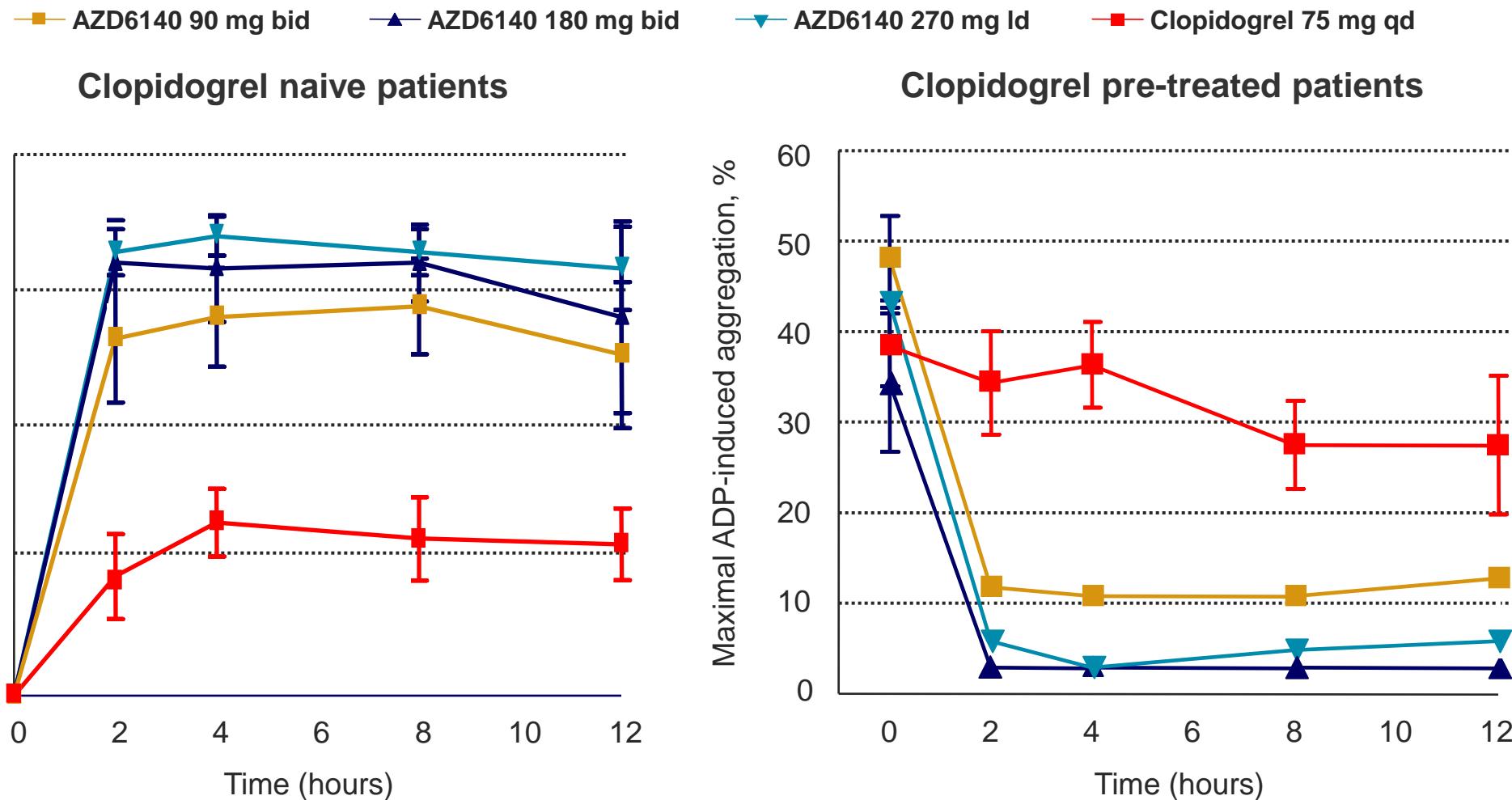


Ticagrelor is a cyclo-pentyl-triazolo-pyrimidine (CPTP)

- Direct acting
 - Not a prodrug; does not require metabolic activation
 - Rapid onset of inhibitory effect on the P2Y₁₂ receptor
 - Greater inhibition of platelet aggregation than clopidogrel
- Reversibly bound
 - Degree of inhibition reflects plasma concentration
 - Faster offset of effect than clopidogrel
 - Functional recovery of all circulating platelets

DISPERSE2 platelet function substudy: more rapid, greater and more consistent IPA with ticagrelor

PLATO



IPA = inhibition of platelet aggregation; Id = loading dose
Storey R et al. J Am Coll Cardiol. 2007;50:1852–1860

Study design

NSTE-ACS (moderate-to-high risk) STEMI (if primary PCI)
Clopidogrel-treated or -naive;
randomised within 24 hours of index event
(N=18,624)

Clopidogrel

If pre-treated, no additional loading dose;
if naive, standard 300 mg loading dose,
then 75 mg qd maintenance;
(additional 300 mg allowed pre PCI)

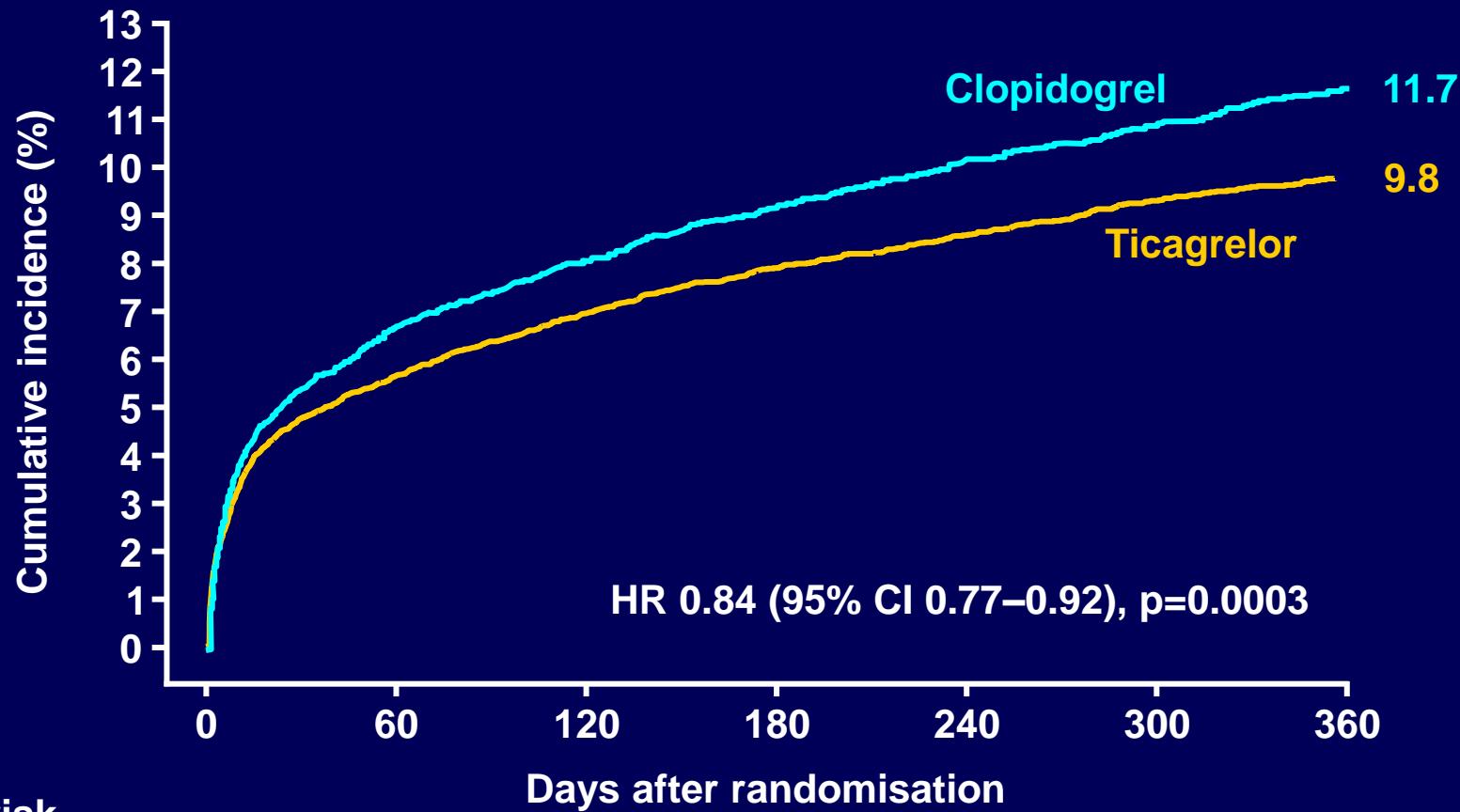
Ticagrelor

180 mg loading dose, then
90 mg bid maintenance;
(additional 90 mg pre-PCI)

6–12-month exposure

Primary endpoint: CV death + MI + Stroke
Primary safety endpoint: Total major bleeding

Primary efficacy event (composite of CV death, MI or stroke)



No. at risk

Ticagrelor	9,333	8,628	8,460	8,219	6,743	5,161	4,147
Clopidogrel	9,291	8,521	8,362	8,124	6,743	5,096	4,047

Hierarchical testing major efficacy endpoints



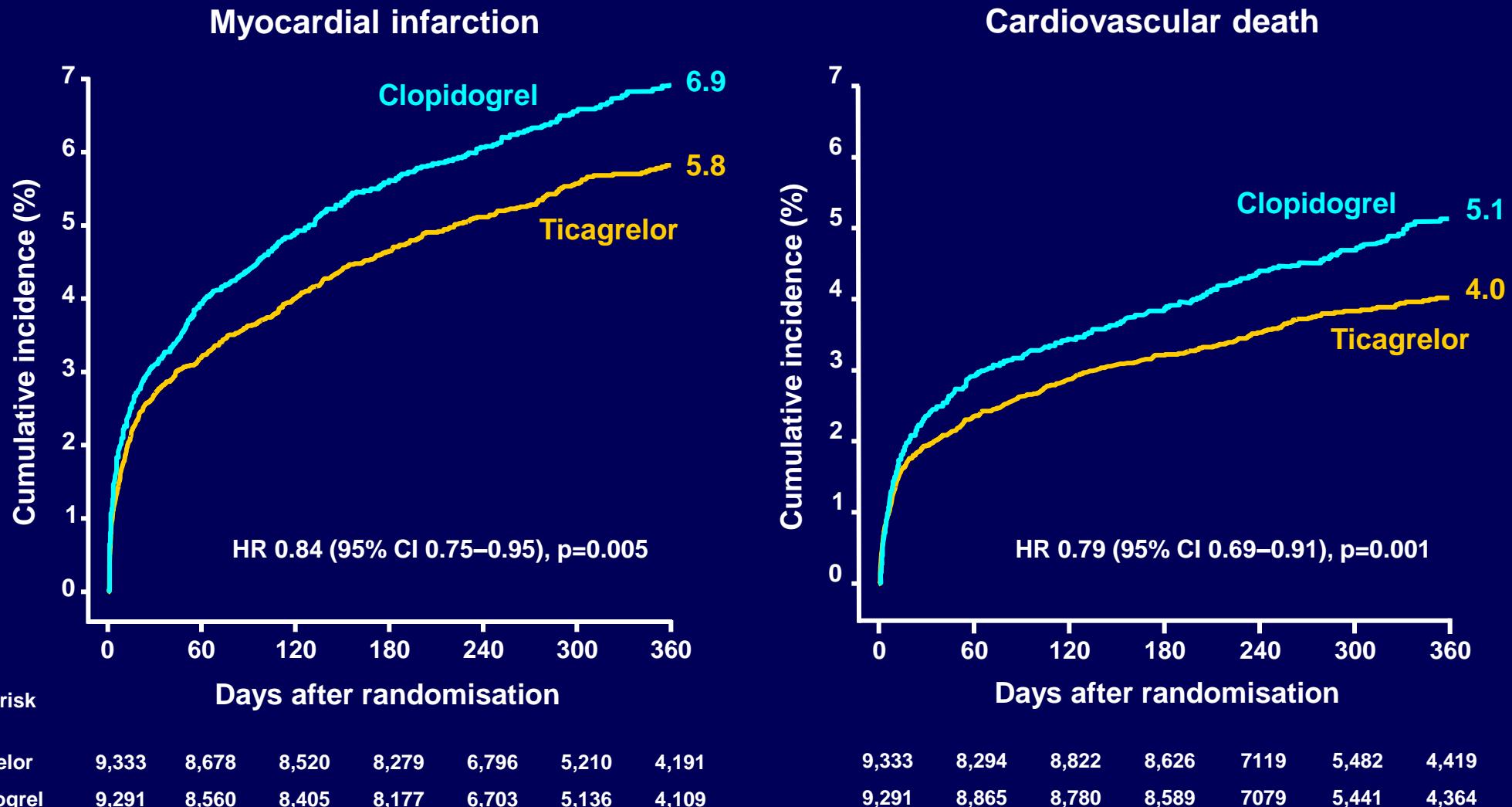
All patients*	Ticagrelor (n=9,333)	Clopidogrel (n=9,291)	HR for (95% CI)	p value†
Primary objective, n (%)				
CV death + MI + stroke	864 (9.8)	1,014 (11.7)	0.84 (0.77–0.92)	<0.001
Secondary objectives, n (%)				
Total death + MI + stroke	901 (10.2)	1,065 (12.3)	0.84 (0.77–0.92)	<0.001
CV death + MI + stroke + ischaemia + TIA + arterial thrombotic events	1,290 (14.6)	1,456 (16.7)	0.88 (0.81–0.95)	<0.001
Myocardial infarction	504 (5.8)	593 (6.9)	0.84 (0.75–0.95)	0.005
CV death	353 (4.0)	442 (5.1)	0.79 (0.69–0.91)	0.001
Stroke	125 (1.5)	106 (1.3)	1.17 (0.91–1.52)	0.22
Total death	399 (4.5)	506 (5.9)	0.78 (0.69–0.89)	<0.001

The percentages are K-M estimates of the rate of the endpoint at 12 months.

Adapted from Wallentin L, et al. *N Engl J Med.* 2009;361:1045-1057.

Secondary efficacy endpoints over time

PLATO

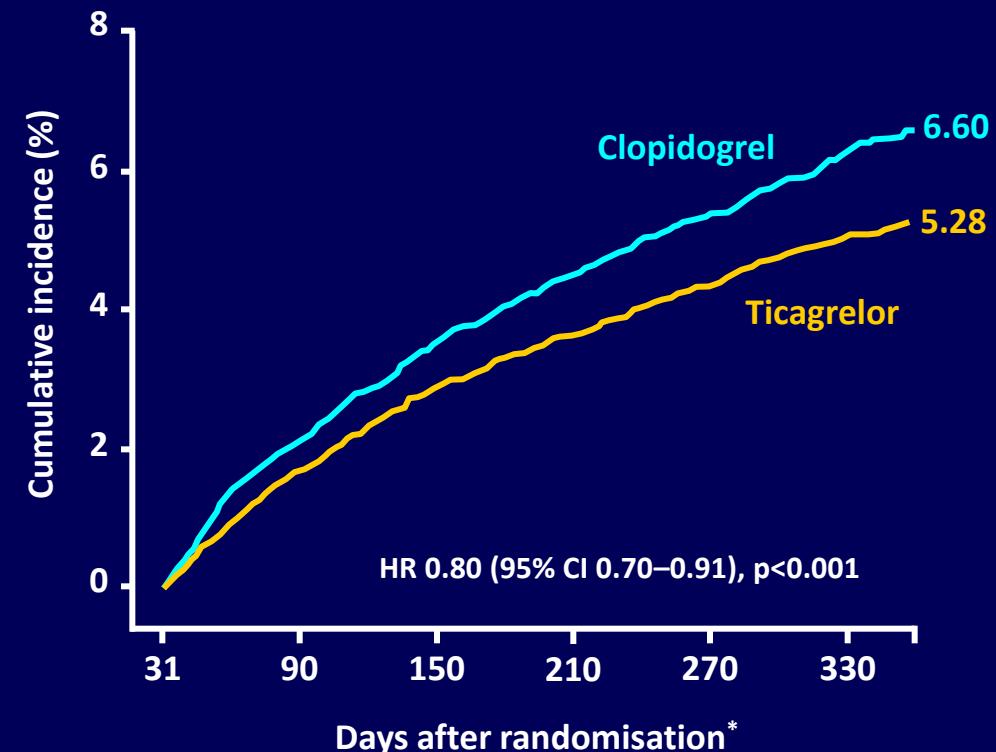
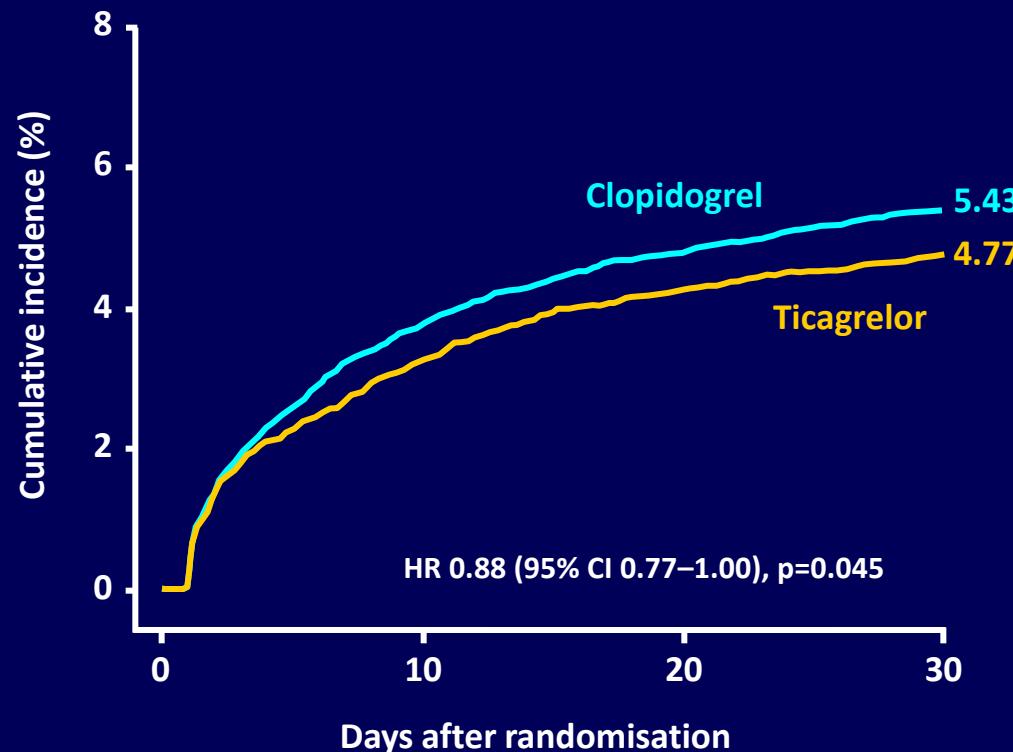


Adapted from Wallentin L, et al. *N Engl J Med.* 2009;361:1045-1057.

Primary efficacy endpoint (landmark analysis)

PLATO

(composite of CV death, MI or stroke)



No. at risk

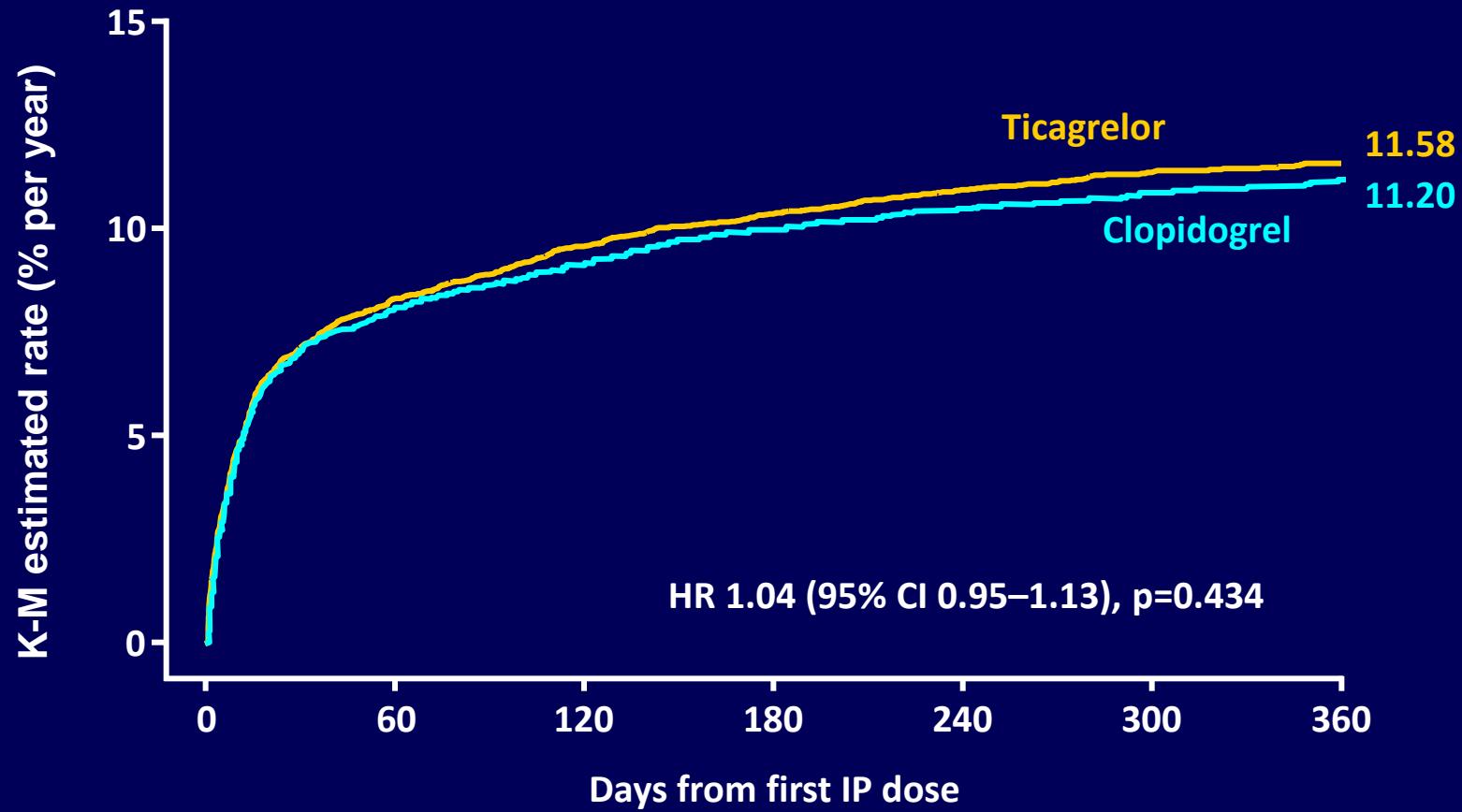
Ticagrelor	9,333	8,942	8,827	8,763
Clopidogrel	9,291	8,875	8,763	8,688

8,673	8,543	8,397	7,028	6,480	4,822
8,688	8,437	8,286	6,945	6,379	4,751

*Excludes patients with any primary event during the first 30 days

Time to major bleeding

Primary safety event

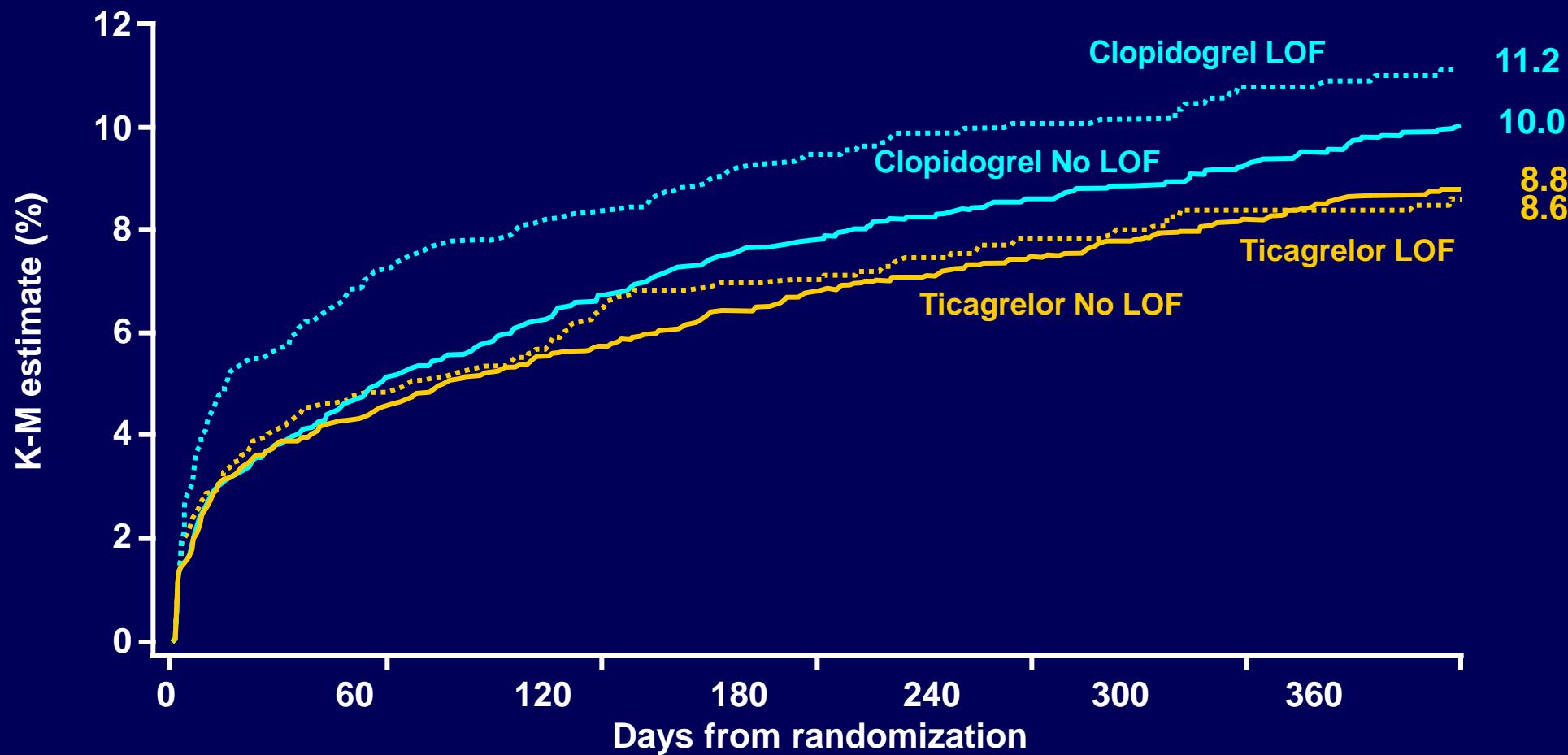


No. at risk

Ticagrelor	9,235	7,246	6,826	6,545	5,129	3,783	3,433
Clopidogrel	9,186	7,305	6,930	6,670	5,209	3,841	3,479

K-M estimate of the primary endpoint in relation to any CYP2C19 LOF allele

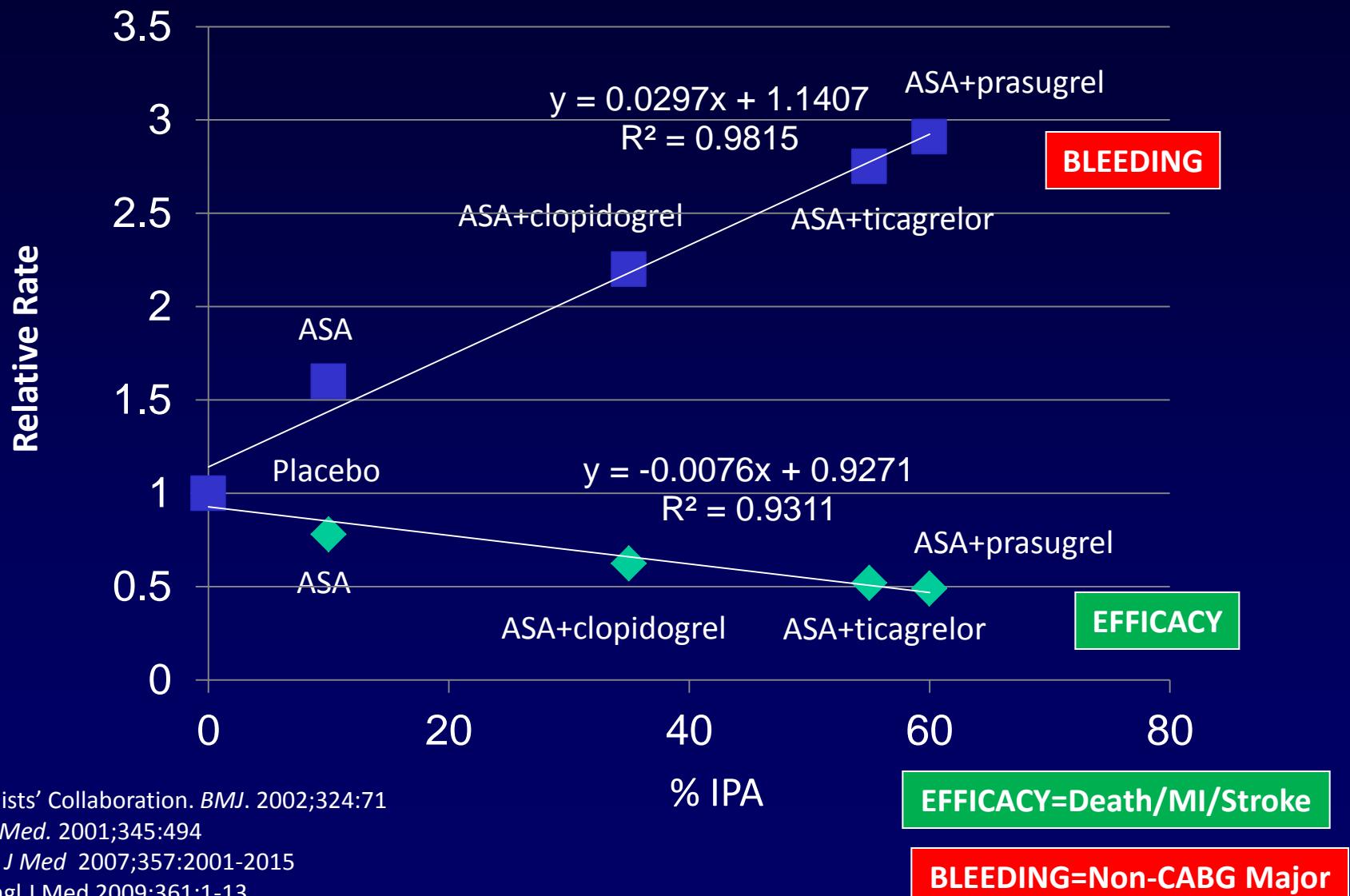
PLATO



No. at risk

	0	60	120	180	240	300	360
Clopidogrel LOF	1,388	1,275	1,259	1,226	1,027	801	658
Clopidogrel No LOF	3,516	3,321	3,256	3,186	2,691	2,123	1,757
Ticagrelor LOF	1,384	1,305	1,274	1,250	1,053	834	683
Ticagrelor No LOF	3,554	3,352	3,301	3,222	2,718	2,127	1,761

Efficacy and Safety Correlated with IPA

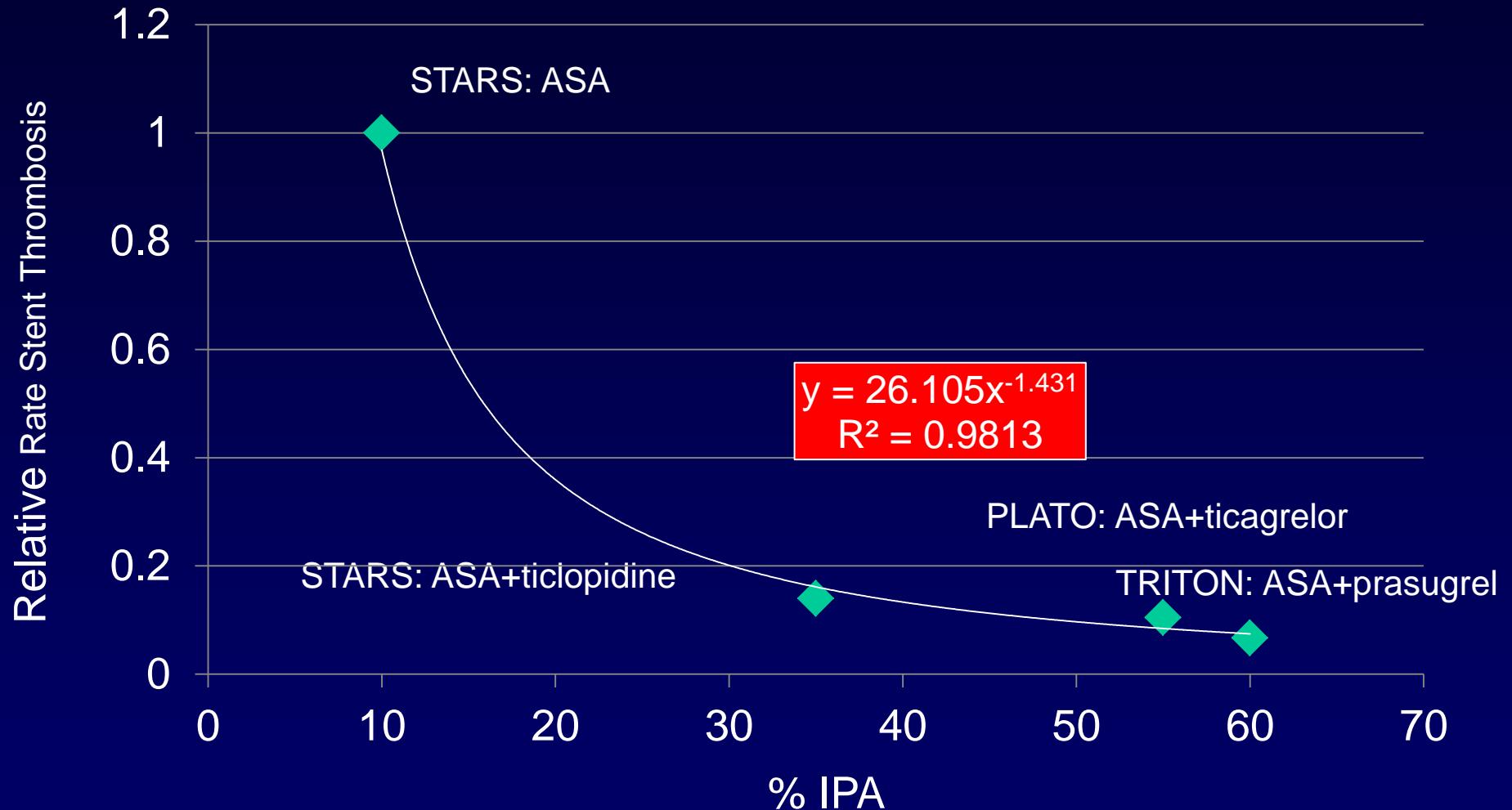


Antithrombotic Trialists' Collaboration. *BMJ*. 2002;324:71
Yusuf et al. *N Engl J Med*. 2001;345:494
Wiviott et al. *N Engl J Med*. 2007;357:2001-2015
Wallentin et al. *N Engl J Med* 2009;361:1-13

EFFICACY=Death/MI/Stroke

BLEEDING=Non-CABG Major

Stent Thrombosis Correlated with IPA

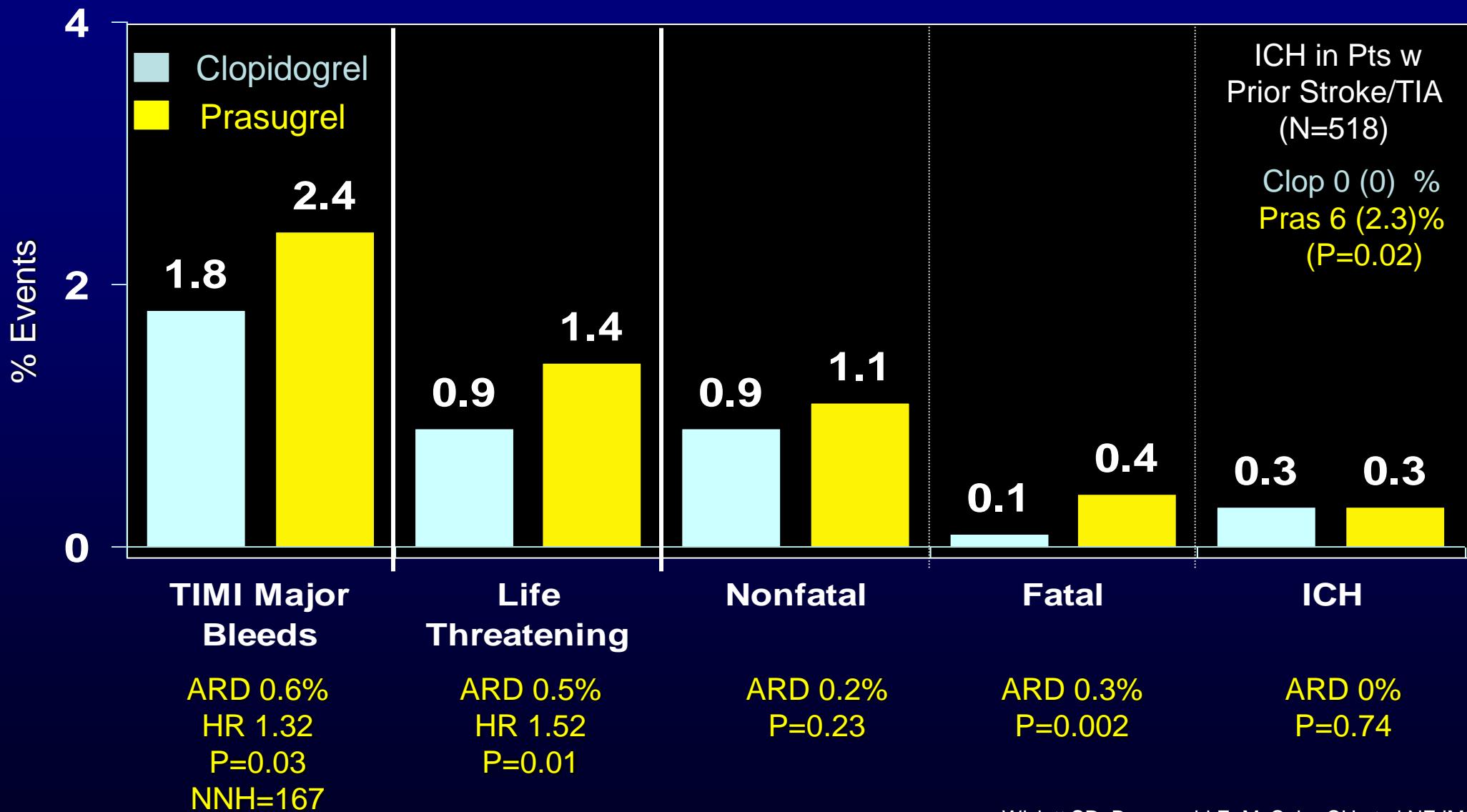


Leon et al. *N Engl J Med* 1998;339:1665-71

Wiviott et al. *N Engl J Med* 2007;357:2001-2015

Wallentin et al. *N Engl J Med* 2009;361:1-13

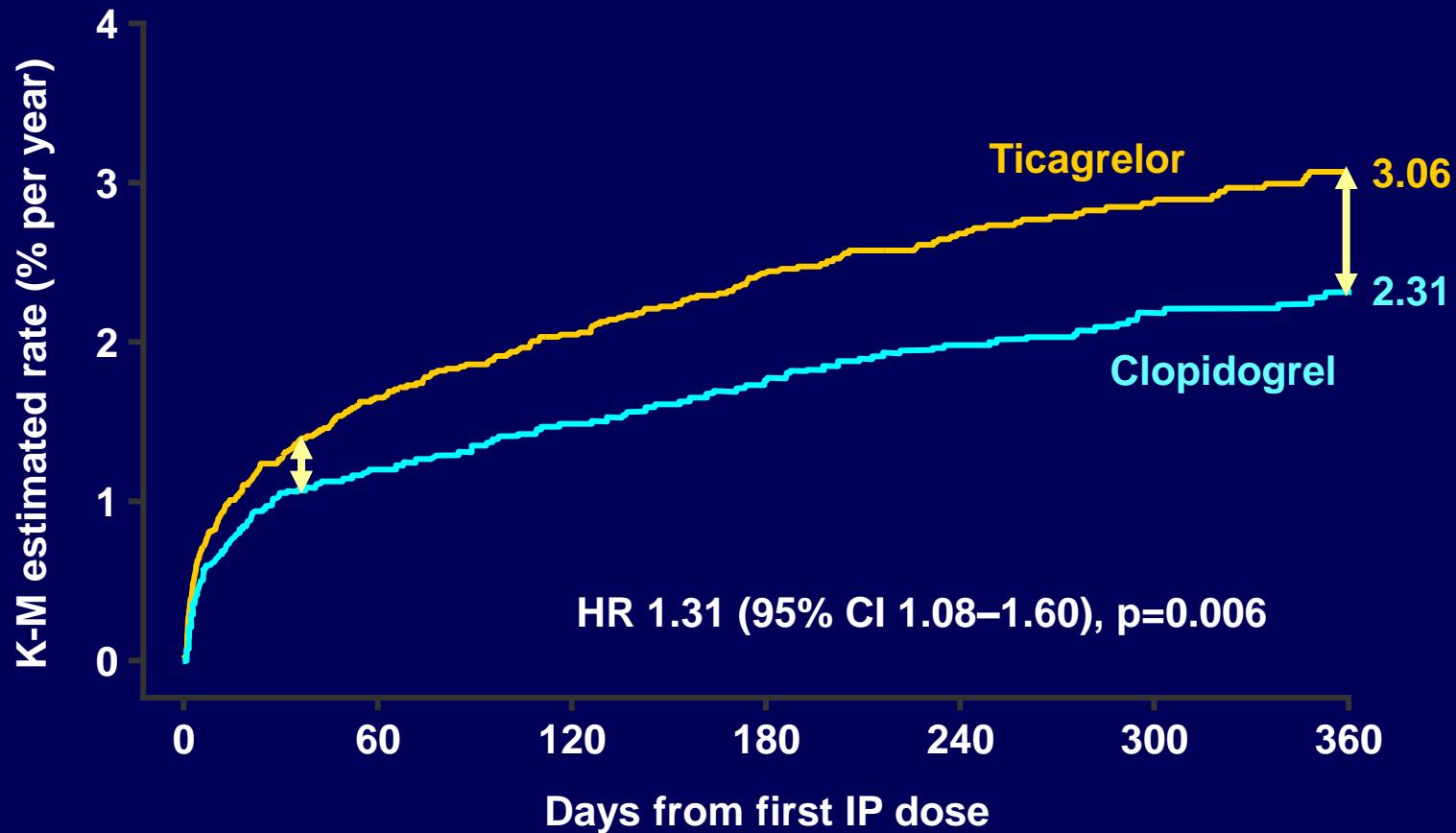
Bleeding Events Safety Cohort (N=13,457)



Time to non-procedure-related PLATO major bleeding

PLATO

Completeness of follow-up 99.97% = five patients lost to follow-up



No. at risk

Ticagrelor	9,235	7,641	7,247	6,979	5,496	4,067	3,698
Clopidogrel	9,186	7,718	7,371	7,134	5,597	4,147	3,764



Seoul National University Hospital Cardiovascular Center

Why do we need newer agents?

1. Wide variability in Clopidogrel response

a. genetic variation

**b. possible drug interactions (Cytochrome enzymes): PPIs,
lipophilic statins, CCBs etc**

2. Unmet needs in thrombosis

3. Patients awaiting surgery : reversible agents



Reversible P2Y₁₂ receptor antagonist

Ticagrelor

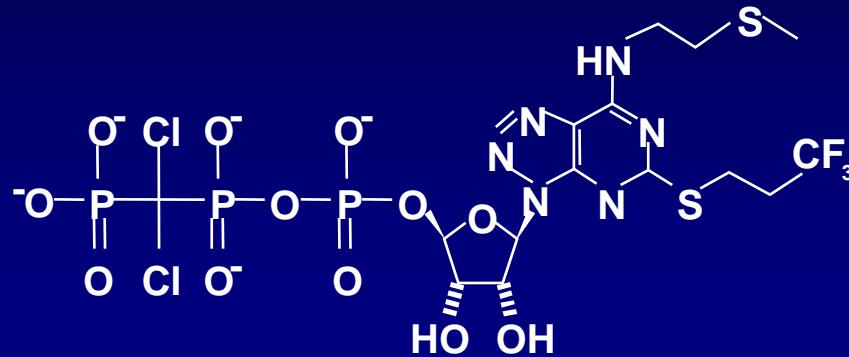
Cangrelor

Elinogrel

Cangrelor (AR-C69931MX)

- Parenteral ADP-P2Y₁₂ receptor antagonist

- ATP analogue



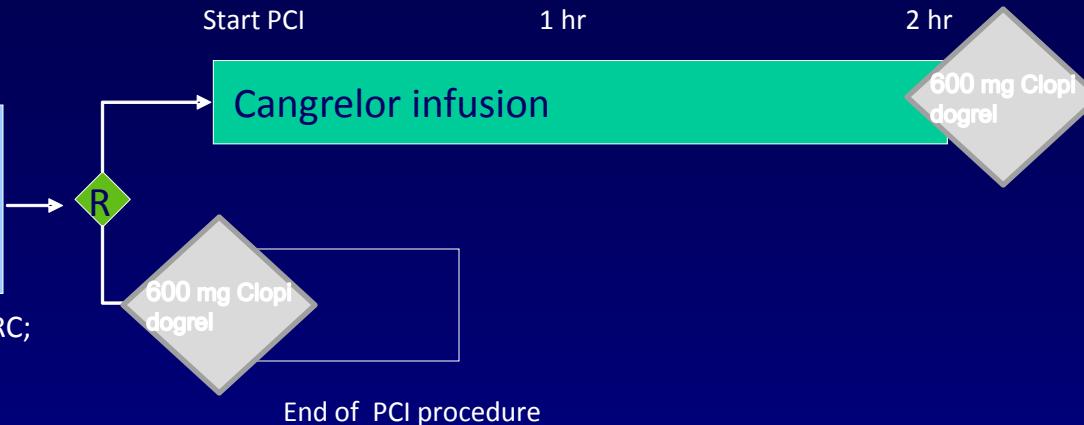
- Direct and Reversible P2Y₁₂ inhibitor
- More potent than clopidogrel ~90% inhibition of platelet aggregation at 1 - 4 mcg/kg/min iv
- Plasma half-life of 5-9 min.; 20 min. for return to normal platelet function

Trial Design: CHAMPION PCI and PLATFORM

CHAMPION PCI

- N = 9000
- SA/UA/NSTEMI/STEMI
- Not Thienopyridine Naive

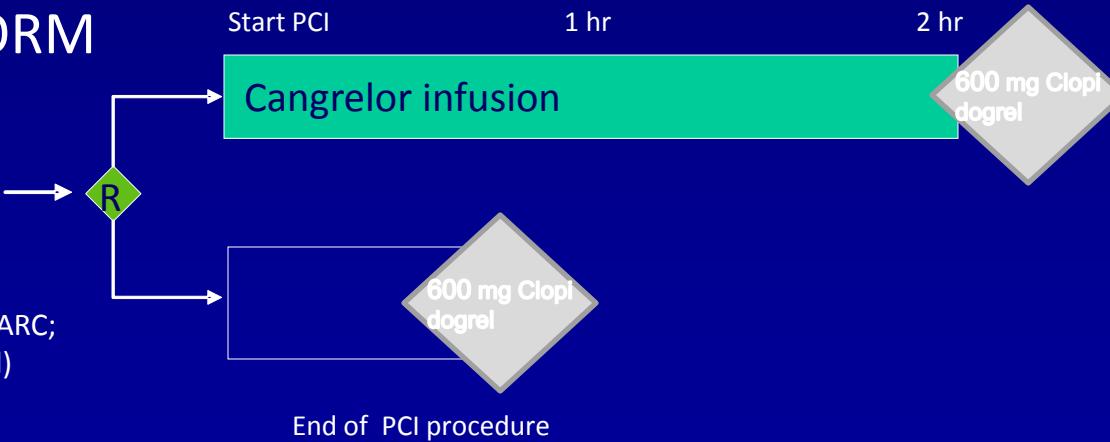
* Enrollment stopped early by IARC;
Actual N=8885 (98% of planned)



CHAMPION PLATFORM

- N = 6400
- SA/UA/NSTEMI
- Thienopyridine Naive

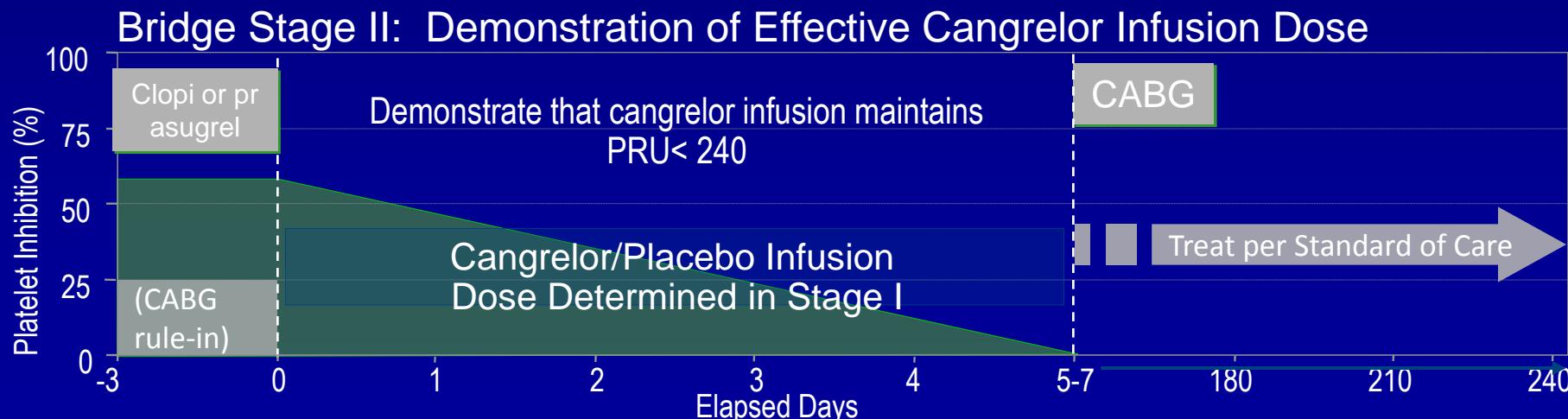
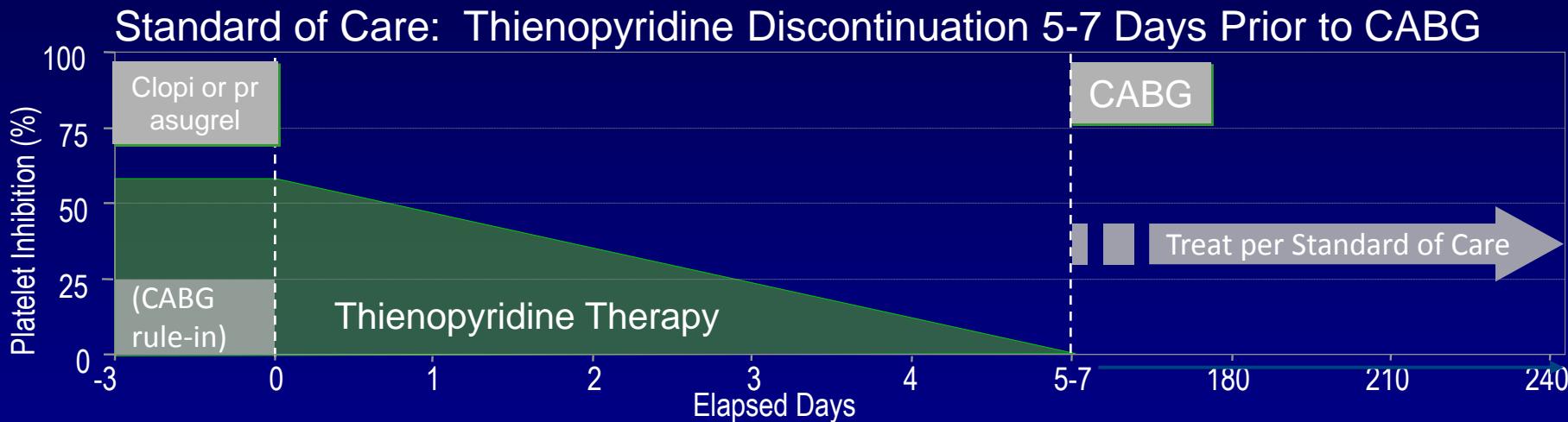
* Enrollment stopped early by IARC;
Actual N=5362 (84% of planned)



Screening Randomization

Drug Infusion Follow -up

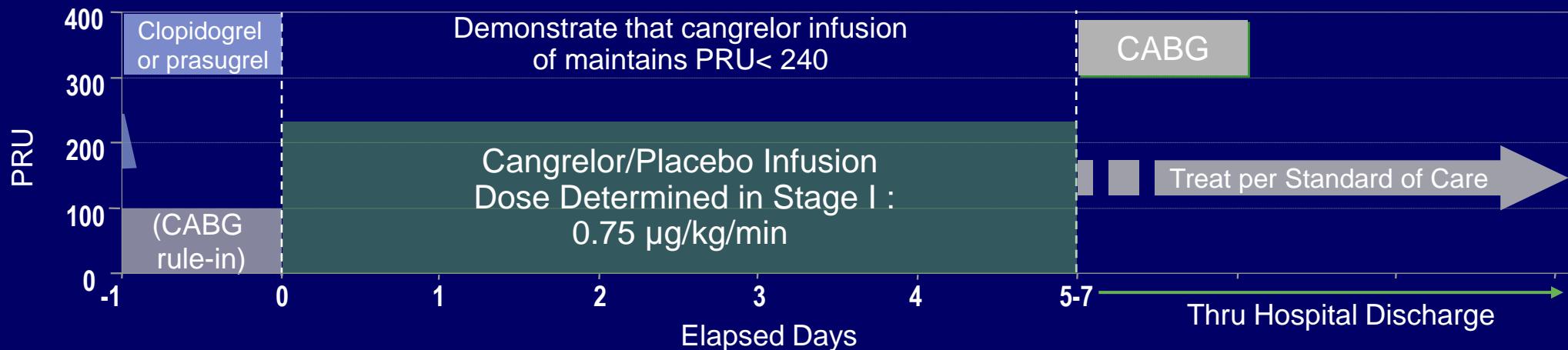
BRIDGE Trial Design: Stage II - blinded



Trial design: Stage II Randomized, Double-Blind, Placebo-Controlled



Bridge Stage II: Demonstration of Effective Cangrelor Infusion Dose



- Patients with an ACS or treated with a coronary stent (BMS or DES) on a thienopyridine (ticlopidine, clopidogrel or prasugrel) awaiting CABG.
- After thienopyridine discontinuation (<72 hours), patients were administered cangrelor/placebo for at least 48 hours and up to 7 days, which was discontinued 1-6 hours prior to CABG.
- Objective: demonstrate that cangrelor would maintain levels of platelet reactivity <240 P2Y12 Reaction Units (PRU) throughout the pre-operative period as measured by the VerifyNow™ P2Y12 test.

Patient distribution



Enrolled patients requiring bridging from oral thienopyridine prior to CABG (N=210)

1:1 RANDOMIZATION

Withdrew Consent (N=1) —
Physician Decision (N=1) —
Lost to Follow-up (N=0) —
Death (N=3) —
Other (N=0) —

CANGRELOR
(N=106)

PLACEBO (N=104)

— Withdraw Consent (N=2)
— Physician Decision (N=0)
— Lost to Follow-up (N=1)
— Death (N=5)
— Other (N=2)

30 day complete
(N=101)

— No Study
Drug
Received
(N=1)

— Incorrect Study
Drug Received
(N=1)

Unblinded in Dose
Confirmation Analysis
(N=12)

Safety
CANGRELOR
(N=106)

Primary
Efficacy/ITT
CANGRELOR
(N=93)

— No Study
Drug
Received
(N=2)

30 day complete
(N=94)

— Incorrect Study —
Drug Received
(N=1)

Unblinded in Dose
Confirmation
Analysis (N=12)

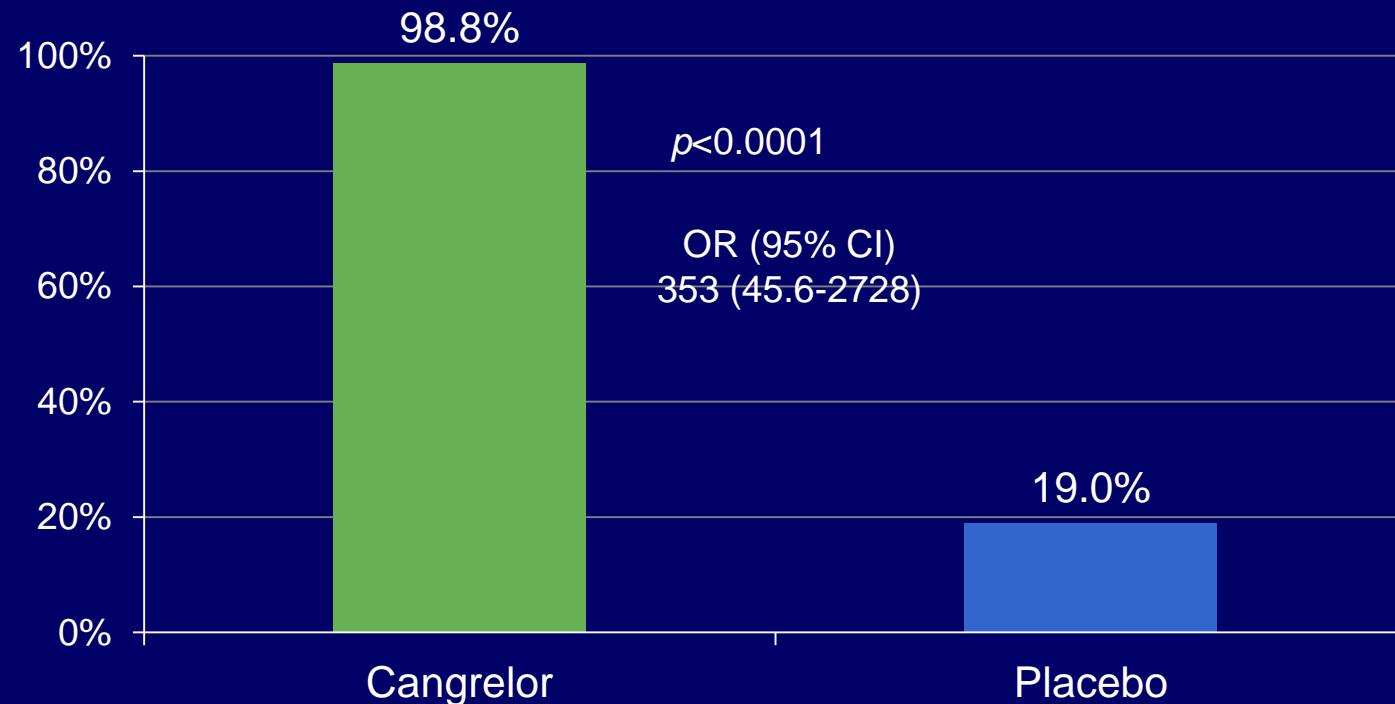
Primary
Efficacy/ITT
PLACEBO
(N=90)

Safety PLACEBO
(N=101)

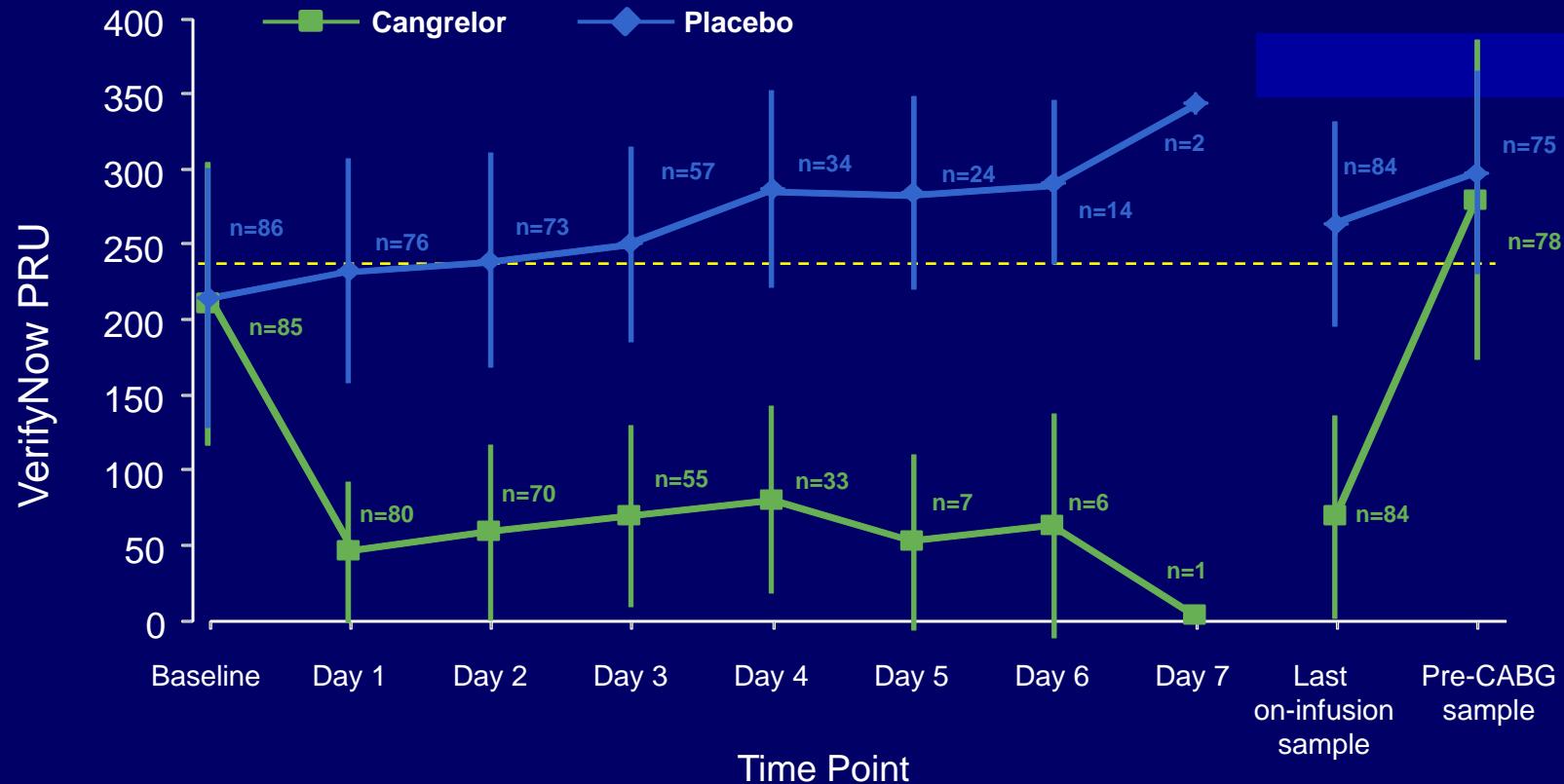
Primary endpoint



- Percent of patients with PRU<240 for all on-treatment samples:



Platelet reactivity by day

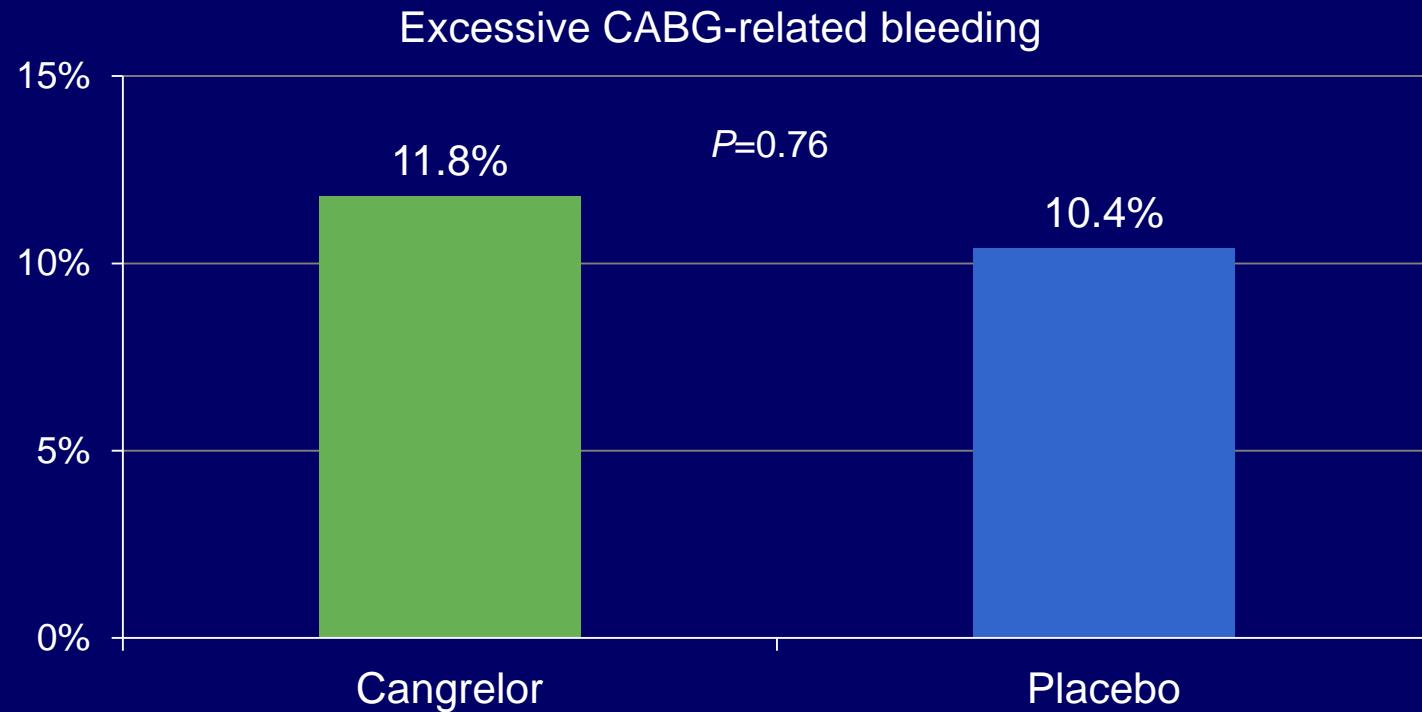


N indicates number of patients with valid samples in the intention to treat population; PRU= P2Y12 reaction units; Data expressed as mean \pm SD

Bleeding endpoint



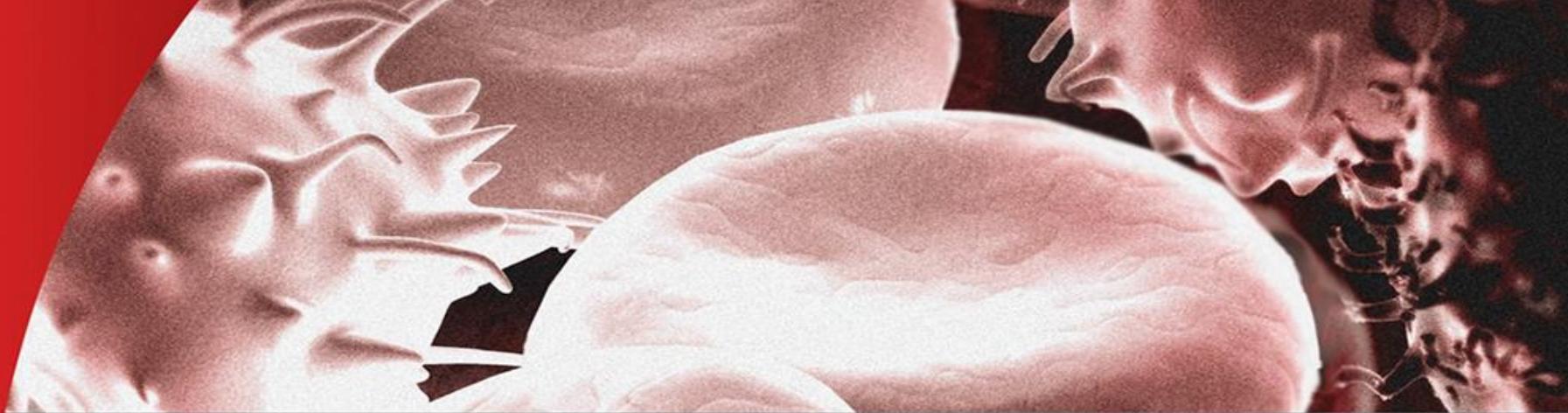
- Excessive CABG-related bleeding (primary safety endpoint)*



*Excessive CABG-related bleeding is defined as the occurrence of one or more of the following 3 components during the CABG procedure or post-operative hospitalization: Surgical re-exploration, 24 hour CT output > 1.5 liters, Incidence of PRBC transfusion > 4 units.

Properties of Elinogrel

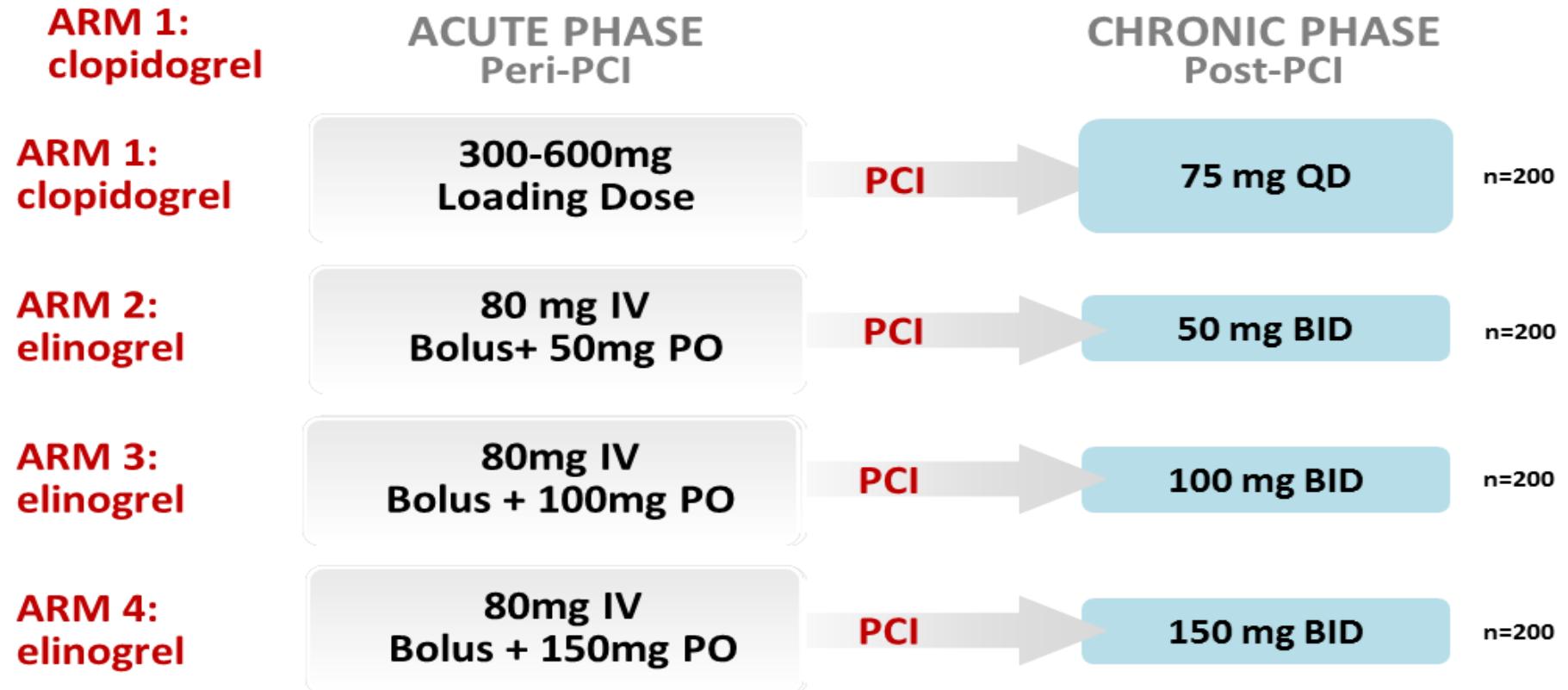
- The only reversible and competitive P2Y₁₂ receptor antagonist
- Direct-acting: no metabolic activation required
- Available for intravenous and oral administration, enabling acute and chronic use
- Immediate and near maximal platelet inhibition achieved with IV
- Duration of action
 - Half-life: 12 hours
- No major CYP metabolism – low potential for drug-drug interactions (including PPIs)
- Balanced clearance: 50% renal; 50% hepatic (10% metabolized to pharmacologically inactive metabolite)



**A Randomized, Double-Blind, Active Controlled
Trial to Evaluate Intravenous and Oral PRT060128
(elinogrel), a Selective and Reversible P2Y₁₂
Receptor Inhibitor, vs. Clopidogrel, as a Novel
Antiplatelet Therapy in Patients Undergoing Non-
urgent Percutaneous Coronary Interventions
(INNOVATE-PCI)**



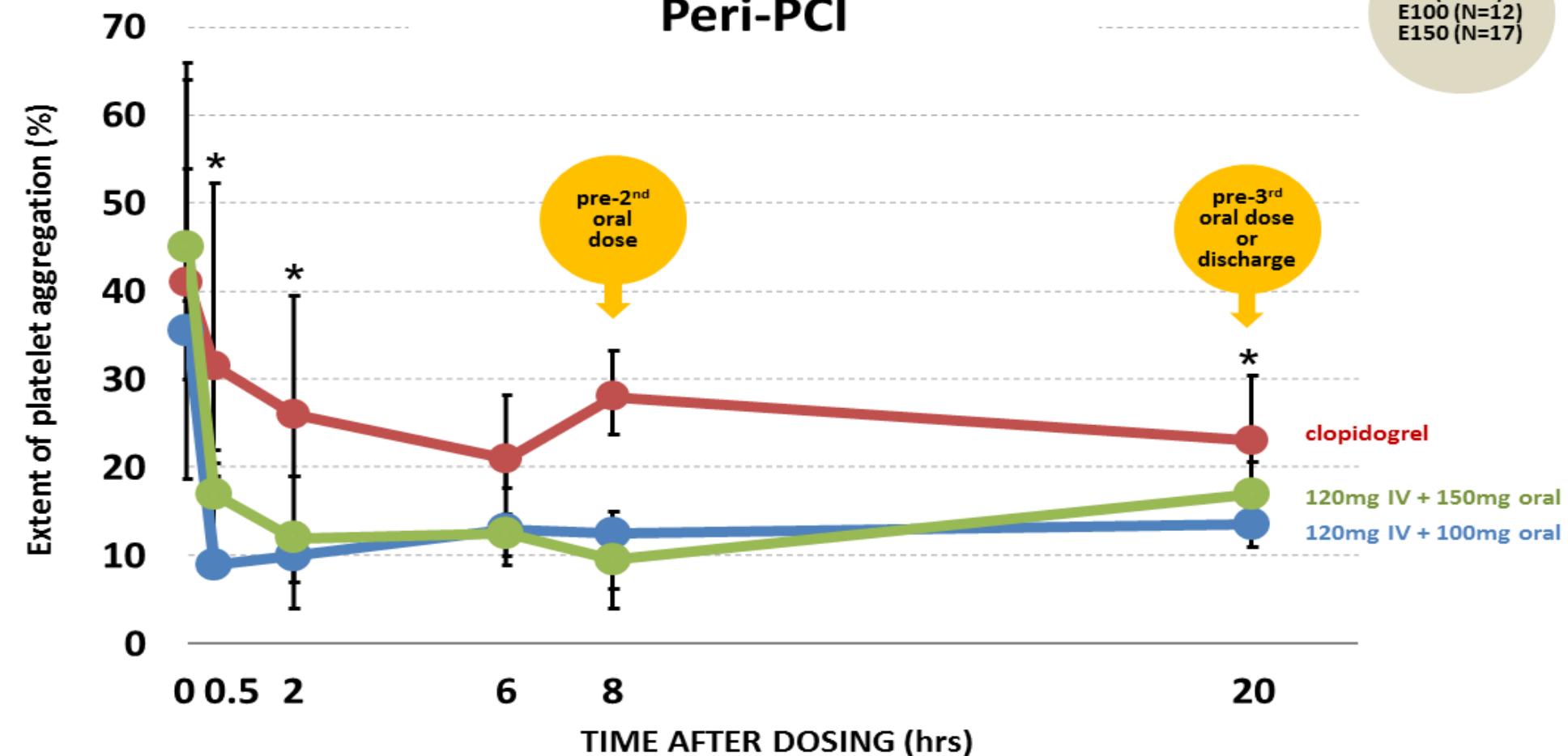
Treatment Schema



Pharmacodynamic Effect of Elinogrel vs. Clopidogrel

PD Sub-study

5 uM ADP - Peak

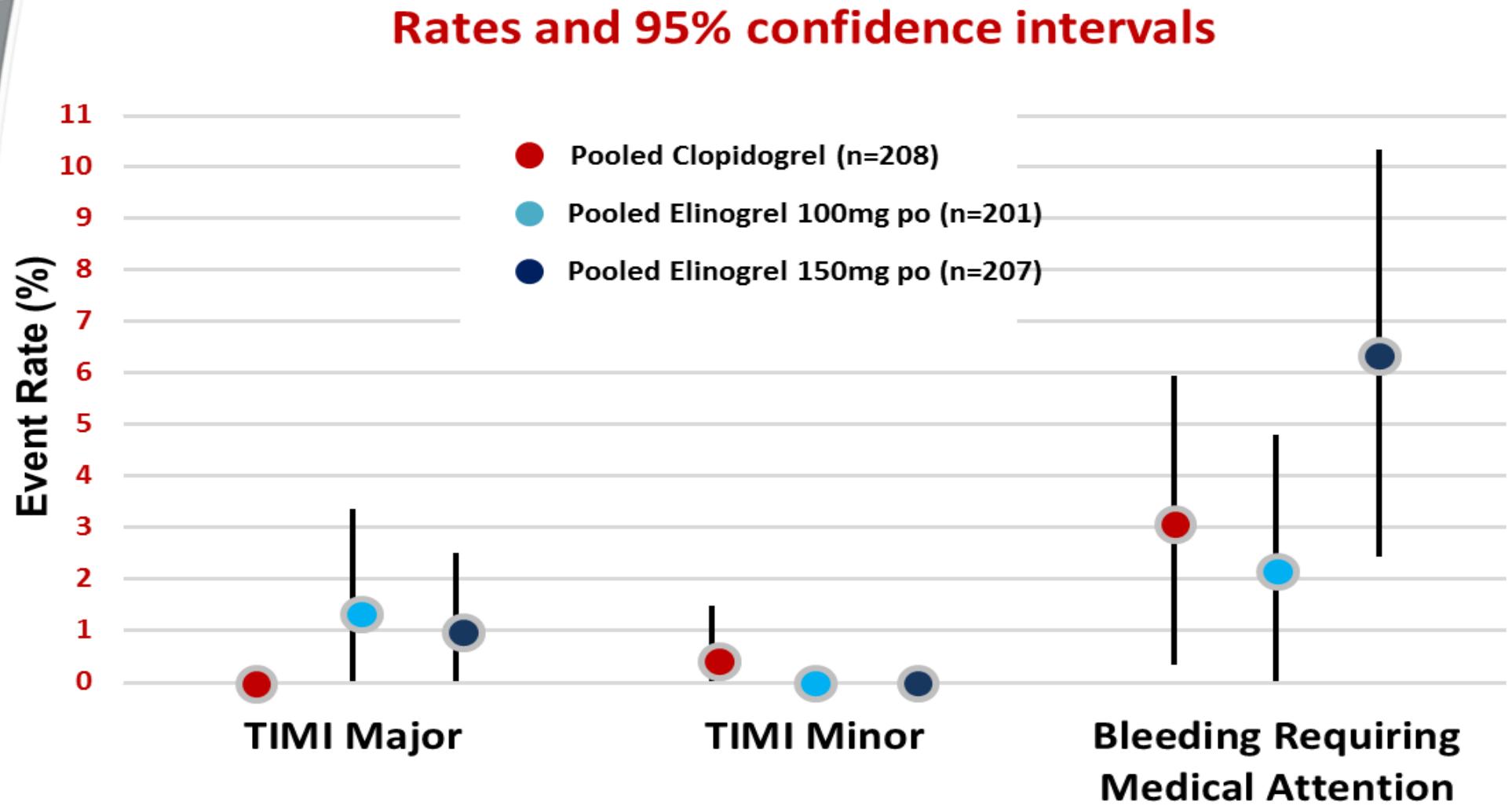


74% of pts represented above were on maintenance clopidogrel

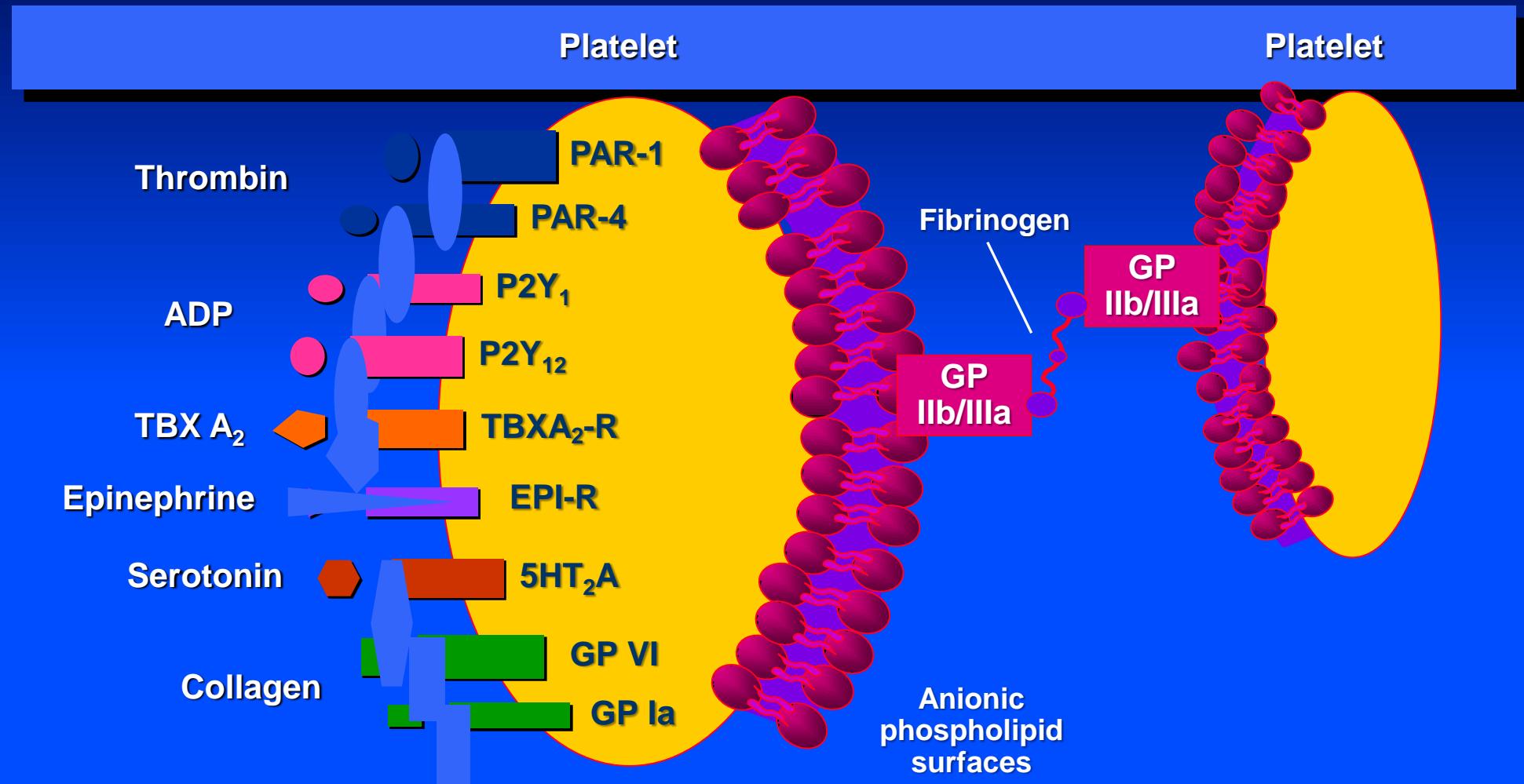
* p<0.025 for both elinogrel vs. clopidogrel comparisons

Median, quartiles

Bleeding at 24h-120d – TIMI Scale

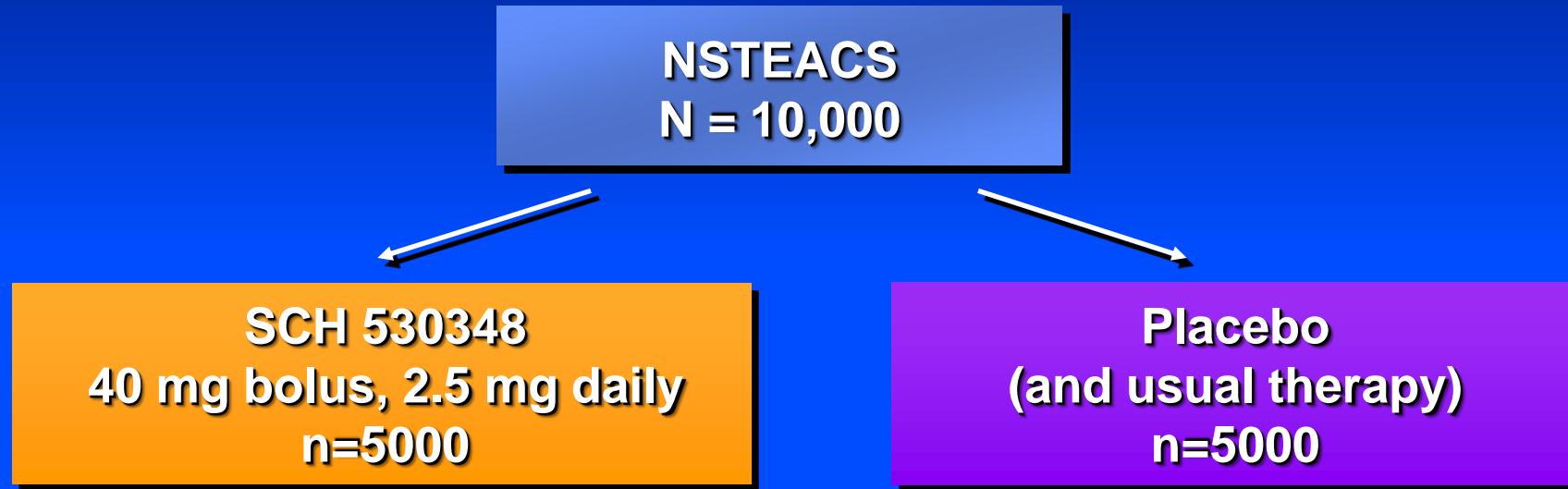


Platelet Receptors



TRACER

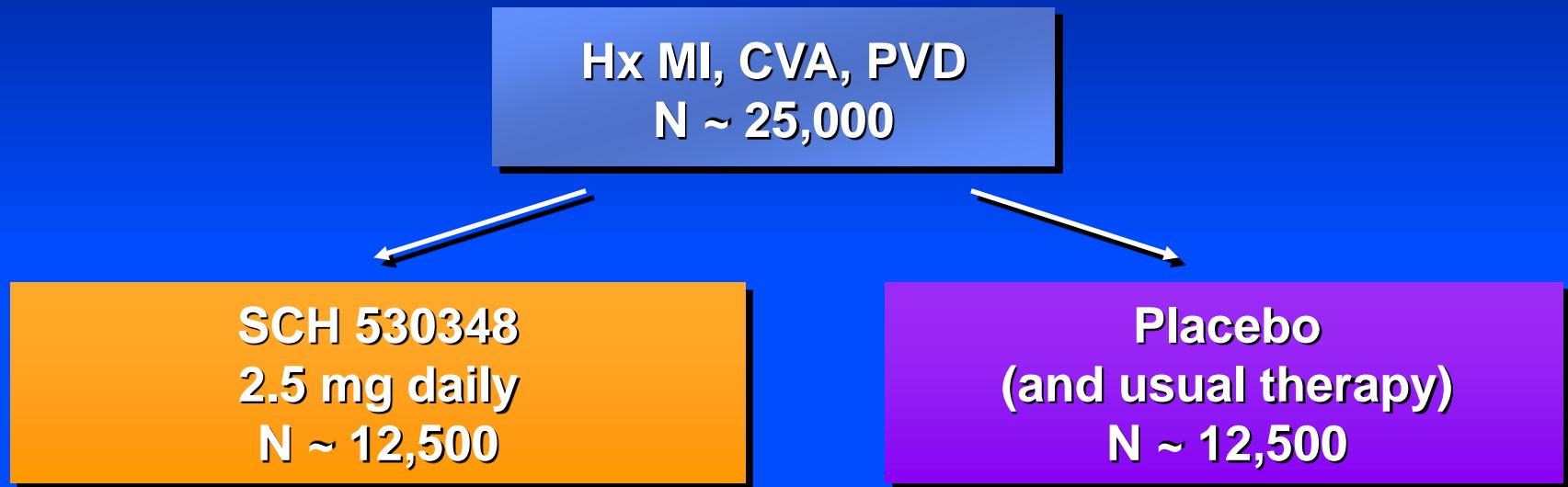
Thrombin Receptor Antagonist for Clinical Event Reduction in Acute Coronary Syndrome



- >1-Year Cardiovascular Death, MI, Stroke, Recurrent Ischemia with Rehosp, Urgent Coronary Revas (2334 events) •

TRA 2P—TIMI 50

Ithrombin Receptor Antagonist for 2^o Prevention



- 1-Year Cardiovascular Death, MI, Stroke, or Urgent Coronary Revascularization (2279 events) •

TRA•2P TIMI-50

"The DSMB has communicated to us that based on all of the data (safety and efficacy) available to them from both trials, they recommend that subjects with a history of stroke not receive vorapaxar. They have observed an increase in intracranial hemorrhage in patients with a history of stroke that is not outweighed by their considerations of potential benefit."

"In contrast, on the basis of their risk/benefit assessment in patients without a history of stroke, the DSMB recommended to us that it is important that the trial continue to completion in the more than 20,000 subjects who qualified for the trial with myocardial infarction or peripheral arterial disease who have not had a stroke. On the basis of their recommendation, we and Merck remain committed to completing this important scientific investigation with a potential for a reduction in death and ischemic events in these patients."

Eugene Braunwald, MD
Commenting on TRA 2P-TIMI 50
January 2011

Conclusion and take home message

- 1. Clopidogrel is still the thienopyridine of choice for most conventional indications [medical tx, stable angina elective PCI, alternative to aspirin...]**
- 2. There is still a need for new agents because of various shortcomings of clopidogrel, including wide variability of response and susceptibility to genetics risk.**
- 3. There is also an unmet need in thrombosis especially for patients with DM, previous ST, AMI, large thrombus burden.**



Conclusion and take home message

- 4. Newer agents are definitely more potent and can improve outcome in high risk patients. However, the risk of bleeding increases, which has to be kept in mind.**
- 5. New reversible agents are under development and may help patients undergoing surgery.**
- 6. Always balance the risk of thrombosis and bleeding and choose the most appropriate therapy for your patients.**



*Thank you
for your attention!!*



Seoul National University Hospital Cardiovascular Center